U.S. Fertility in Context

Gene Declercq June, 2025

www.birthbythenumbers.org

How do we measure fertility rates?

- Total Fertility Rate (TFR) the total number of children that would be born to each woman if she were to live to the end of her childbearing years and give birth to children in alignment with the prevailing age-specific fertility rates. Commonly used for crossnational comparisons.
- Fertility rate —the number of births (times 1,000) divided by the number of females age 15 44 years old in the given year. Commonly used for U.S. trends and interstate comparisons.

 Birth rate – the number of births (times 1,000) divided by total population in the given year

Sources: WHO & CDC

What does each measure look like for the U.S.?

 Total Fertility Rate 1.62 births per woman over a lifetime (2025 UN estimate)

Fertility Rate 54.51 Births per 1,000 woman 15-44 (2023 NCHS) (3,596,017 births/ 65,974,992 women 15-44) X 1,000

Birth Rate 10.74 births per population (2023 NCHS) (3,596,017 births/334,914,895 pop.) X 1,000

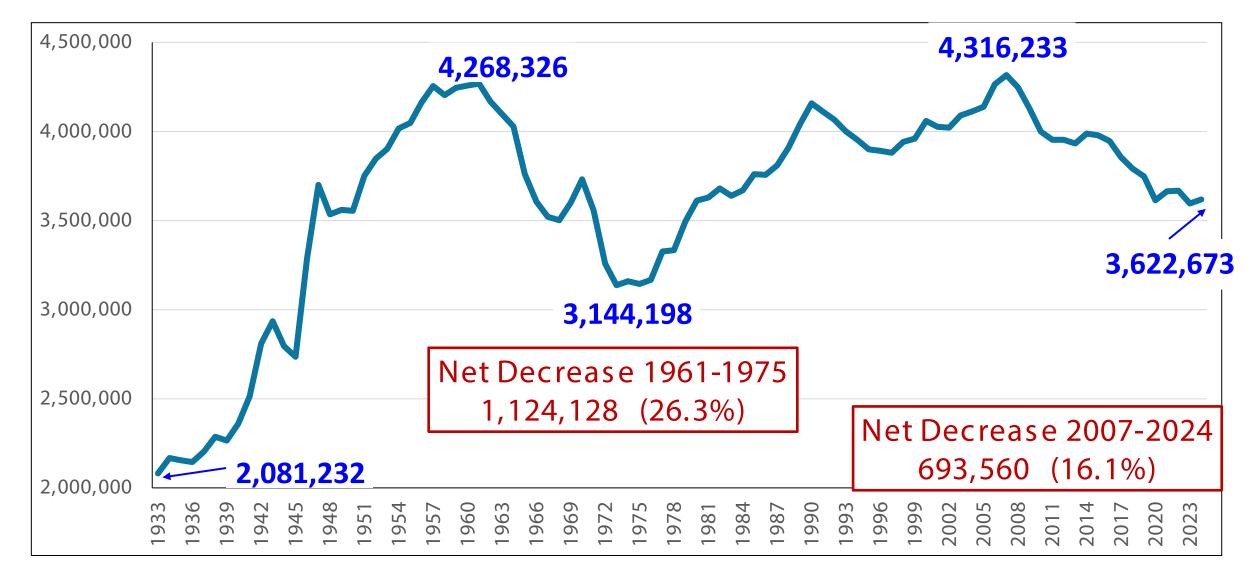
UN – United Nations Data Portal;
NCHS – National Center for Health Statistics

Sources: WHO & CDC

U.S. Fertility over Time

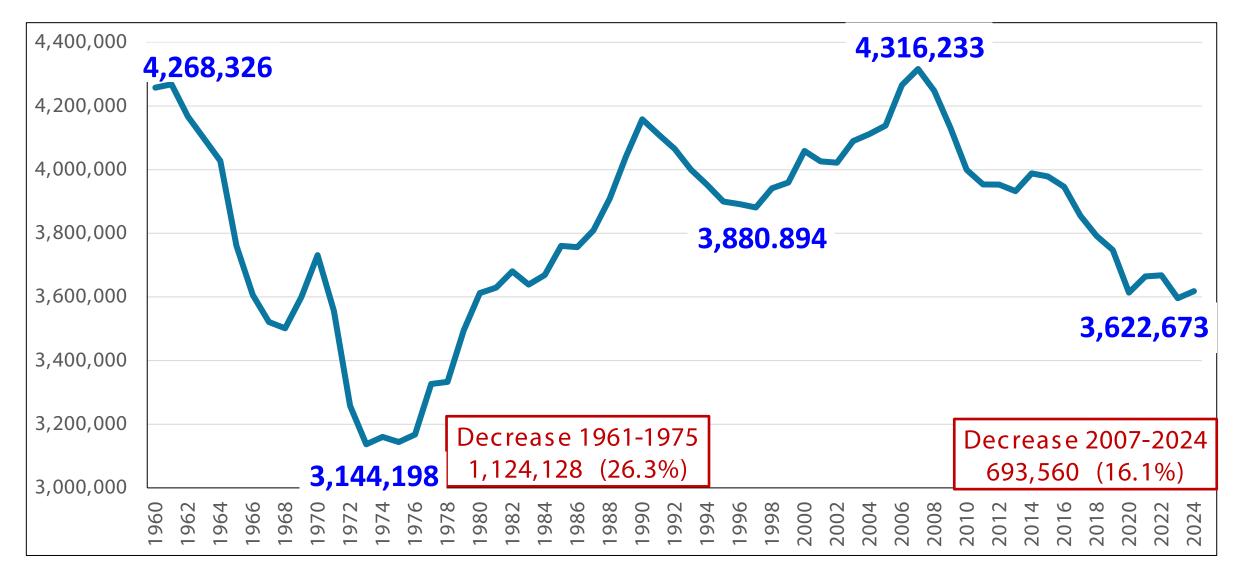


U.S. Total Births, 1933-2024



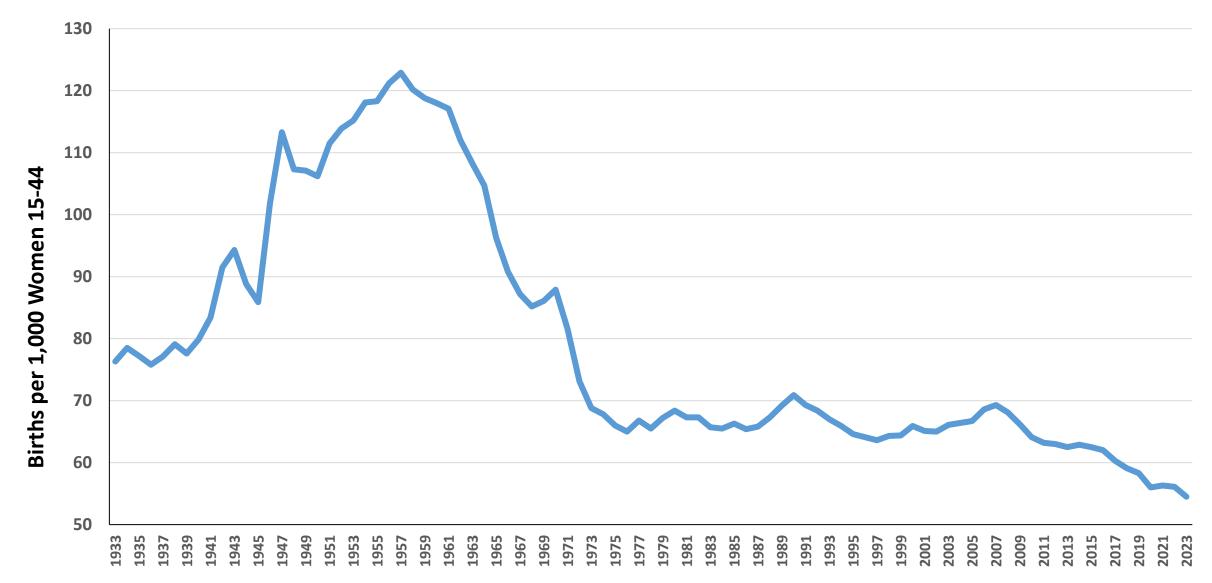


U.S. Total Births, 1960-2024





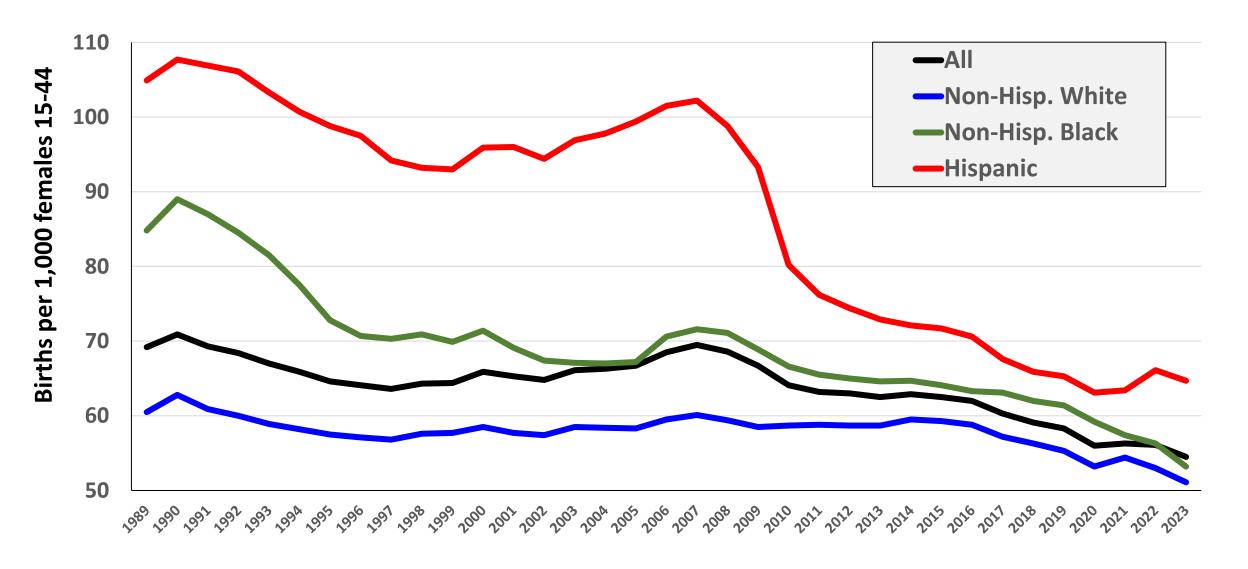
U.S. Fertility Rates, 1933-2023



Sources: Historic Data (pre 1995 https://www.cdc.gov/nchs/data-visualization/natality-trends/index.htm; Data 1995-present. CDC Wonder www.birthbythenumbers.org

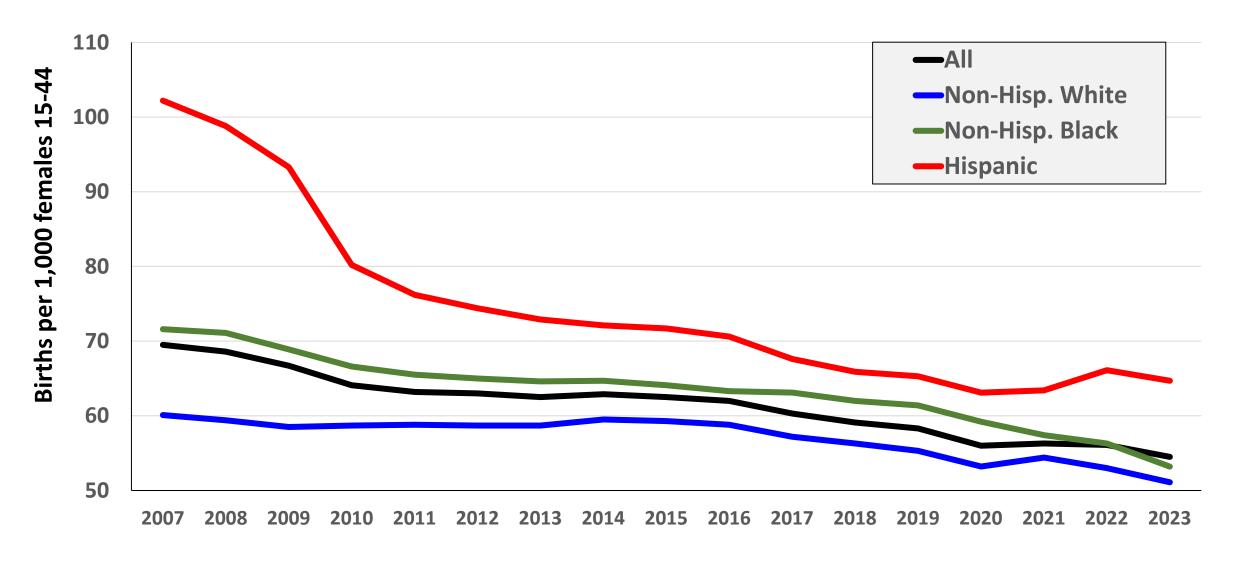


U.S. Fertility Rates (per 1,000) by Race/Ethnicity, 1989-2023



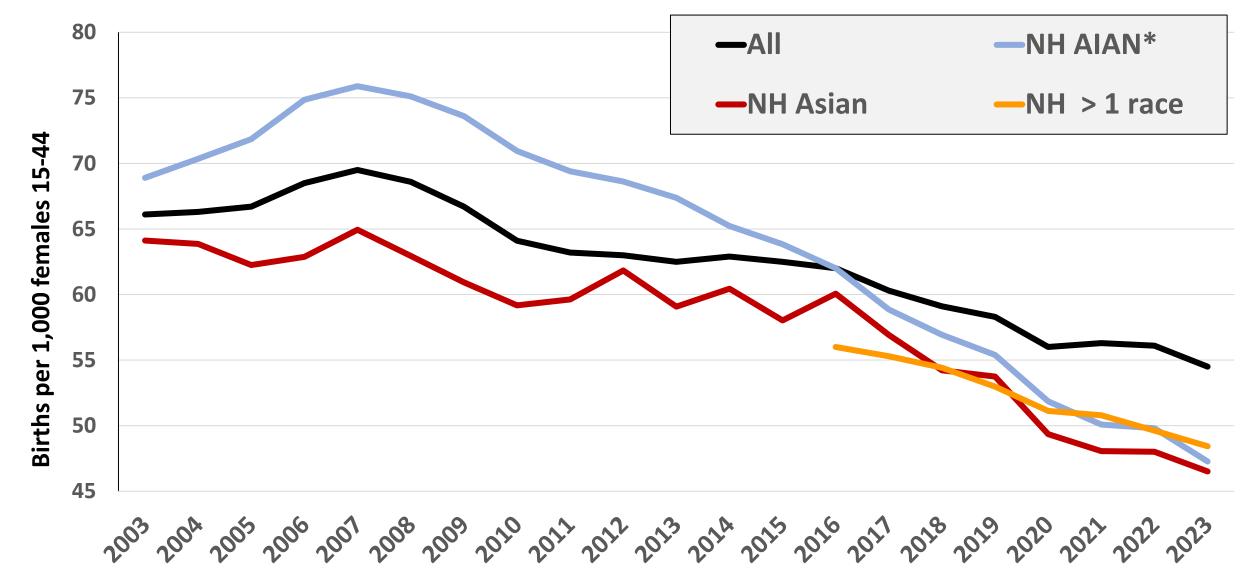


U.S. Fertility Rates (per 1,000) by Race/Ethnicity, 2007-2023





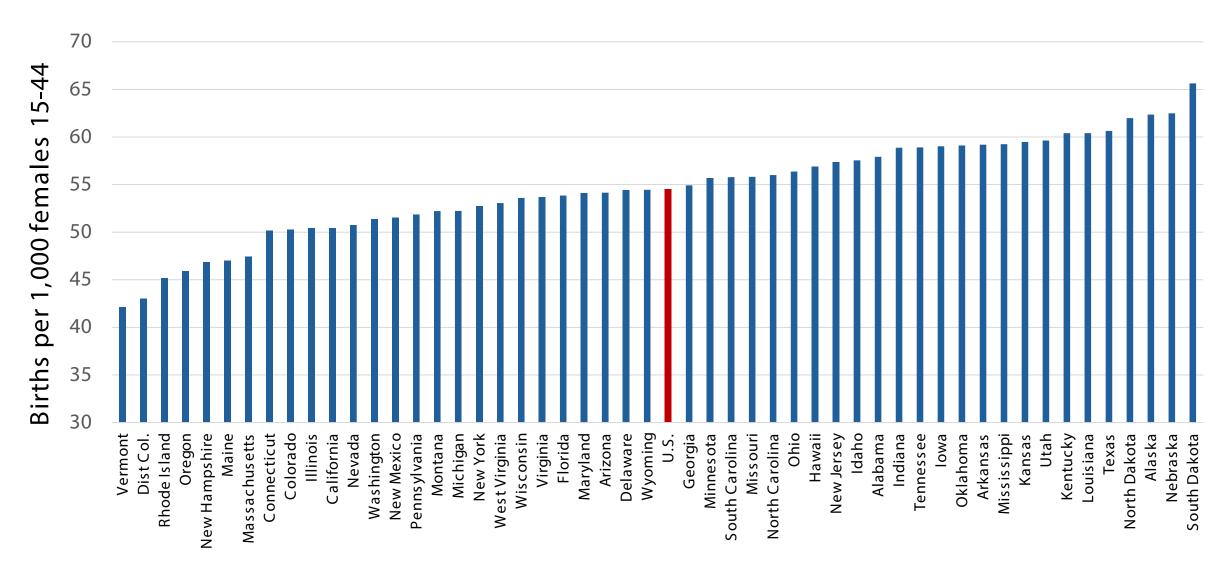
U.S. Fertility Rates (per 1,000) by Race/Ethnicity, 2003-2023



*AIAN - American Indian Alaskan Native



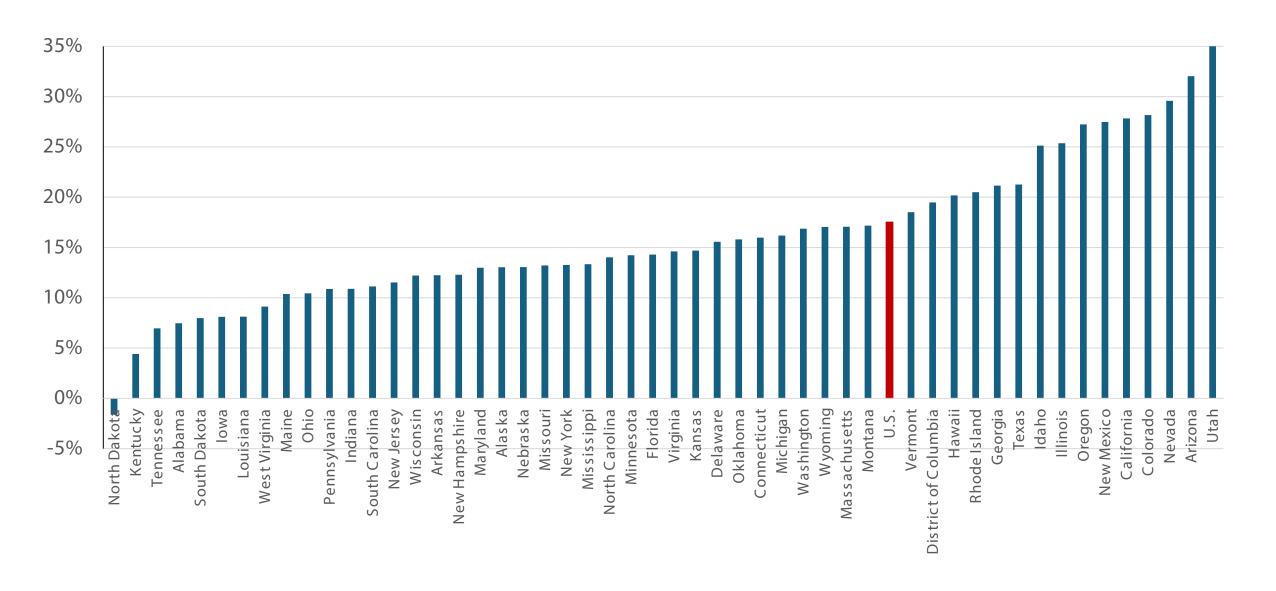
U.S. State Fertility Rates* (2023)



^{*}Fertility rates computed by relating total births per state, per 1,000 women 15-44 years in that state.



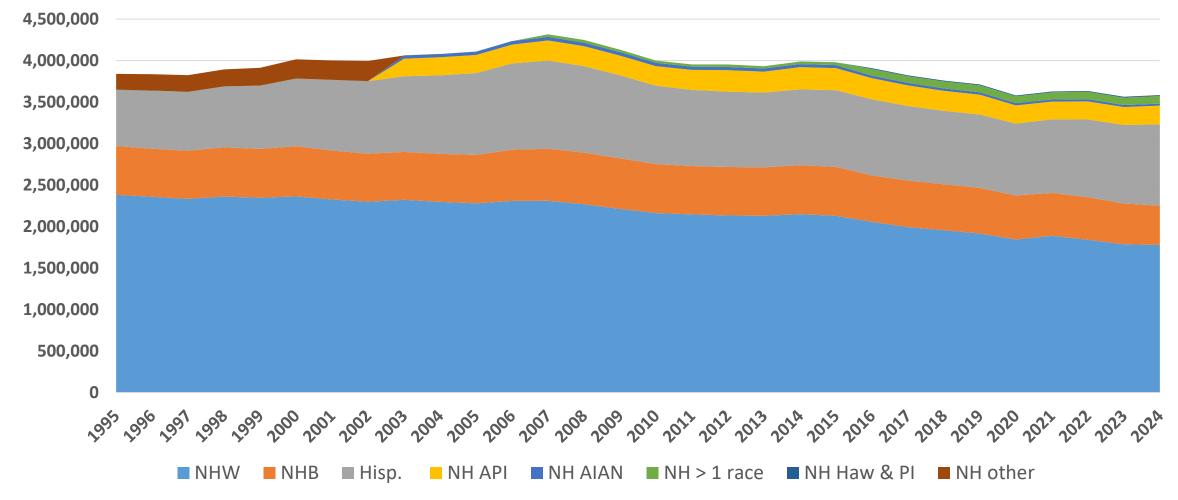
Percent Decline in Fertility Rate by State, 2003-2023



U.S. Births by Race Ethnicity



Total U.S. Births by Race/Ethnicity, 1995-2024

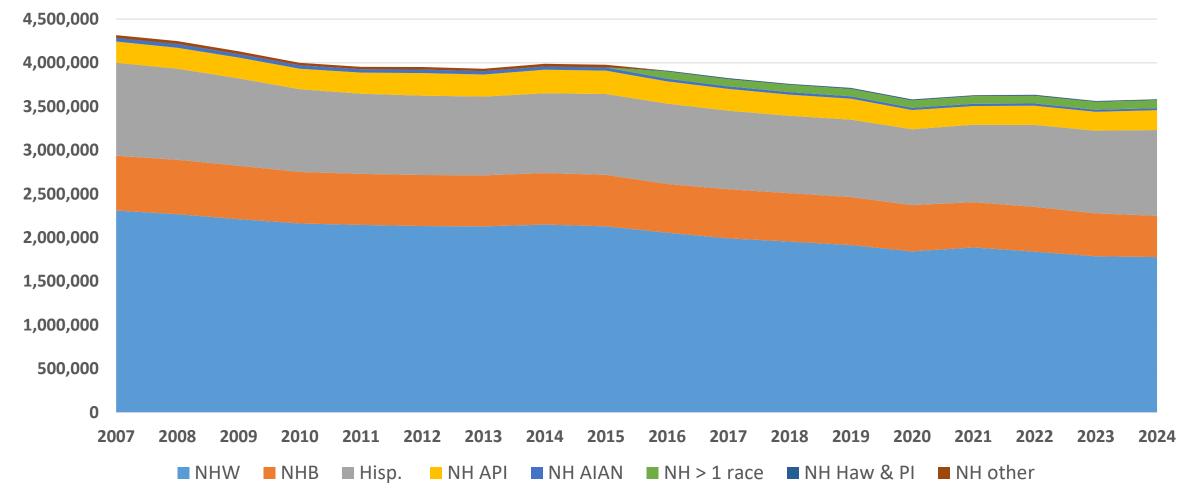


Notes: NH API or NH AIAN first recorded 2003; NH >1 Race in 2007 & NH Haw in 2016; 2024 data provisional

NH – non Hispanic; API– Asian Pacific Islander; AIAN – American Indian Alaskan native; Haw – Hawaiian Pacific Islander



Total U.S. Births by Race/Ethnicity, 2007-2024

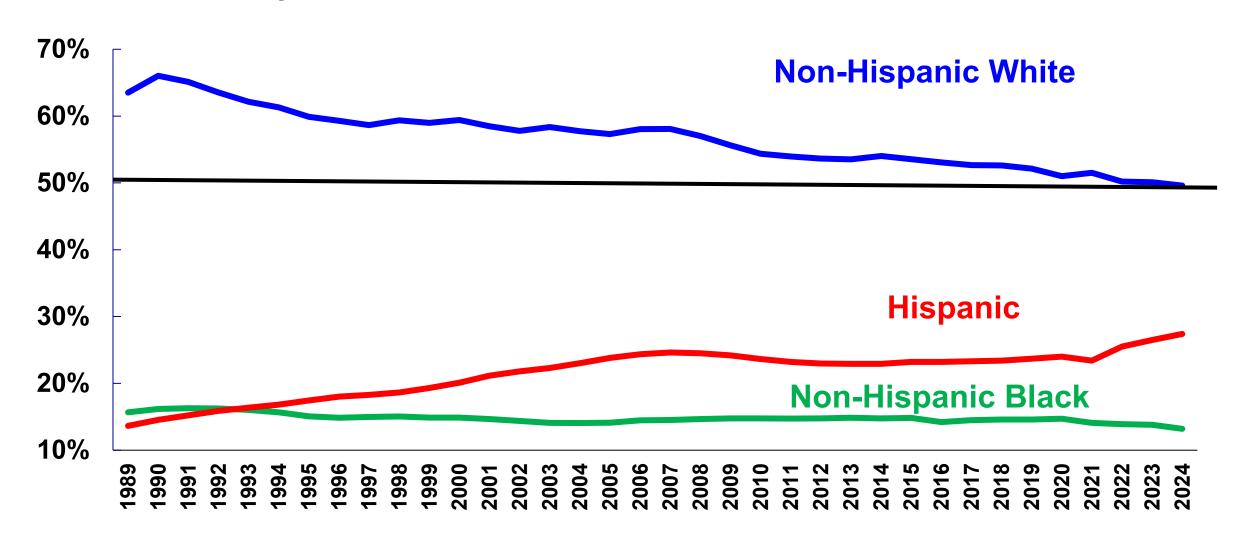


Notes: NH Haw first recorded 2016; 2024 data provisional

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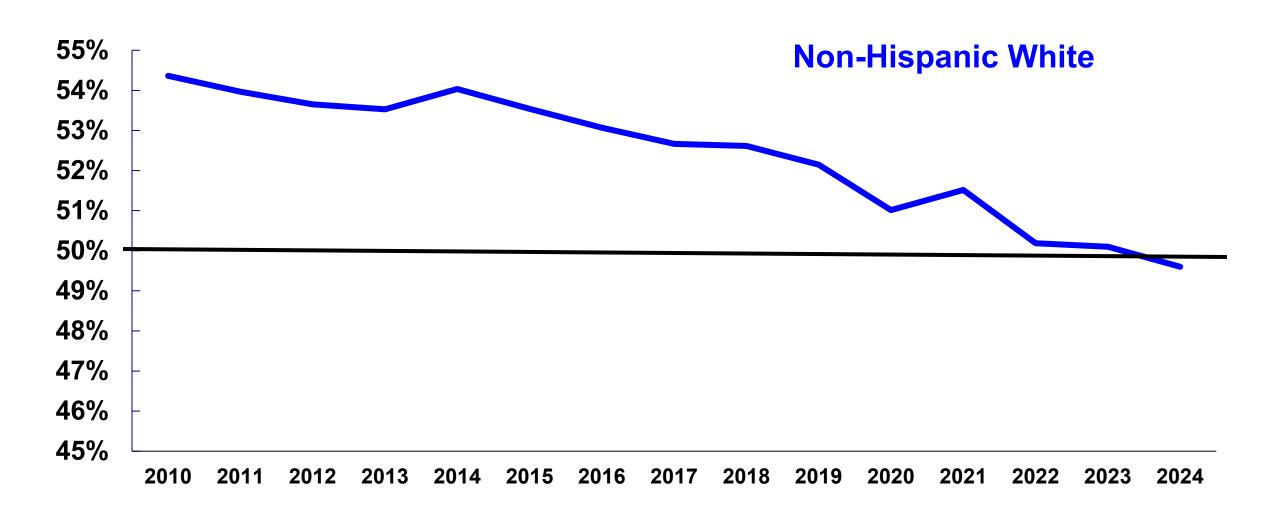
Proportion of all U.S. Births, 1989-2024*



* 2024 data is provisional

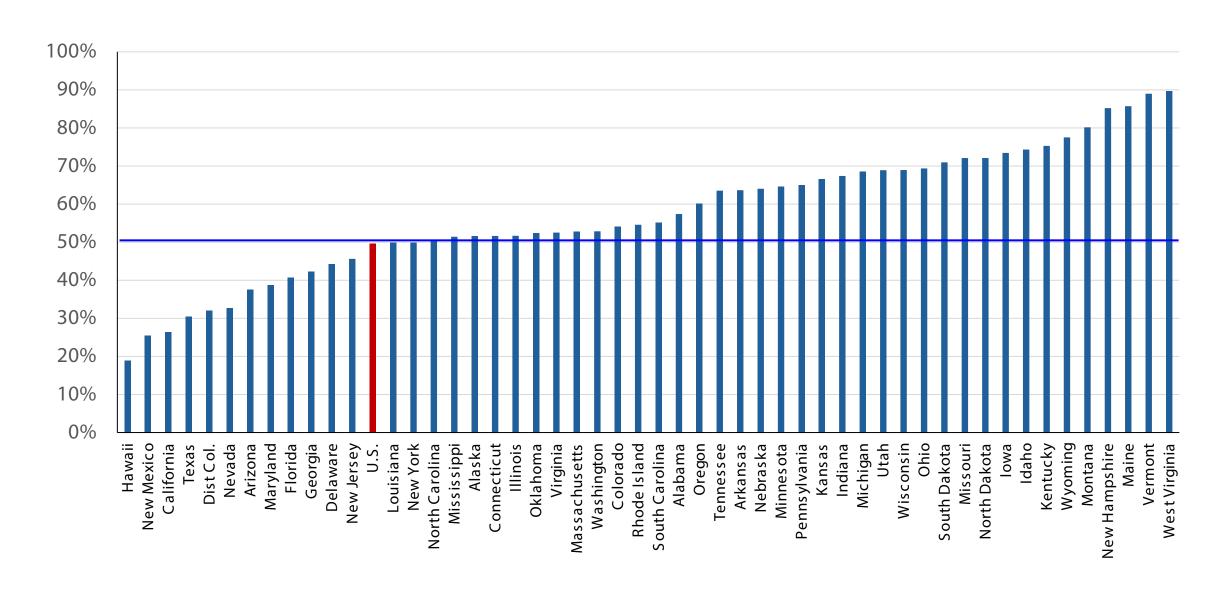


Proportion of all U.S. Births, 2010-2024





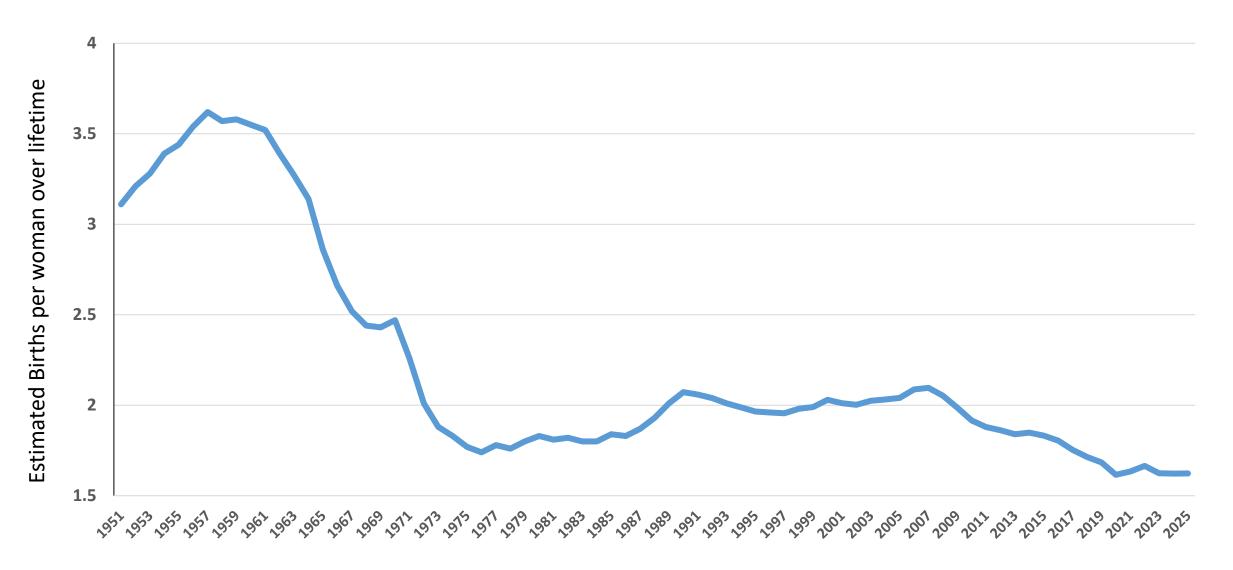
Percent Non-Hispanic Whites Births, 2024 (Provisional)



U.S. Fertility in a Global Context



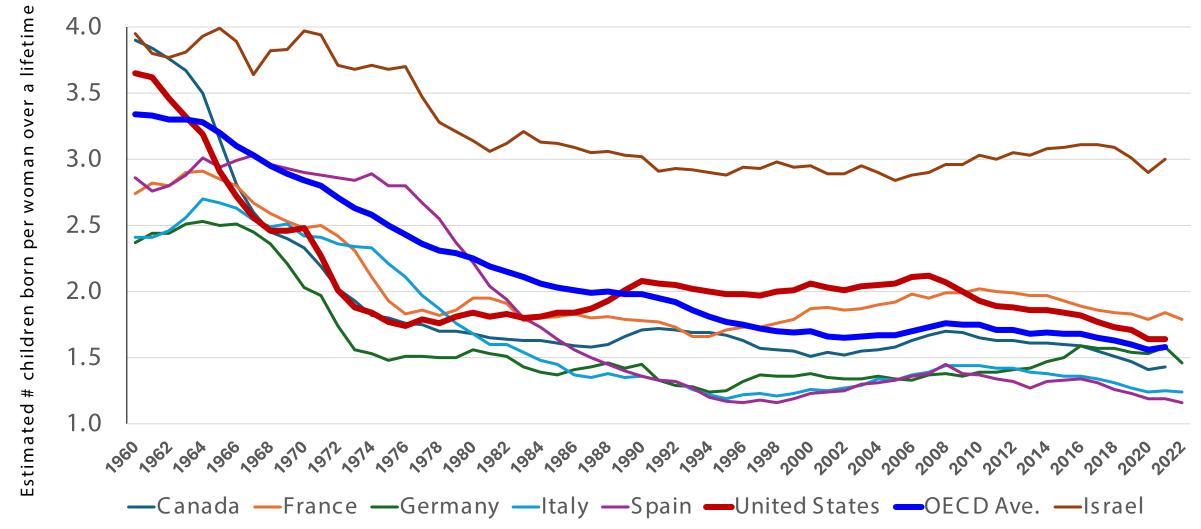
U.S. Total Fertility Rate (Births per woman), 1950-2025



Source: UN Data Portal. https://population.un.org/dataportal/data/indicators/19/locations/840/start/1950/end/2025/table/pivotbylocation?df=c5296187-40c9-45da-a168-a27dba41216a

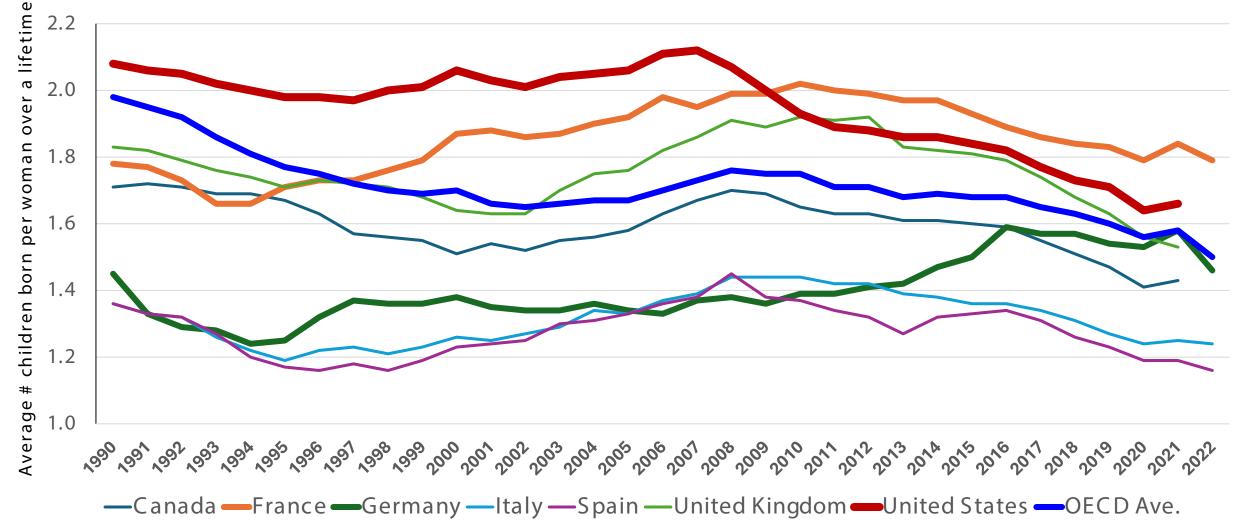


Total Fertility Rate (Average Children per Woman), Select OECD Countries, 1960-2022

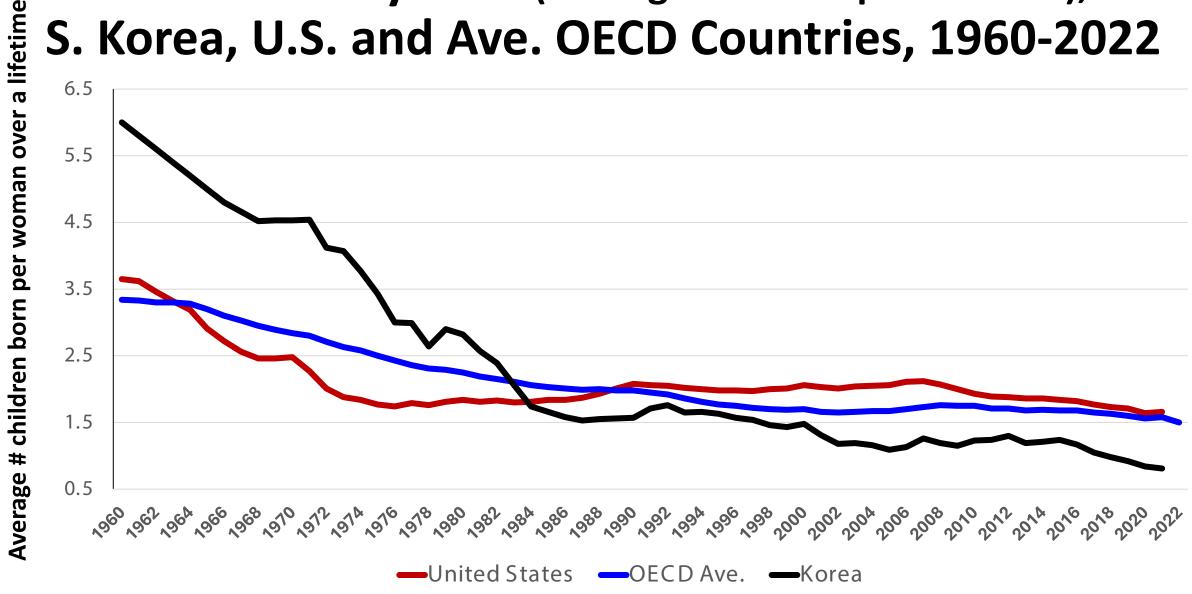




Total Fertility Rate (Average Children per Woman), Select OECD Countries, 1990-2022

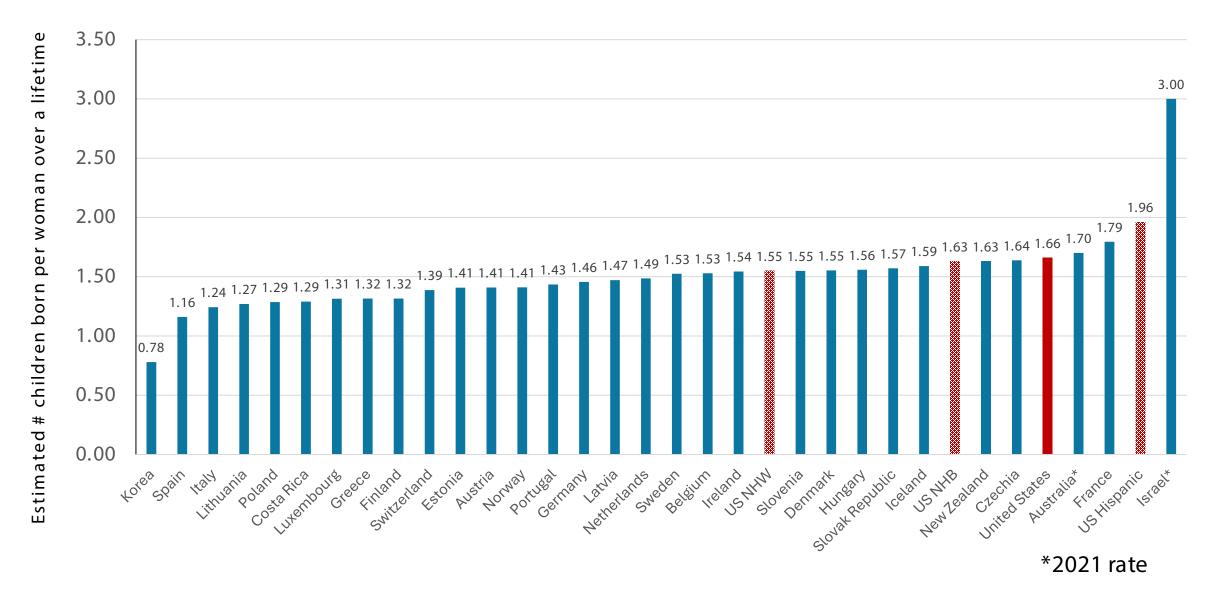


Total Fertility Rate (Average Children per Woman), S. Korea, U.S. and Ave. OECD Countries, 1960-2022





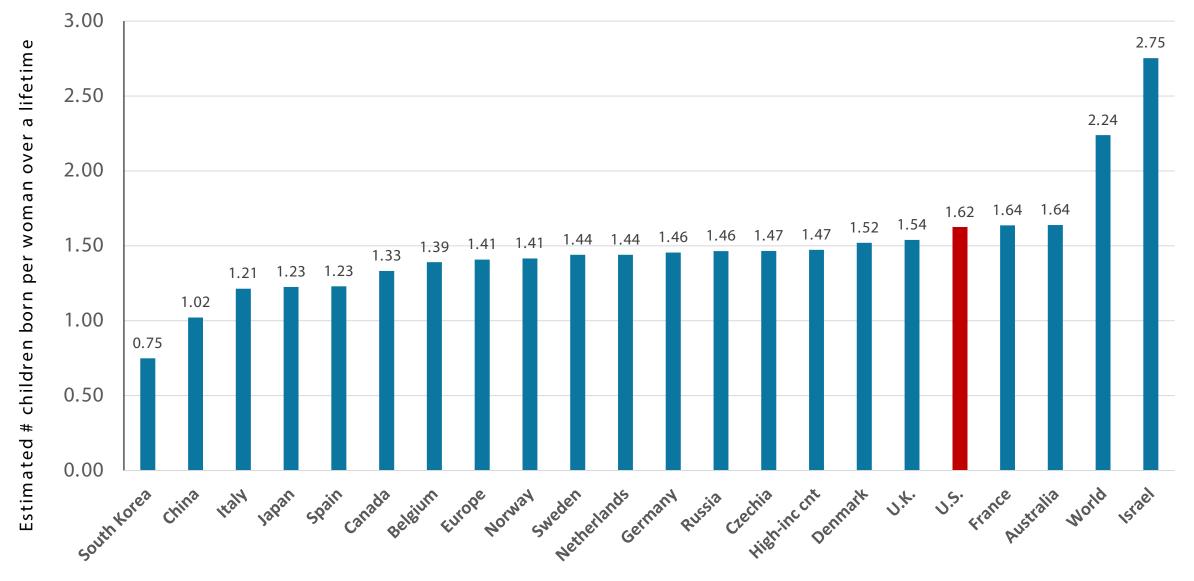
Total Fertility Rates by OECD Country, 2022



Source: OECD health data; US by race/ethnicity 2022 – calculated from CDC Wonder data



Projected Total Fertility Rates Selected Countries, 2025



Source: UN Data Portal. https://population.un.org/dataportal/data/indicators/19/locations/840/start/1950/end/2025/table/pivotbylocation?df=c5296187-40c9-45da-a168-a27dba41216a



Proportion of U.S. Births to Foreign Born Mothers, 1990-2023

