# The Contemporary Challenge of Maternal Mortality in the U.S.

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www.birthbythenumbers.org

OER Staff Meeting

Maternal & Child Health Bureau

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### **Outline of the Presentation**

- 1. Clarifying Definitions
- 2. Historical Context
- 3. The Strange Case of the Pregnancy Checkbox
- 4. The Pregnancy Mortality Surveillance System
- 5. Comparing the U.S. to the Rest of the World
- 6. The Persistence of Racial Disparities
- 7. Maternal Mortality as a Public Health Problem
  - a. The Timing of Maternal Deaths
- 8. The Issue is Broader than Maternal Mortality
- 9. The Way Forward

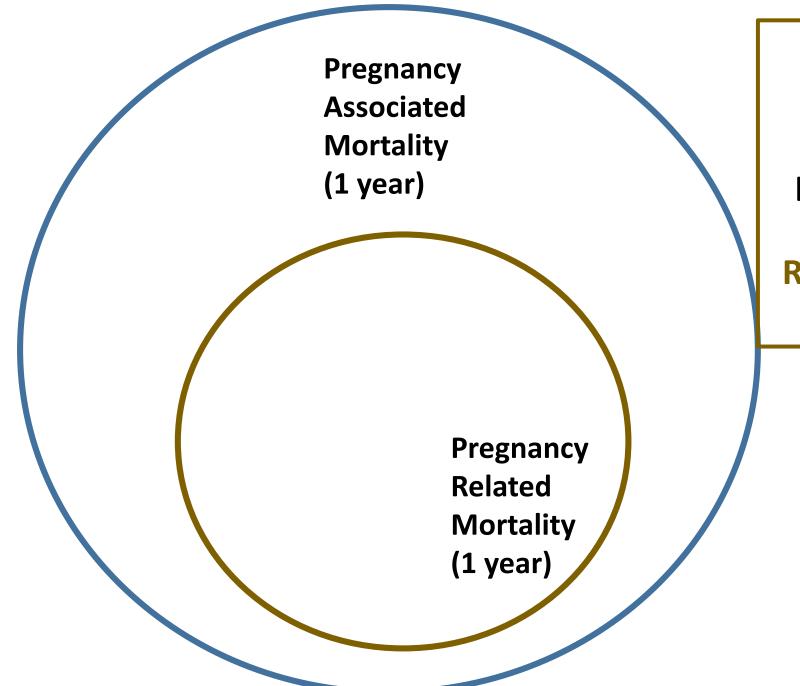
# 1. Definitions – the multiple measures of maternal death

### Three Definitions (in the U.S.)

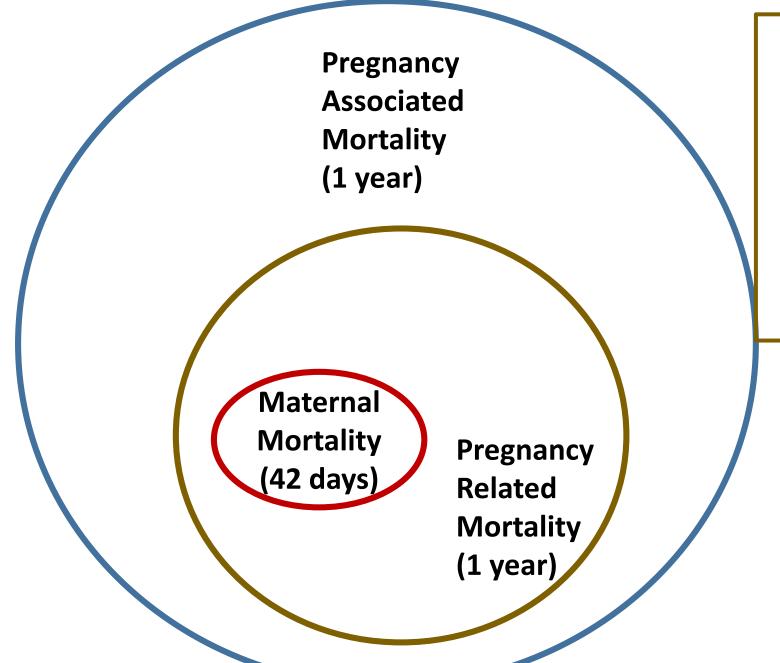
- Pregnancy Associated Death The death of a women while pregnant or within one year of termination of pregnancy, irrespective of cause. (WHO calls these "pregnancy related"). Starting point for analyses.
- Maternal Mortality Ratio the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management but not from accidental or incidental causes. Typically reported as a ratio per 100,000 births. Used in international comparisons.
- Pregnancy Related Death the death of a woman during pregnancy or within one year of the end of pregnancy from a pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiologic effects of pregnancy. Used by CDC for U.S. trends.

Pregnancy
Associated
Mortality
(1 year)

All Deaths
women of
reprod. age
pregnancy to 1
year ppm

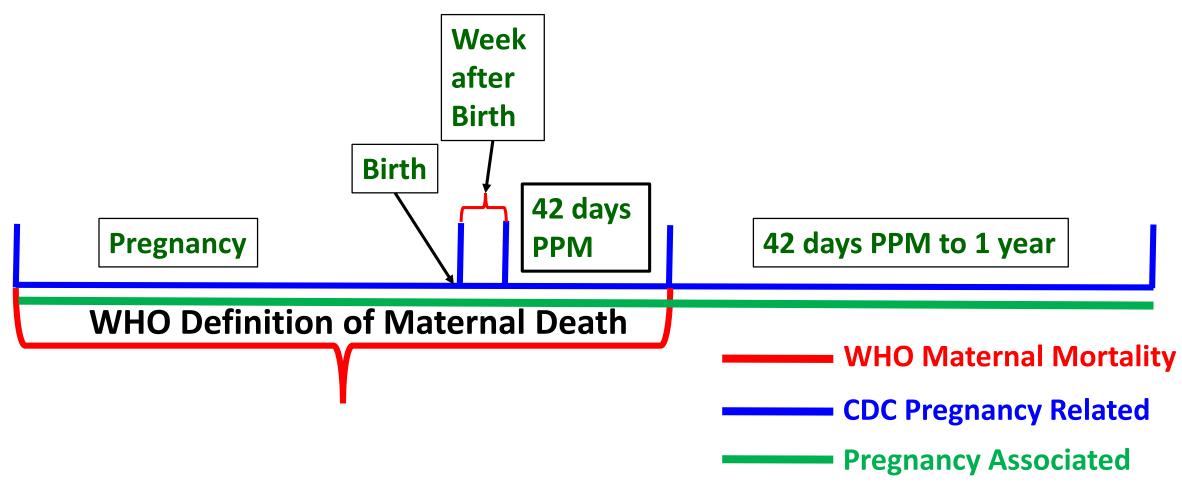


All Deaths
women of
reprod. age
pregnancy to
1 year ppm
Related to the
pregnancy



All Deaths
women of
reprod. age
pregnancy to
42 days ppm
Related to the
pregnancy

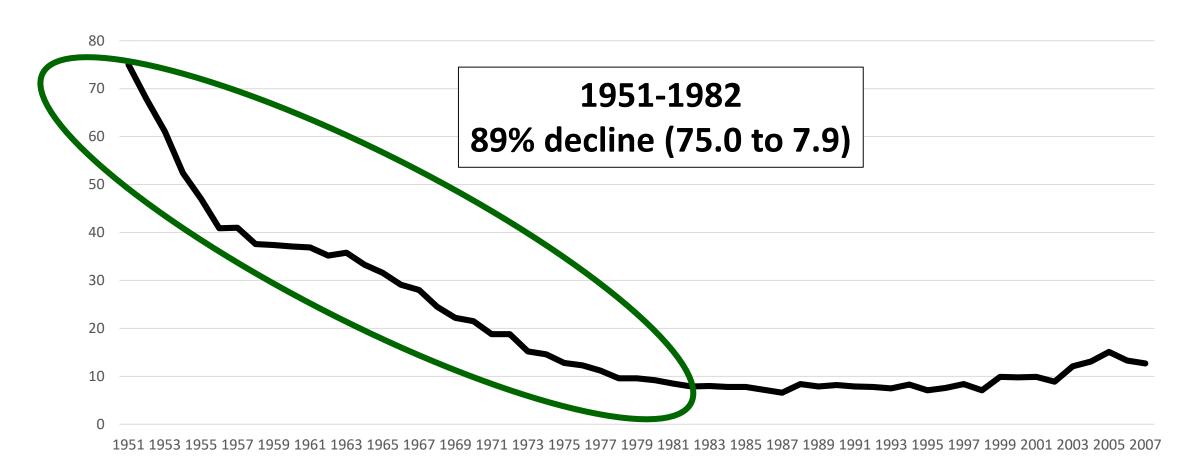
### **Timeline of Maternal Mortality Definitions**



PPM – postpartum –period after the birth

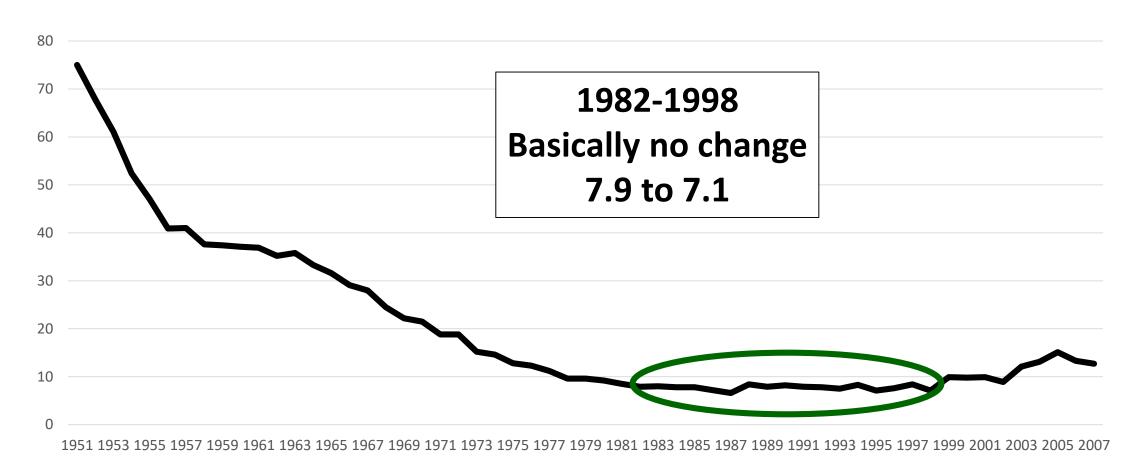
# 2. The Historical Trend in U.S. Maternal Mortality

## U.S. Maternal Mortality (per 100,000 live births), 1951-2007



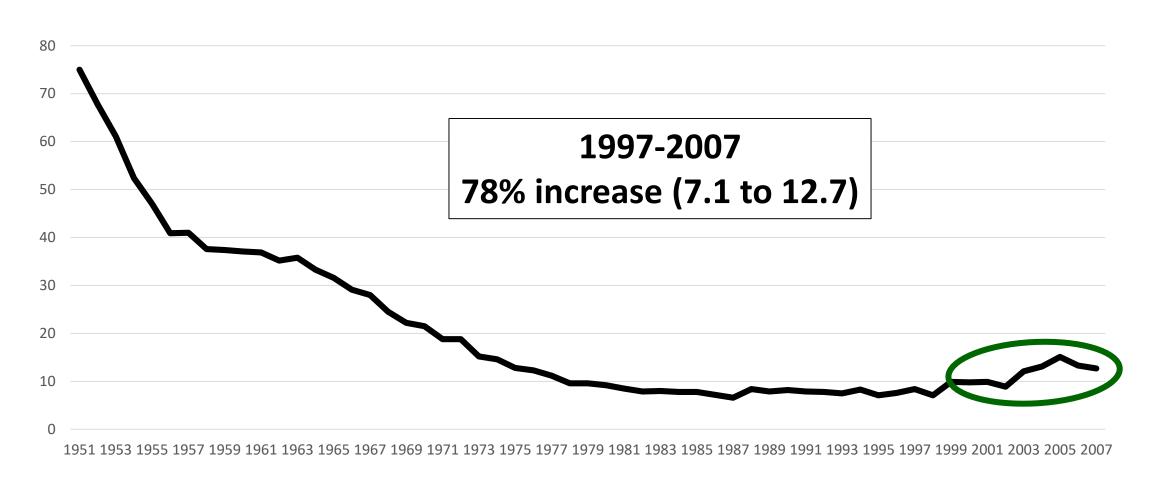
Source: NCHS. Deaths: Final Data. Annual Reports.

### U.S. Maternal Mortality (per 100,000 live births), 1951-2007



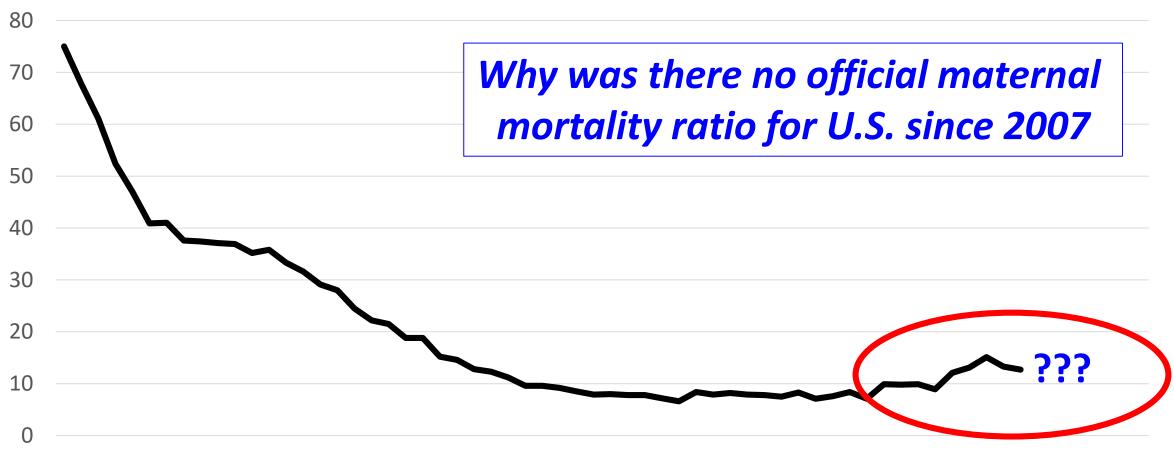
Source: NCHS. Deaths: Final Data. Annual Reports.

### U.S. Maternal Mortality (per 100,000 live births), 1951-2007



Source: NCHS. Deaths: Final Data. Annual Reports.

# U.S. Maternal Mortality Ratio (per 100,000 live births), 1951-2007



# How did the U.S. get to the point where they stopped publishing a maternal mortality rate?

Efforts to avoid poor case ascertainment led to over-ascertainment

# 3. The Case of the Pregnancy Checkbox

"This difficulty [in measuring maternal mortality] would be solved easily if universal birth and stillbirth registration was practiced and if death certificates required a statement as to the association of the puerperal state."

# 3. The Case of the Pregnancy Checkbox

"This difficulty [in measuring maternal mortality] would be solved easily if universal birth and stillbirth registration was practiced and if death certificates required a statement as to the association of the puerperal state."

Committee on Maternal Welfare. Maternal Mortality in Philadelphia 1931-1933 (1934)

#### The Check Box

### **Determining Pregnancy Status to Improve Maternal Mortality Surveillance**

Andrea P. MacKay, MSPH, Roger Rochat, MD, Jack C. Smith, MS, Cynthia J. Berg, MD, MPH

**Objective:** More than half of pregnancy-related deaths are not identified through routine surveillance

methods. The purpose of this study was to evaluate the effectiveness of the pregnancy

check box on death certificates in ascertaining pregnancy-related deaths.

**Methods:** Data derived from the Centers for Disease Control and Prevention's ongoing Pregnancy

Mortality Surveillance System were used to identify states that included a check box on the death certificate in 1991 and 1992. Death certificates from those states were evaluated to determine the number and proportion of pregnancy-related deaths identified by a marked

check box. Characteristics of death were also examined.

**Results:** Sixteen states and New York City included a check box or question specifically asking about

pregnancy of the decedent. Of the 425 pregnancy-related deaths identified in the 17 reporting areas, 124 (29%) were determined to be pregnancy-related deaths only because

of the pregnancy status information provided in the check box. The proportion of deaths identified only by a marked check box ranged from less than 5% for four states to 40% or

more for seven states.

**Conclusions:** The availability of pregnancy status information on death certificates is a simple and

effective aid in ascertaining a pregnancy-related death, when no other indicators of pregnancy appear on the death certificate. Routine use of the pregnancy check box for all states would lead to substantially increased classification of maternal deaths and more

accurate classification of the causes of and risk factors for maternal deaths.

Am J Prev Med 2000;19(1S):35-39.

16 States
already had a
checkbox as far
back as 1991-

different

1992, but with

wording

Table III. Separate questions rel	ated to pregnancy on state certificates in 2003	
Alabama	Was there a pregnancy in last 42 days? (Specify Yes, No, or Unknown)	
	If female, pregnant in last year? □ Yes □ No □ Unknown	
Florida	If female, was there a pregnancy in the past 3 months? — Yes — No If female aged 10-54:	
Idaho		past year
	If female, was there a pregnancy in past three months? □ Yes □ No	
	Was decedent pregnant or 90 days postpartum? (Yes or no)	
	If female, was there a pregnancy in the past 12 months? (Specify yes or no)	Time periods used
•	If female, was there a pregnancy in the past 12 months? ☐ Yes ☐ No	Time periods used:
Louisiana		
	If female:	<b>42 days</b> ;
Manufand	Was decedent pregnant in the past 12 months? ☐ Yes ☐ No ☐ Unknown	12 (10)
Maryland	Was female pregnant:	6 weeks;
Minnagata	At death? yes no unknown In last 12 months? yes no unknown	
	Had decedent been pregnant within 90 days prior to death? □ Yes □ No	3 months;
Missouri		
MISSOUTI	If female:	00 dayer
	□ not pregnant within past year □ not pregnant but pregnant with 42 days of death	90 days;
Montana	□ not pregnant but pregnant 43 days to 1 year before death □ pregnant at time of death □ unknown if pregnant within past year	<b>12 mos</b> ;
Nebraska	If female, was there a pregnancy in the past 3 months? ☐ Yes ☐ No	,
	If female, was she pregnant at death, or any time 90 days prior to death? ☐ Yes ☐ No	"last year"
New Mexico	Was decedent pregnant within last 6 weeks? ☐ Yes ☐ No	iast year
	If female:	
New York City	□ not pregnant within 1 year of death □ pregnant at time of death □ not pregnant at death, but pregnant within 42 □ not pregnant at death, but pregnant 43 days to 1 year before death □ unknown if pregnant within 1 year of death Also have date of outcome, so could compute intervals if needed.	days of death
	If female:	
Navy Varile Chata	□ not pregnant within last year □ pregnant at time of death □ not pregnant, but pregnant within 42 days of death □ not pregnant, but pregnant 43 days to 1 year before death □ unknown if pregnant within past year	
	Also have date of delivery, so could compute intervals if needed.	Source: Hoyert . Maternal Mortality
	Was deceased pregnant within 18 months of death? ☐ Yes ☐ No	-
lexas	Was decedent pregnant at time of death □ Yes □ No □ Unknown within last 12 months □ Yes □ No □ Unknown	and Related Concepts. NCHS. Vital
Vivoinia		Health Stat 3(33). 2007. p.12.
virginia	If female, was there a pregnancy in past 3 months? $\square$ Yes $\square$ No $\square$ Unknown	

	LOC	AL FILE NO.			U.	S. STA	NDARD	CERTIFICA	AIE	OF DEATH	1	ST	ATE FILE NO.			
		DECEDENT'S LEGAL	L NAME (Inc	lude AKA's if	any) (First, Mid	idle, Last	)		2.	SEX	3. SOCI		ITY NUMBER			
	-	4a. AGE-Last Birthday	4b. UNDER	1 YEAR	4c. UNDER 1	DAY	5. DATE	OF BIRTH (M	lo/Day/	Yr) 6. BIRTH	PLACE (	City and Sta	te or Foreign	Country)	1	
		(Years)	Months	Days	Hours Mir	nutes	1									
	1	7a. RESIDENCE-STATE	Ē		7b. COUNTY				7c. (	CITY OR TOW	VN					
		7d. STREET AND NUM	RER			7e. APT	NO	7f. ZIP COD	F			70	INCIDE CIT	/ LIMITS	?	. No
		8. EVER IN US ARMED		9. MARITA	L STATUS AT					SURVIVING S	SPOUSE'S					
		□ Yes □ No			☐ Married, bu			idowed								
١,		11. FATHER'S NAME (	First, Middle,						12	. MOTHER'S	NAME P	RIOR TO F	IRST MARRIA	AGE (Fire	st, Middle, Las	t)
- 1 1	Red By:	13a. INFORMANT'S NA	ME	125 00	LATIONSHIP T	O DECE	DENT		12	c. MAILING A	ADDDES	C (Street an	d Number Cit	y State	Zin Code)	
	CTO	ISS. IN CHIMAN STA		130. 142	.CATIONSIII I	O DECE	DENI		"	ic. mailing a	ADDITES	) (Sueet an	u Humber, On	y, State,	Zip Code)	
	Be Completed Ventled FUNERAL DIRECTOR:	IF DEATH OCCURRE			14. PLACE	OF DEA	TH (Check	conly one: se	e instn	uctions)	ISO 7114	14110000				
	ERAL	□ Inpatient □ Emerger	ncy Room/Ou	tpatient 🗆 E	Dead on Arrival		Hospice f	facility   Nurs	ing ho	me/Long term				□ Othe	er (Specify):	
bu's	or NE	15. FACILITY NAME (If	not institution	i, give street	& number)	16. 0	SILVORI	OWN , STATE	E, ANL	2IP CODE				17.	. COUNTY OF	FDEATH
use by physician or institution	- 1	18. METHOD OF DISPO				19. PL	ACE OF D	DISPOSITION	(Name	of cemetery.	cremator	y, other pla	oe)			
		☐ Donation ☐ Entor ☐ Other (Specify):														
		20. LOCATION-CITY, T	FOWN, AND S	STATE	2	1. NAM	E AND CO	OMPLETE ADD	DRESS	OF FUNERA	AL FACILI	TY				
	1	22. SIGNATURE OF FU	INERAL SER	VICE LICEN	SEE OR OTHE	R AGENT	г							23. LIC	ENSE NUMBE	ER (Of Licensee)
ŀ		ITEMS 24-28 MUS	T DE CO	MDI ETEI	DV DEDE	ON	124 D	ATE PRONO	UNCE	D DEAD (Mo/I	Dav(Yr)				25 TIME P	RONOUNCED DEA
		WHO PRONOUNG	CES OR C	<b>ERTIFIES</b>	DEATH					•						
	1	26. SIGNATURE OF PE	RSON PROM	NOUNCING	DEATH (Only w	hen appli	cable)		27. 1	LICENSE NUM	MBER			28. D	ATE SIGNED	(Mo/Day/Yr)
		29. ACTUAL OR PRESI		OF DEATH		30.	ACTUAL	OR PRESUM	ED TIN	ME OF DEATH	Н				XAMINER OF	
		(Mo/Day/Yr) (Spell I	Month)	0.4110									CORONE	ER CON	TACTED? =1	
		32. PART I. Enter the	chain of ever	ntsdiseases	E OF DEAT s, injuries, or co	mplication	nsthat dir	rectly caused t	he dea	ath. DO NOT	enter tem	inal events	such as card	iac		Approximate interval: Onset to death
		arrest, respiratory lines if necessary.	arrest, or ven	thoular fibrill	ation without shi	owing the	etiology.	DO NOT ABB	REVIA	AIE. Enter on	nly one ca	use on a lin	e. Add additio	onal		onset to deam
		IMMEDIATE CAUSE (I disease or condition —	Final> a													
		resulting in death) Sequentially list conditi				Due to (o	r as a cons	sequence of):								
		if any, leading to the clisted on line a. Enter t	ause the			Due to (o	r as a con	sequence of):								
		UNDERLYING CAUSE (disease or injury that initiated the events res	E c.			Due to (c	or as a con	sequence of):								
		initiated the events res in death) LAST	sulting d													
	1	PART II. Enter other sig	nificant condi	tions contribu	uting to death b	ut not res	ulting in th	e underlying c	ause g	given in PART	Т		33. WAS A		PSY PERFOR	RMED?
													34. WERE	AUTOP:	SY FINDINGS	AVAILABLE TO ATH? ::: Yes ::: No
١	×.64	35. DID TOBACCO US TO DEATH?	E CONTRIBI		F FEMALE: Not pregnant v	within nas	twee				87. MAN	INER OF D	EATH	LIIILO	AUSE OF DE	AIII: DIES DIN
	TIFIE	□ Yes□ Probabl	lu		Pregnant at tin						□ Na	tural 🗆 H	lomicide			
	To Be Completed By: MEDICAL CERTIFIER	□ No □ Unknow	-		Not pregnant,			42 days of de	ath		□ Ac	cident 🗆 F	ending Invest	igation		
	EDIC/	E NO E SHARE			Not pregnant,					eath	□ Sui	cide 🗆 C	Could not be d	etermine	d	
ľ	¥ W				Unknown if p											
		<ol> <li>DATE OF INJURY (Mo/Day/Yr) (Spell Mo</li> </ol>	onth) 39. Til	ME OF INJU	K1 40.	PLACE	OF INSUR	rr (e.g., Deced	ent S I	nome, constru	ction site;	restaurant;	wooded area	)		JRY AT WORK? Yes □ No
		42. LOCATION OF INJU	IDV: Ctate:				City or T									
		Street & Number:					Oily or 1	OWII.		Apartment	No.:		Zip	Code:		
		43. DESCRIBE HOW IN	JURY OCCU	IRRED:									44. IF TR	ANSPOR Operator	RTATION INJU	JRY, SPECIFY:
													□ Passer □ Pedest			
		45. CERTIFIER (Check of	only one):										□ Other (			
		☐ Certifying physicia ☐ Pronouncing & Cer	n-To the best	of my knowl	edge, death occ	curred du	e to the ca	use(s) and ma	anner s	stated.						
		□ Medical Examiner/0	Coroner-On th	he basis of e	kamination, and	/or invest	tigation, in	my opinion, de	eath o	courred at the	time, date	, and place	, and due to t	he cause	(s) and manne	er stated.
		Signature of certifier:														
	1	46. NAME, ADDRESS,	AND ZIP COL	DE OF PERS	ON COMPLET	ING CAU	ISE OF DE	EATH (Item 32	)							
		47. TITLE OF CERTIFIE	R 48. LIC	ENSE NUM	BER	49.	DATE CE	RTIFIED (Mol	Day/Y	r)		50.	FOR REGIS	TRAR O	NLY- DATE F	ILED (Mo/Day/Yr)
L		51. DECEDENT'S EDU			52. DECEDER						Iso nec					
		that best describes the h school completed at the	iahest dearee	or level of	that best	describes	whether t	the decedent in neck the "No" b	is	box				or hersel	f to be)	ndicate what the
		□ 8th grade or less			decedent	is not Spa	anish/Hisp	anic/Latino.			□ White □ Black	or African	American			
		9th - 12th grade; no o			□ No, not Sp	anish/His	panic/Latir	no			□ Ame (Nan □ Asiar	ne of the en	or Alaska Na rolled or princ	ipal tribe	)	_
l	TOR:	<ul> <li>High school graduate</li> <li>Some college credit,</li> </ul>			□ Yes, Mexic	an, Mexic	can Americ	can, Chicano								
1	MREC	Associate degree (e.g.			□ Yes, Puert	o Rican					□ Kore	an amese	:5.\			
	RALE	Bachelor's degree (e.			□ Yes, Cuba						□ Guar	r Asian (Sp e Hawaiian nanian or C	hamorro			
	TO BE COMPLETED BY: FUNERAL DIRECTOR	<ul> <li>Master's degree (e.g. MEd, MSW, MBA)</li> </ul>			<ul><li>Yes, other (Specify)</li></ul>	Spanish/	Hispanic/L	atino			□ Sam	oan r Pacific Isla	ander (Specify	)		
ı,	-	Doctorate (e.g., PhD, Professional degree	, EdD) or (e.g., MD, DD	OS,							Utne	r (Specify)_				
		DVM, LLB, JD) 54. DECEDENT'S USU/			e type of work	done duri	ng most of	f working life f	00 NO	T USE RETIR	RED).					
- 1		55. KIND OF BUSINESS			- Abe of moth	_ Jane Wull			- 140	. out neill						

#### Revised (2003) U.S. Standard **Certificate of Death**

#### PART II (Other significant conditions)

- •Enter all diseases or conditions contributing to death that were not reported in the chain of events in Part I and that did not result in the underlying cause of death. See attached examples.
- •If two or more possible sequences resulted in death, or if two conditions seem to have added together, report in Part I the one that, in your opinion, most directly caused death. Report in Part II the other conditions or diseases.

#### CHANGES TO CAUSE OF DEATH

Should additional medical information or autopsy findings become available that would change the cause of death originally reported, the original death certificate should be amended by the certifying physician by immediately reporting the revised cause of death to the State Vital Records Office.

#### ITEMS 33-34 - AUTOPSY

- 33 Enter "Yes" if either a partial or full autopsy was performed. Otherwise enter "No."
- •34 Enter "Yes" if autopsy findings were available to complete the cause of death; otherwise enter "No". Leave item blank if no autopsy was performed.

#### ITEM 35 - DID TOBACCO USE CONTRIBUTE TO DEATH?

Check "yes" if, in your opinion, the use of tobacco contributed to death. Tobacco use may contribute to deaths due to a wide variety of diseases: for example, tobacco use contributes to many deaths due to emphysema or lung cancer and some heart disease and cancers of the head and neck. Check "no" if, in your clinical judgment, tobacco use did not contribute to this particular death.

ITEM 36 - IF FEMALE, WAS DECEDENT PREGNANT AT TIME OF DEATH OR WITHIN PAST YEAR? This information is important in determining pregnancy-related mortality.

#### ITEM 37 - MANNER OF DEATH

- Always check Manner of Death, which is important: 1) in determining accurate causes of death; 2) in processing insurance claims; and 3) in statistical studies of injuries and death.
- •Indicate "Pending investigation" if the manner of death cannot be determined whether due to an accident, suicide, or homicide within the statutory time limit for filing the death certificate. This should be changed later to one of the other terms.
- Indicaté "Could not be Determined" ONLY when it is impossible to determine the manner of death.

#### To improve case identification:

### U.S. Standard Pregnancy Question, 2003 (sort of)

kbox format:
MALE:
t pregnant within past year
gnant at time of death
t pregnant, but pregnant within 42 days of death
t pregnant, but pregnant 43 days to 1 year before th
known if pregnant within the past year
gnant at time of death t pregnant, but pregnant within 42 days of death t pregnant, but pregnant 43 days to 1 year before th

Meant to solve 2
problems:
(1) Most states had
no such question;
and
(2) Different
questions used in
different states

	New Adopters*	Total
2003	4	4
2004	7	11
2005	7	18
2006	4	22
2007	2	24
2008	7	31
2009	0	31
2010	4	35
2011	2	37
2012	4	41
2013	1	42
2014	5	47
2015	2	49
2016	1	50
2017	1	51

# Delays in Adoption of the U.S. Standard Pregnancy Question among States

CA, ID, MT, NY	2003
New Jersey	2004
Florida	2005
Texas	2006
Ohio	2007
Massachusetts	9/2014
Alabama	2016
W. VA	2017

\* Note: Some states adopted change in the middle of the calendar year.

# Recent Increases in the U.S. Maternal Mortality Rate

Disentangling Trends From Measurement Issues

Marian F. MacDorman, PhD, Eugene Declercq, PhD, Howard Cabral, PhD, and Christine Morton, PhD

RESULTS: The estimated maternal mortality rate (per 100,000 live births) for 48 states and Washington, DC (excluding California and Texas, analyzed separately) increased by 26.6%, from 18.8 in 2000 to 23.8 in 2014. California showed a declining trend, whereas Texas had a sudden increase in 2011–2012. Analysis of the measurement change suggests that U.S. rates in the early 2000s were higher than previously reported.

#### **Correcting for Impact of Adding Pregnancy Box**

Correction factor =

Sum of the number of maternal deaths in each state for 2 years following the revision date

Sum of the number of maternal deaths in each state for the 2 years preceding the revision date

Also did tests involving 1 year and 3 year periods with little change

Impact of adding the pregnancy checkbox was to approximately double a state's maternal mortality rate

# 2<sup>nd</sup> Article in Series – Causes of Maternal Death in the NVSS

Original Research

Trends in Maternal Mortality by Sociodemographic Characteristics and Cause of Death in 27 States and the District of Columbia

Marian F. MacDorman, PhD, Eugene Declercq, PhD, and Marie E. Thoma, PhD

Obstet Gynecol 2017;129:811-8

#### **Underlying cause of death**

Total maternal deaths (during pregnancy or within 42 days after the end of pregnancy) (A34, O00-O95, O98-O99)

**Total direct obstetric causes** (A34, O00-O92)

Pregnancy with abortive outcome (O00-O07)

Ectopic pregnancy (O00)

Hypertensive disorders (O10-O16)

Pre-existing hypertension (O10)

Eclampsia and pre-eclampsia (O11,O13-O16)

Obstetric Hemorrhage (O20,O43.2,O44-O46,O67,O71.0-O71.1, O71.3-O71.4,O71.7,O72)

Pregnancy-related infection (O23,O41.1,O75.3,O85,O86,O91)

Puerperal sepsis (O85)

Other obstetric complications (021-022,024-028,030-041.0, 041.8-043.1, 043.8-043.9,047--066,068-070,071.2, 071.5, 071.6, 071.8, 071.9,073,075.0-075.2,075.4-075.9,087-090,092)

Diabetes mellitus in pregnancy (O24)

Liver disorders in pregnancy (O26.6)

Other specified pregnancy-related conditions (O26.8)

Obstetric embolism (O88)

Cardiomyopathy in the puerperium (O90.3)

Anesthesia-related complications (O29,O74,O89)

**Total indirect causes** (O98-O99)

Mental disorders and diseases of the nervous system (O99.3)

Diseases of the circulatory system (O99.4)

Diseases of the respiratory system (O99.5)

Other specified diseases and conditions (O99.8)

Obstetric death of unspecified cause (O95)

**Late maternal causes** (43 days-1 year after the end of pregnancy) (O96-O97)

**Maternal Death ICD-10 Codes** 

#### **Over Ascertainment??**

 Research into the cause of death category finds much of the increase is coming from less specific ICD-10 codes.

- Other specified pregnancy-related conditions (O26.8)
- Other obstetric complications (021–022, 024– 041.0, 041.8–043.1, 043.8–043.9,047–066, 068–070, 071.2, 071.5,071.6, 071.8, 071.9, 073–075.2,075.4–075.9, 087–090, 092)
- Other specified diseases and conditions (O99.8)
- Obstetric death of unspecified cause (O95)

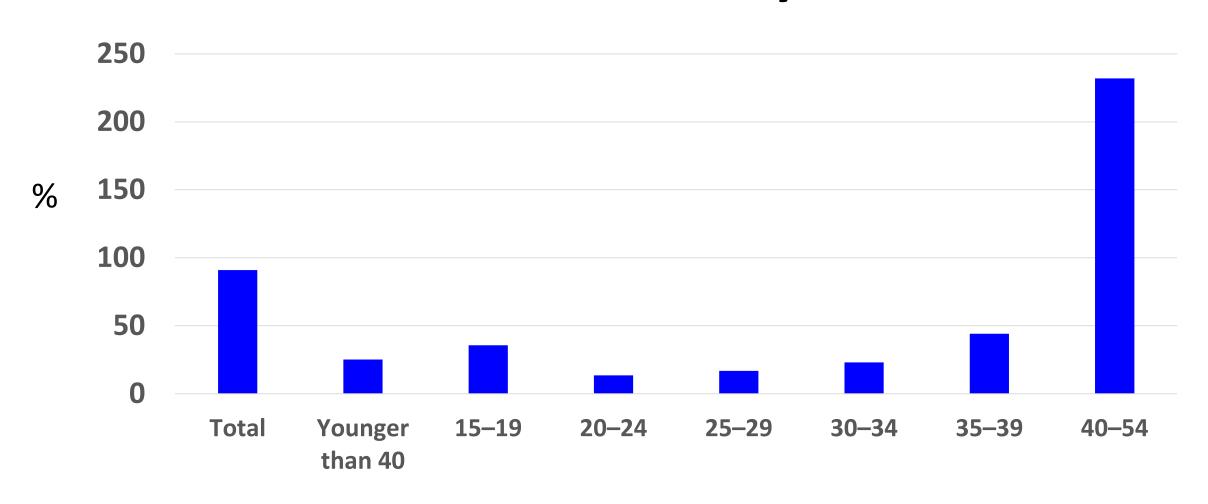
# Assessing the impact of ill-defined causes on maternal deaths and mortality rates by cause of death, 27 states and DC, 2008-2009 to 2013-2014

					Percent
	2008-	-9	2013-	14	change
Underlying cause of death	Number		Number		2008-9 to
(ICD-10 category)	of deaths	Rate~	of deaths	Rate~	20 <mark>13-14</mark>
<b>Total maternal</b> (A34, O00-O05, O98-O99)	780	20.6	907	25.4	23.3
III-defined causes (O26.8, O95, O99.8)	266	7.0	371	10.4	47.9
Total maternal minus ill-defined causes					
(Remainder)	514	13.5	536	15.0	10.6
					_
Total direct obstetric (A34, O00-O92)	527	13.9	595	16.6	19.7
Other specified pregnancy-related conditions					
(O26.8)	130	3.4	212	5.9	73.0
Total direct obstetric minus O26.8 (Remainder)	397	10.5	383	10.7	2.3
Total indirect causes (O98-O99)	202	5.3	294	8.2	54.4
Other specified diseases and conditions (099.8)	85	2.2	141	3.9	75.9
Total indirect causes minus O99.8 (Remainder)	117	3.1	153	4.3	38.7

### Impact of Random Error in Checking the Pregnancy Checkbox

			# Maternal Deaths w/ 1%
	# Maternal Deaths	Natural Causes	False Positives
Total	907	82,572	
<40	618	15,553	774
15-19	26	929	35
20–24	119	1,619	135
25–29	152	2,568	178
30–34	177	4,092	218
35–39	144	6,345	207
40–54	289	67,019	959

# Impact of a 1% Random Coding Error on Maternal Mortality Rates



### Who completes death certificates?

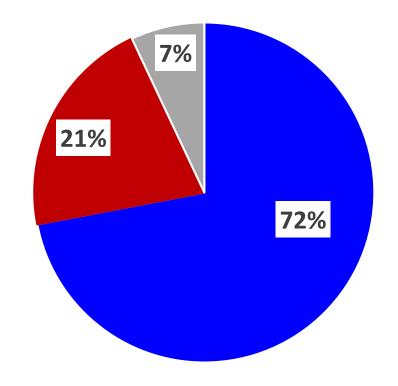
• Death certificates can be signed by a medical examiner, a primary physician, an attending physician, a non-attending physician, a nurse practitioner, a forensic pathologist or a coroner, but it varies according to state law. In Texas, for example, a justice of the peace can sign. Typically, deaths have to be recorded with local health departments within 72 hours of the death, and to the state within five to seven days.

Only about 8% of death certifications involve an autopsy

### Over-ascertainment: Results of a 4 state study (Georgia, Louisiana, Michigan, and Ohio)

**Pregnancy Checkbox Accuracy** 

In 28% of cases with pregnancy checkbox checked, not certain woman was pregnant

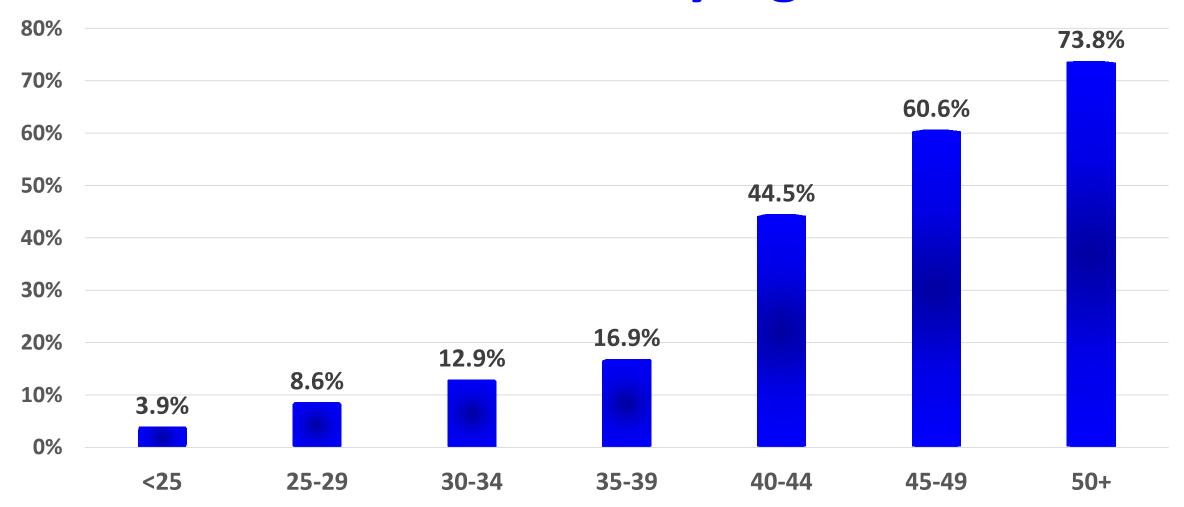


■ Pregnant
■ Not Pregnant
■ Unable to confirm

Source: A. Daymude. Checking the pregnancy checkbox: Evaluation of a four-state quality assurance pilot. *Birth* 2019 online & Catalano A. Validity of the Pregnancy Checkbox. AJOG.2019.online.

www.birthbythenumbers.org

# False Positives on the Pregnancy Checkbox by Age



Source: Adapted from Catalano A. Validity of the Pregnancy Checkbox. *AJOG*.2019.online.

### Impact of the Checkbox – Better <u>and</u> Worse Ascertainment

- While the checkbox contributed to errors, the Four Committee data show that the checkbox also improved identification of pregnancy-related deaths. Without the pregnancy checkbox, approximately:
- 50% of pregnancy-related deaths that occurred during pregnancy
- 11% of pregnancy-related deaths that occurred within 42 days of the end of pregnancy, and
- 8% of pregnancy-related deaths that occurred within 43 days to 1 year of the end of pregnancy

would have been missed.

Source: CDC. Report from MMRCs: a view into their critical role.

### Summary

• The introduction of the pregnancy checkbox served it's stated purpose – it identified cases that would have been otherwise missed.

 Unfortunately, it also led to a significant overcounting of women's death as maternal deaths.

# 4. The Pregnancy Related Mortality Surveillance System

### **Pregnancy Mortality Surveillance System**



Q SEARCH

CDC A-Z INDEX V

#### Reproductive Health

Reproductive Health	
About Us	+
Data and Statistics	+
Emergency Preparedness	+
Maternal and Child Health Epidemiology Program	+
Pregnancy Risk Assessment Monitoring System	
Infertility	+
Assisted Reproductive Technology (ART)	
Depression Among Women	+
Maternal and Infant Health	-
Pregnancy Complications	+
Weight Gain During Pregnancy	
Tobacco Use and Pregnancy	+
Pregnancy-Related Deaths	-
Pregnancy Mortality Surveillance System	
our veniance system	

Perinatal Quality

Collaboratives

Preterm Birth

CDC > Reproductive Health > Maternal and Infant Health > Pregnancy-Related Deaths

#### Pregnancy Mortality Surveillance System



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#### When did CDC start conducting national surveillance of pregnancy-related deaths?

CDC initiated national surveillance of pregnancy-related deaths in 1986 because more clinical information was needed to fill data gaps about causes of maternal death.

#### How does CDC define pregnancy-related deaths?

For reporting purposes, a pregnancy-related death is defined as the death of a woman while pregnant or within 1 year of pregnancy termination—regardless of the duration or site of the pregnancy—from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes.

#### How are the data collected and coded?

Each year, CDC requests the 52 reporting areas (50 states, New York City, and Washington DC) to voluntarily send copies of death certificates for all women who died during pregnancy or within 1 year of pregnancy, and copies of the matching birth or fetal death certificates, if they have the ability to perform such record links. All of the information obtained is summarized, and medically trained epidemiologists determine the cause and time of death related to the pregnancy. Causes of death are coded by using a system established in 1986 by the American College of Obstetricians and Gynecologists and the Centers for Disease Control and Prevention Maternal Mortality Study Group.

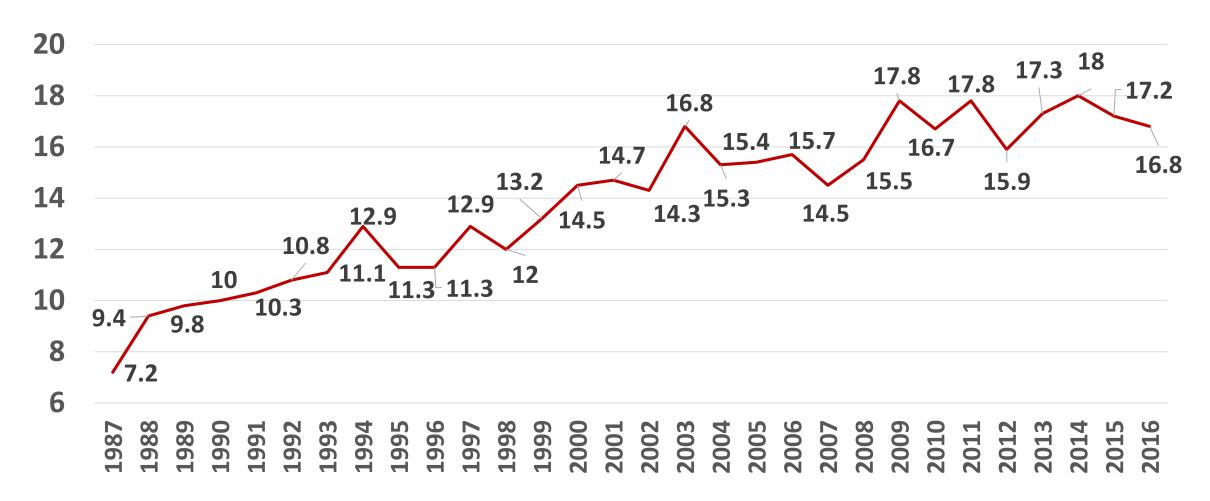
#### How are the data used?

Data are analyzed by CDC scientists. Information about causes of pregnancy-related deaths and risk factors associated with these deaths is released periodically through peer-reviewed literature, CDC's Morbidity and Mortality Weekly Reports, and the CDC Web site. This information helps clinicians and public health professionals to better understand circumstances surrounding pregnancy-related deaths and to take appropriate actions to prevent them.

#### **Data for CDCs Pregnancy Related Mortality System**

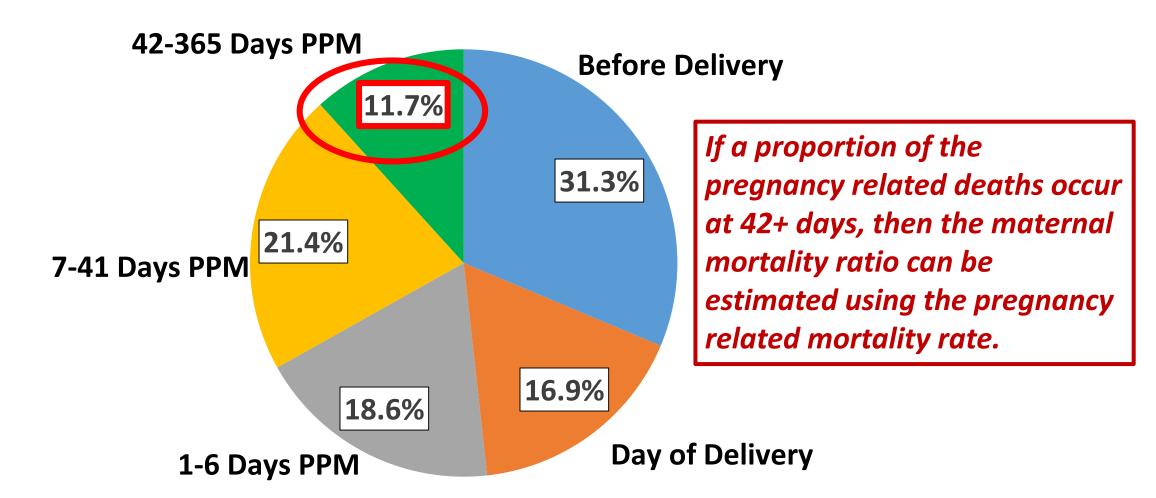
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## Our best existing measure Pregnancy Related Mortality, U.S., 1987-2016



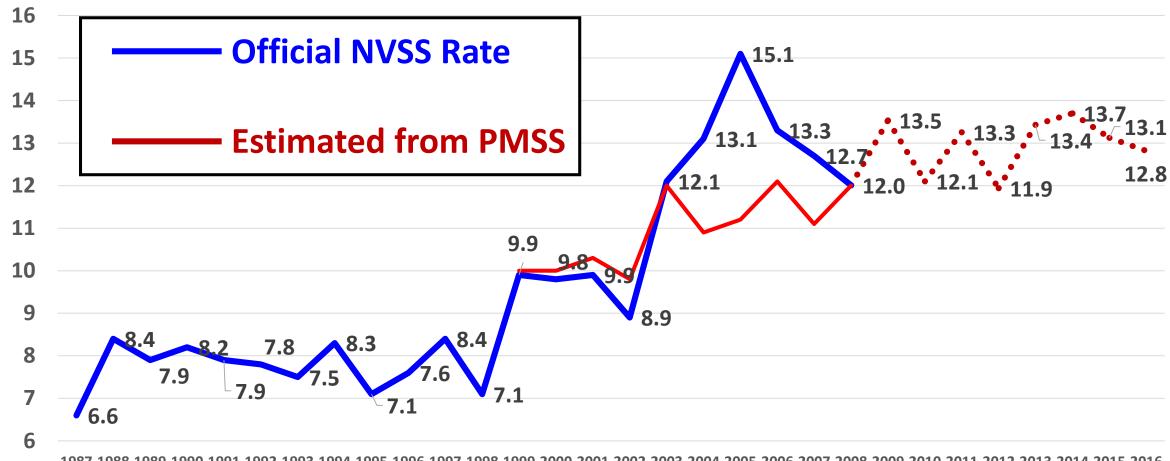
**Source: CDC. Adapted from** Creanga. Pregnancy-Related Mortality in the United States. *Obstet Gynecol 2017* & Petersen E. et al. Vital Signs: Pregnancy-Related Deaths, U.S., 2011–2015, *MMWR* vol.68. May 7, 2019. 1-7 & Petersen E et al. Racial/Ethnic Disparities in Pregnancy Related Deaths – U.S. 2007-'16. *MMWR* 9/6/19.

#### **Timing of Maternal Deaths**



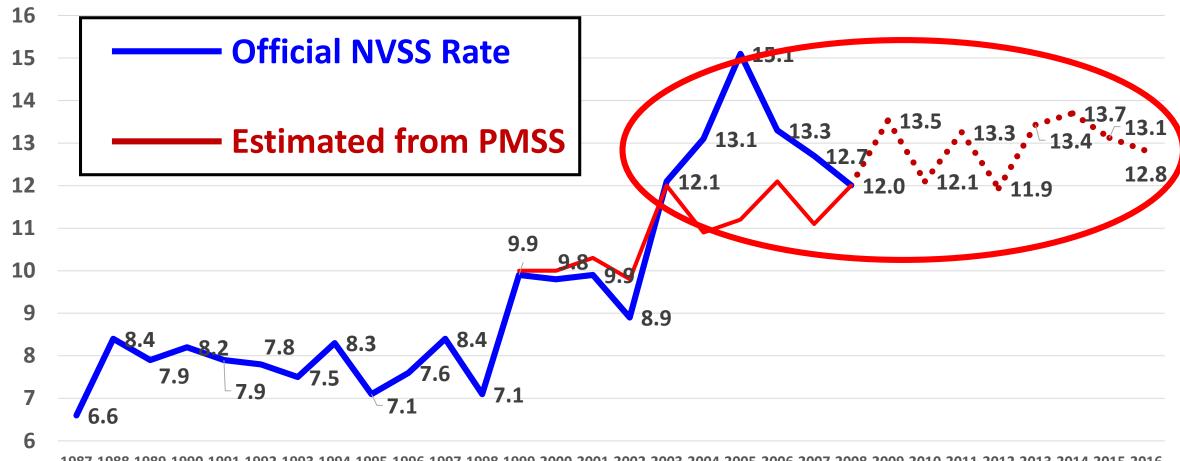
Source: Petersen E. et al. Vital Signs: Pregnancy-Related Deaths, United States, 2011–2015, and Strategies for Prevention, 13 States, 2013–2017. MMWR.vol.68. May 7, 2019. 1-7.

## Maternal Mortality Ratios (per 100,000 live births), U.S. 1987-2016\*



1987 1988 1989 1990 1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 \* 1987-2007 based on official NVSS reported ratio; 2008-2016 estimated based on Pregnancy-Related Mortality Ratio limited to 42 days postpartum

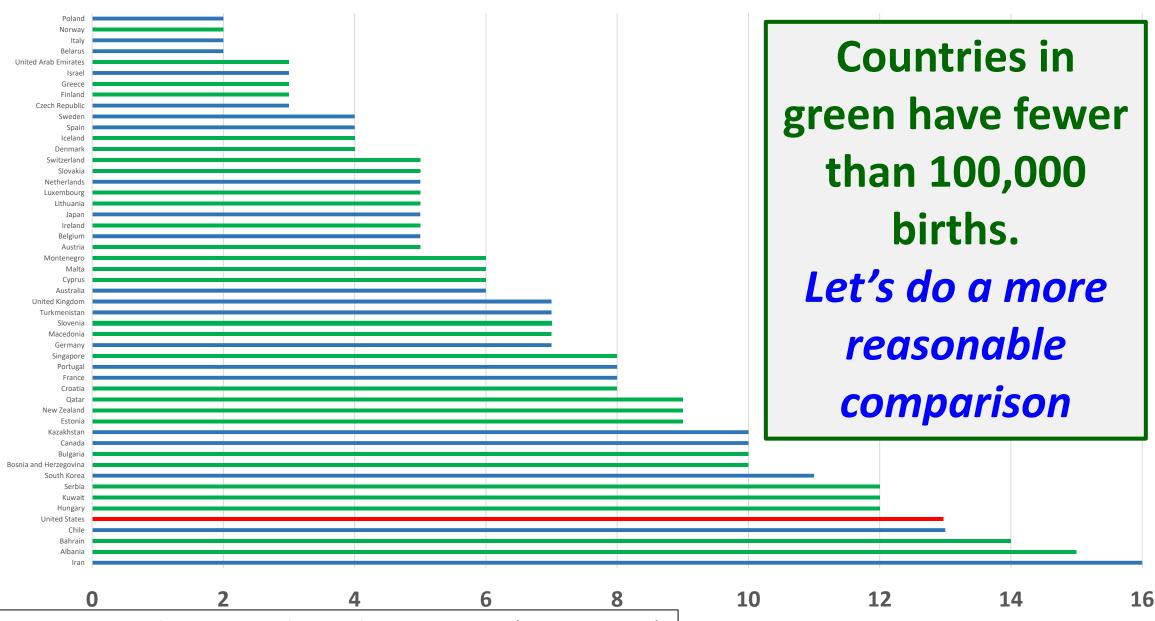
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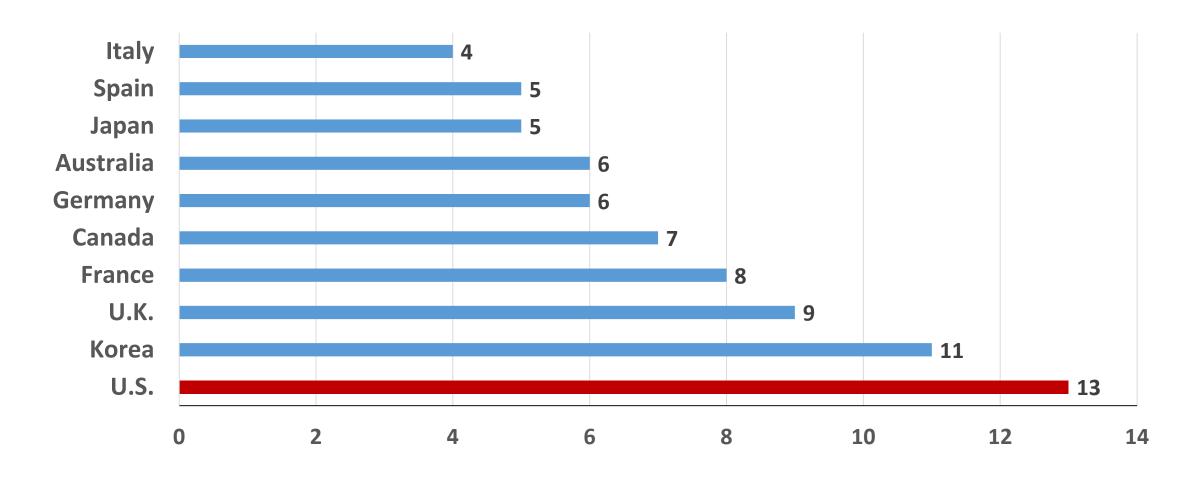
# 5. Comparing the U.S. to the Rest of the World

#### Maternal Mortality Ratios (per 100,000 births), 2017



Source: WHO. Trends In Maternal Mortality, 2000-2017. (Geneva, 2019)

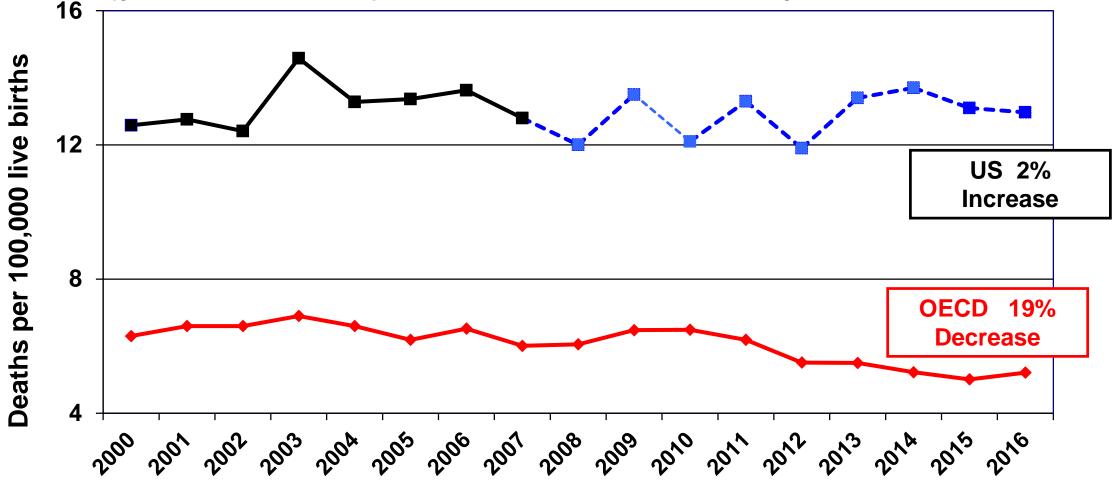
U.S. MMR (per 100,000 births) Compared to Countries with 300,000+ births, 2015-16



Source: WHO. Trends In Maternal Mortality, 2000-2017. & U.S. Estimated from Pregnancy Mortality Surveillance System

#### **Trends for US vs Comparable Countries**

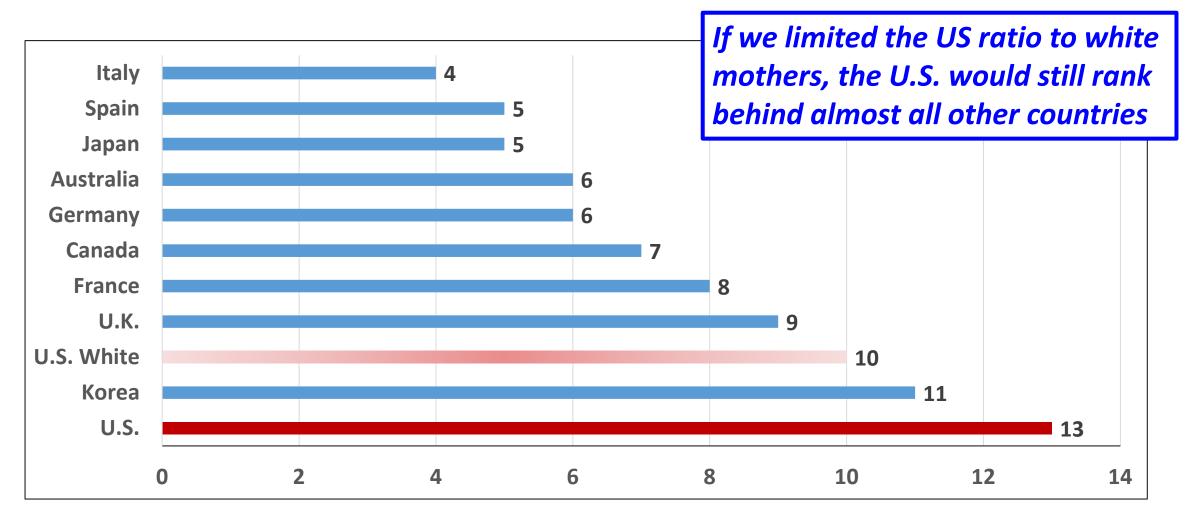
MMR (per 100K births), 2000-2016, U.S. & Comparable Countries \*



\* Countries with 300,000+ births (2017): Australia, Canada, France, Germany, Italy, Japan, S. Korea, Spain, United Kingdom

Sources: OECD Health Data 2019; & U.S. Estimated from Pregnancy Mortality Surveillance System

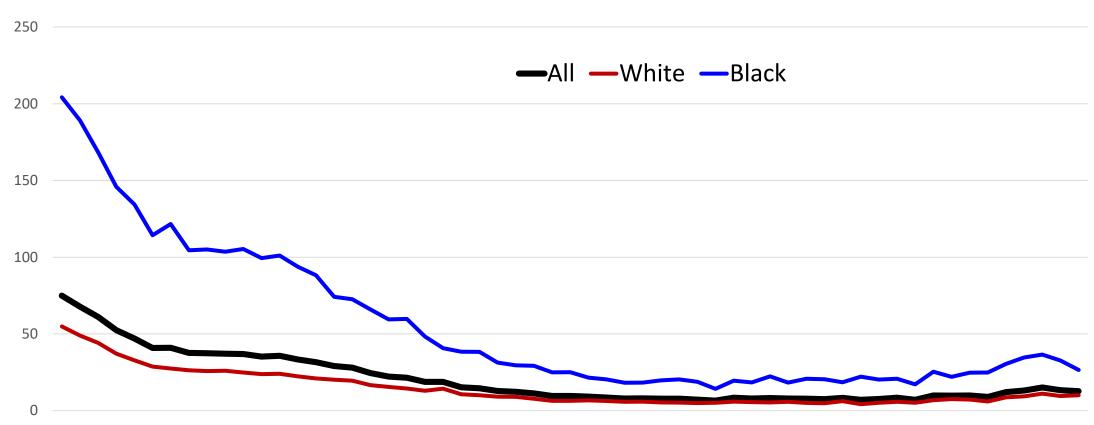
U.S. MMR (per 100,000 births) Compared to Countries with 300,000+ births, 2015-16



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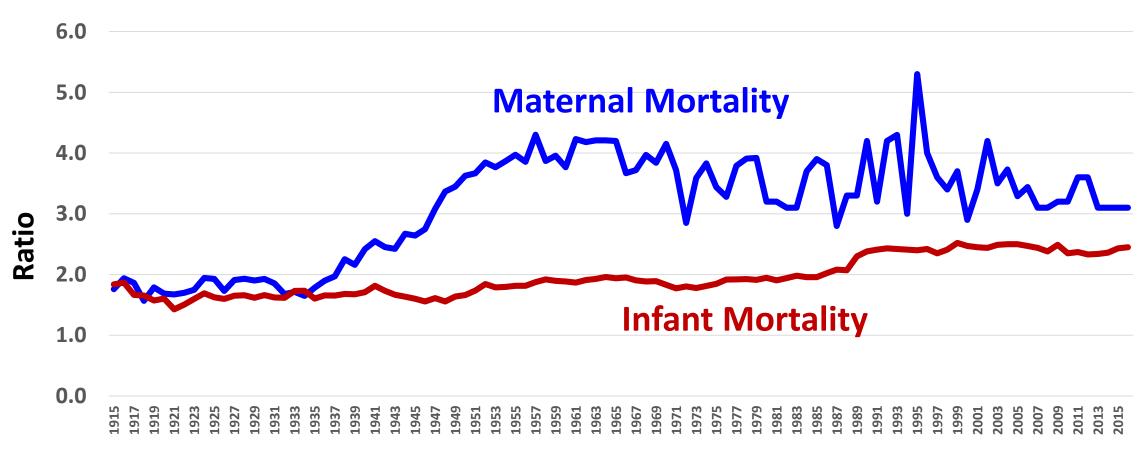
# 6. The Persistence of Racial Disparities

## U.S. Maternal Mortality (per 100,000 live births), 1951-2007 by Race



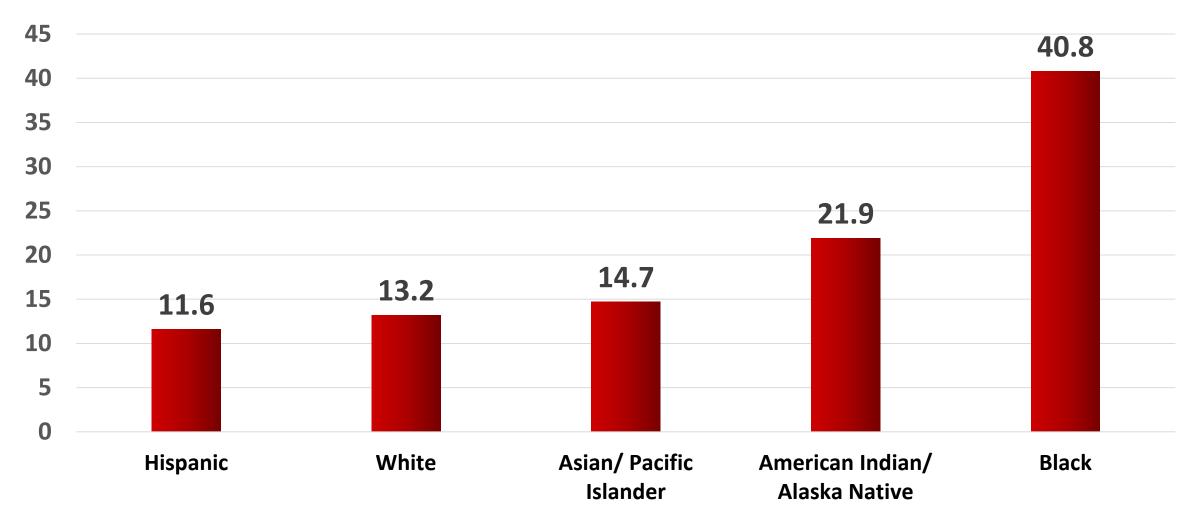
1951 1953 1955 1957 1959 1961 1963 1965 1967 1969 1971 1973 1975 1977 1979 1981 1983 1985 1987 1989 1991 1993 1995 1997 1999 2001 2003 2005 2007

## Black to White Ratios, U.S. Infant & Maternal Mortality, 1915-2016



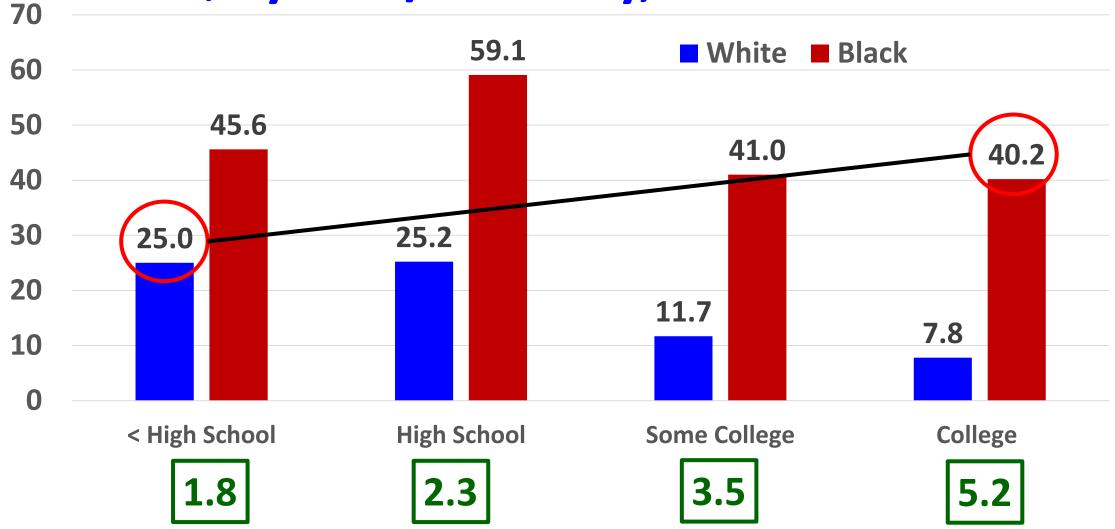
**Source:** NCHS. Maternal Mortality and Related Concepts. Vital & Health Statistics. Series 33; #3. & annual data reports. 1915-1960 data from NCHS. *Vital Statistics Rates In The United States 1940-1960.* NOTE: Shifts in measurement (e.g. not all states were part of registration system prior to 1933; infant race was based on race of the child until 1980 & then race of the mother post 1980) accounts for some of the variation over time. 2007-2016 based on 2 year estimates of the pregnancy related mortality rate: Petersen E. *MMWR*.9/6/19.

## Pregnancy Related Mortality Ratios by Race, U.S., 2015-2016



Source: Petersen E. et al. Racial/Ethnic Disparities in Pregnancy-Related Deaths — U.S., 2007–2016. MMWR. 9/6/19; 68(35):762-765.

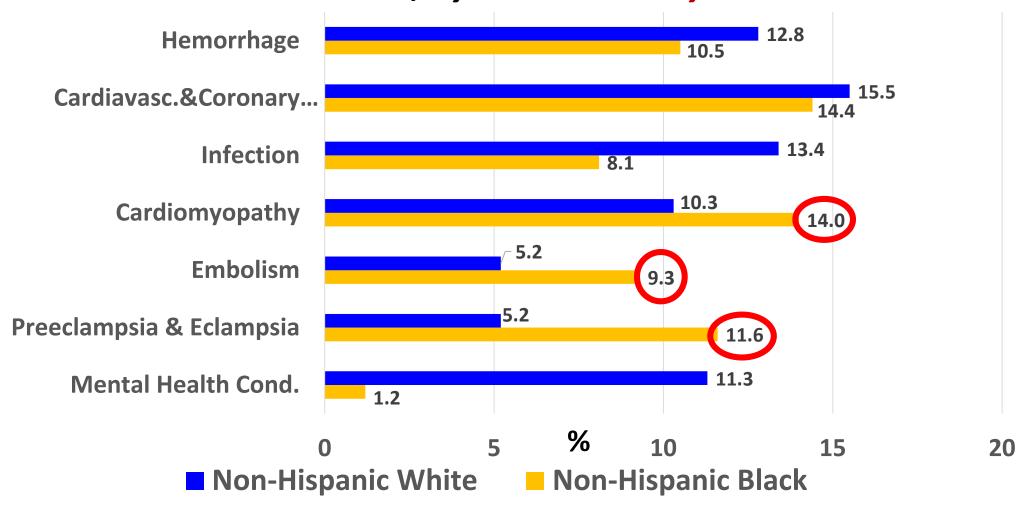
## Pregnancy-related mortality ratios (per 100,000 live births) by race/ethnicity, U.S. 2007-2016



Source: Adapted from Petersen E et al. Racial/Ethnic Disparities in Pregnancy-Related Deaths — United States, 2007–2016. MMWR 2/7/19; 68 (35): 762-765.

#### **Manifestation of Racial Disparities**

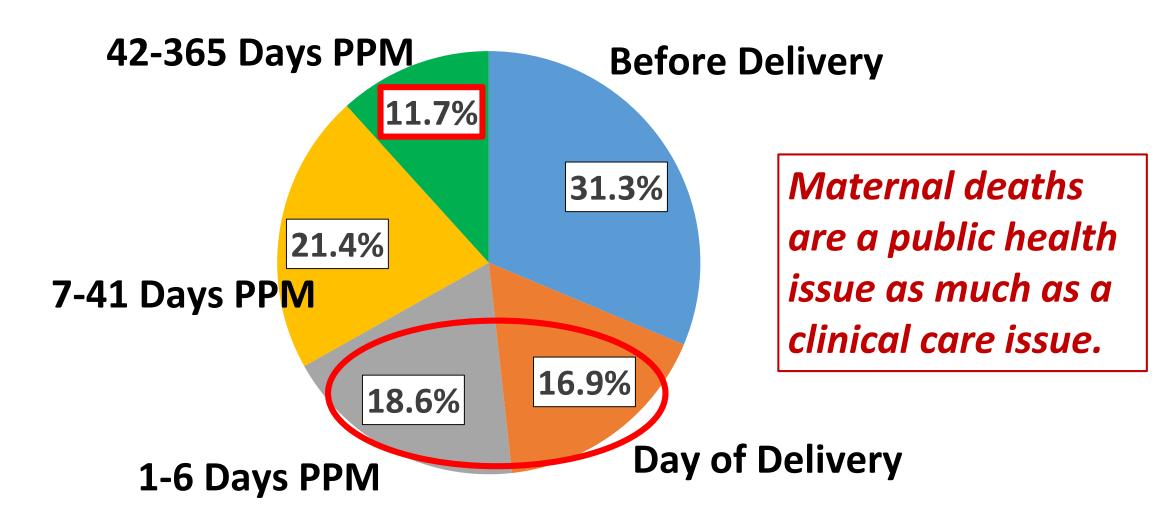
Leading Underlying Causes of Pregnancy- Related Deaths, by Race-Ethnicity



Source: CDC. 2018. Report from 9 Maternal Mortality Review Committees.

# 7. Maternal Mortality as a Public Health Problem: Timing & Causes of Death

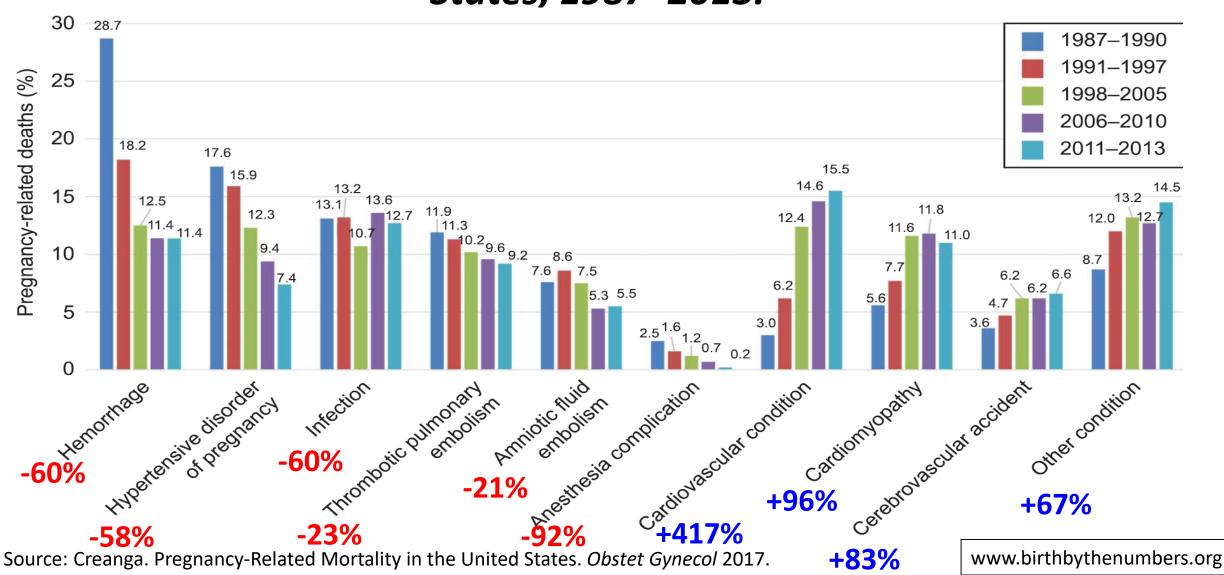
### Remember this chart? Timing of Pregnancy Related Deaths



Source: Petersen E. et al. Vital Signs: Pregnancy-Related Deaths, United States, 2011–2015, and Strategies for Prevention, 13 States, 2013–2017. *MMWR*.vol.68. May 7, 2019. 1-7.

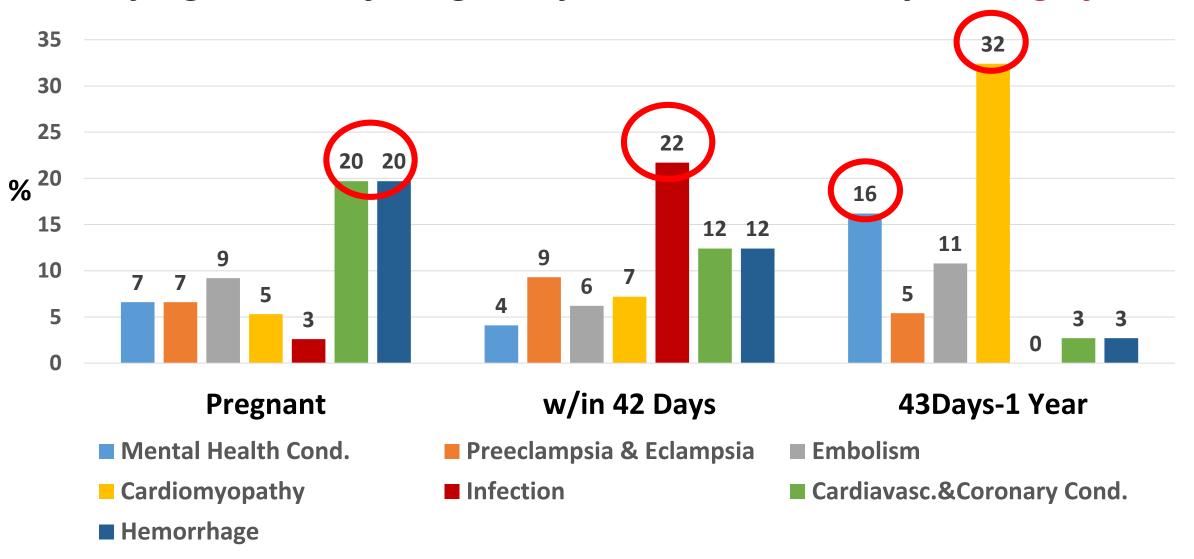
#### Maternal Mortality as a Public Health Approach

Cause-specific proportionate Pregnancy-Related mortality: United States, 1987–2013.



#### Moving to a Public Health Approach

Underlying Causes of Pregnancy-Related Deaths, by Timing of Death



Source: CDC. 2018. Report from 9 Maternal Mortality Review Committees.

# 8. The Issue is Broader than Maternal Mortality

#### Not just about maternal mortality

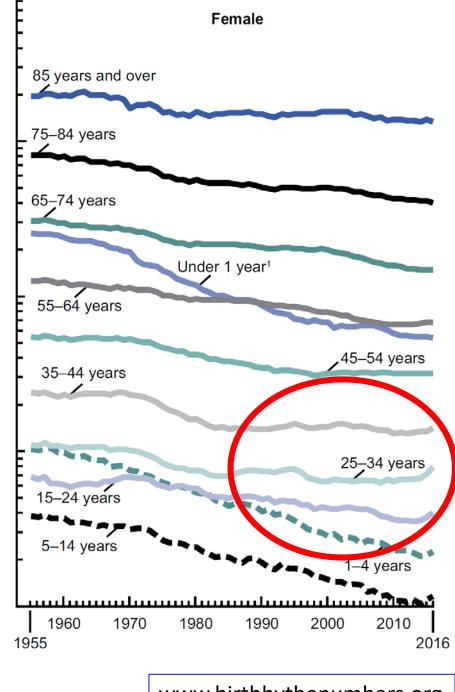
#### National Vital Statistics Reports



Volume 68, Number 9 June 24, 2019

**Deaths: Final Data for 2017** 





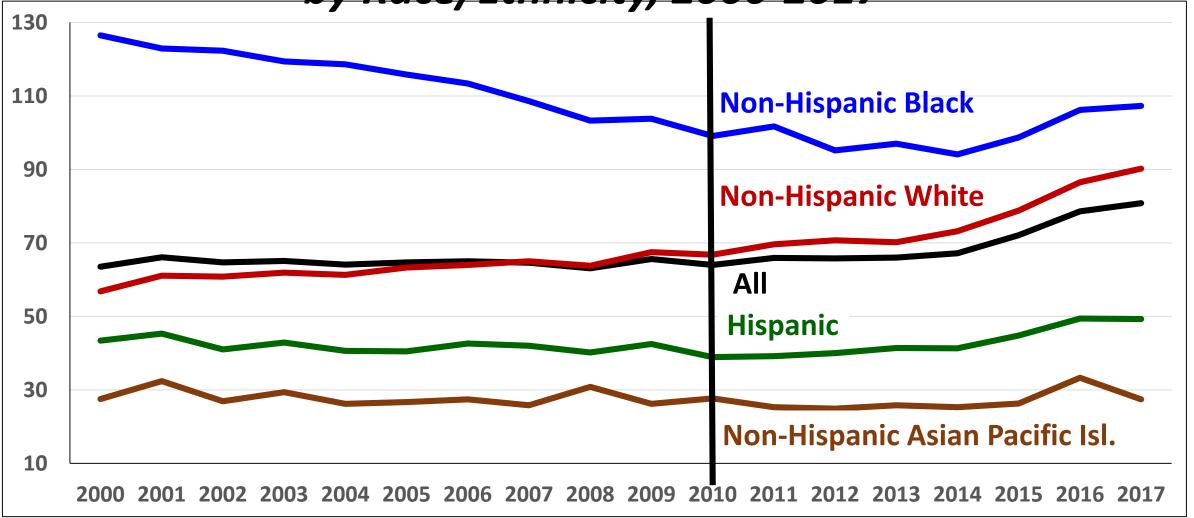
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#### Births in U.S. by Maternal Age, 2018

Age	# Births	<b>%</b>
<20	181,607	4.8%
20-24	726,175	19.2%
25-29	1,099,491	29.0%
30-34	1,090,697	28.8%
35+	693,742	18.3%
Total	3,791,712	100.0%

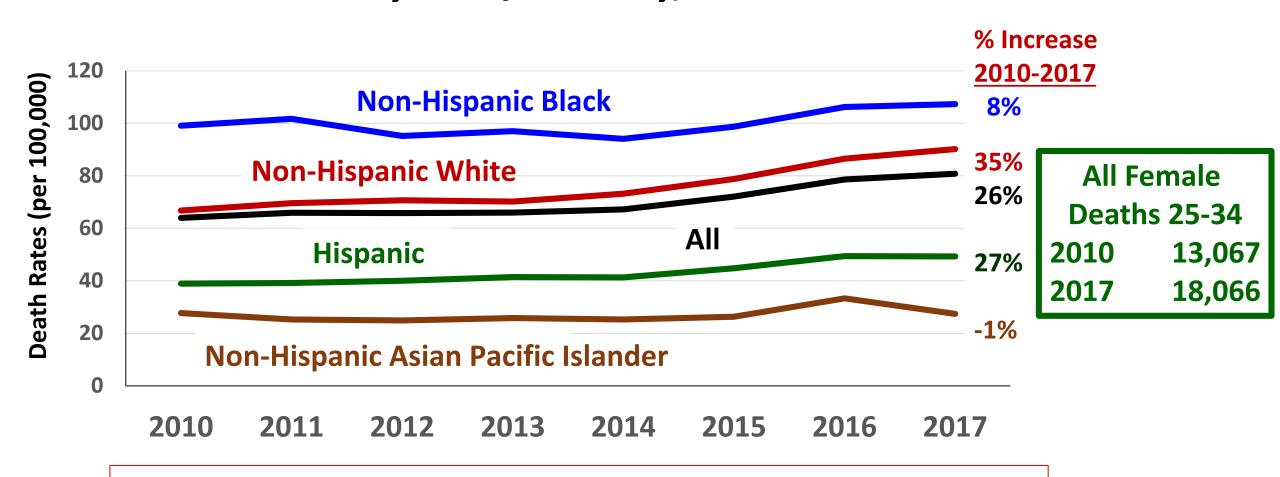
#### The Problem is Bigger than Maternal Mortality

Overall Deaths rates (per 100K), Females 25-34, by Race/Ethnicity, 2000-2017



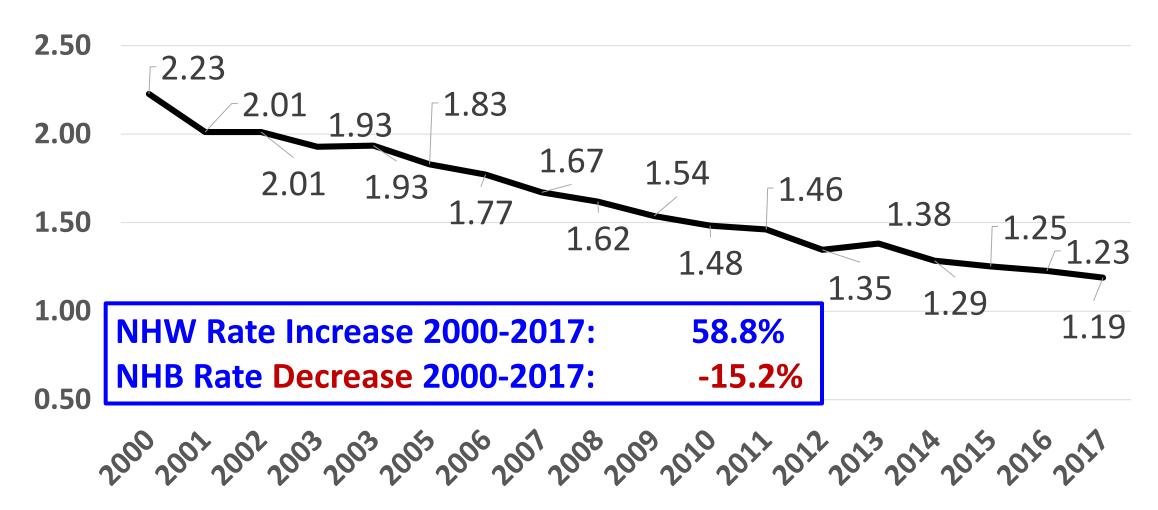
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**NOTE:** Pregnancy related mortality rate increased by <1% 2010-2017

## Ratio of Black/White Female Death Rates, Women 25-34, 2000-2017



#### **Problem is Bigger than Maternal Mortality**

#### Top 10 Causes of Death for Women 25-34 in 2017

	Total Deaths	% of total	Rate per 100 K	% Change in rate 2010-2017		Proportion of 2010-17 Increase
All causes	18,066	100.0	80.8	26.3%		
Accidents (unintentional inj.)	6,668	36.9	29.8		61.1%	58.0%
Malignant neoplasms	1,926	10.7	8.6		-4.4%	1.8%
Intentional self-harm (suicide).	1,600	8.9	7.2		35.8%	10.2%
Diseases of heart	1,232	6.8	5.5		12.2%	4.4%
Assault (homicide)	881	4.9	3.9		18.2%	3.9%
Pregnancy, childbirth & puerperium	512	2.8	2.3		27.8%	2.9%
Chronic liver disease and cirrhosis	367	2.0	1.6		23.1%	2.1%
Diabetes mellitus	352	1.9	1.6		23.1%	1.9%
Cerebrovascular diseases	254	1.4	1.1		-8.3%	0.0%
Septicemia	192	1.1	0.9		0.0%	0.2%
All other causes (residual)	4,082	22.6	18.3		11.6%	

Sources: Heron M. *Deaths: Leading causes for 2010*. National vital statistics reports; vol62 no 6. Hyattsville, MD: National Center for Health Statistics. 2013 & 2017 data from CDC, NCHS, Underlying Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018; Accessed 11/7/2019.

#### 9. The Way Forward

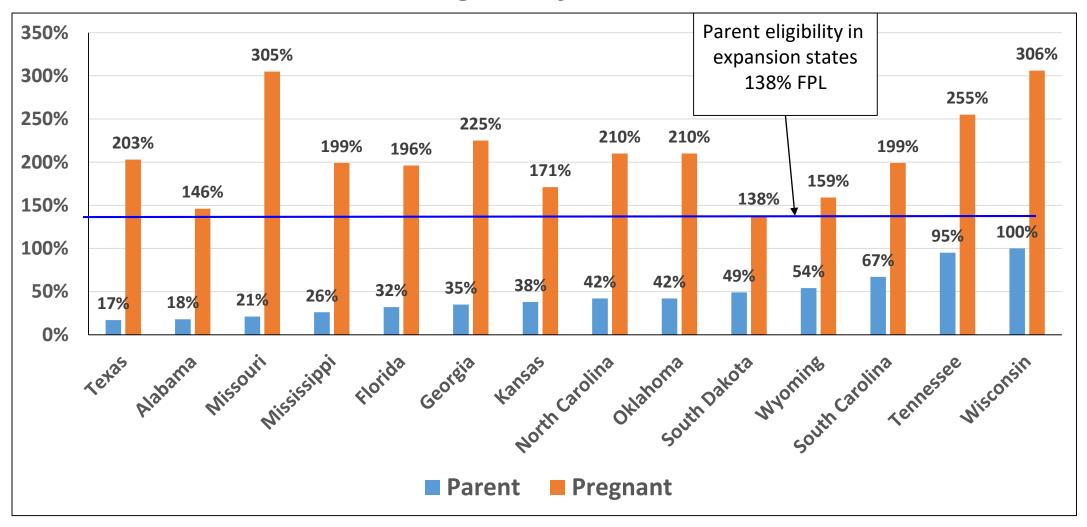
#### 9. The Way Forward

#### Keeping Women in the System

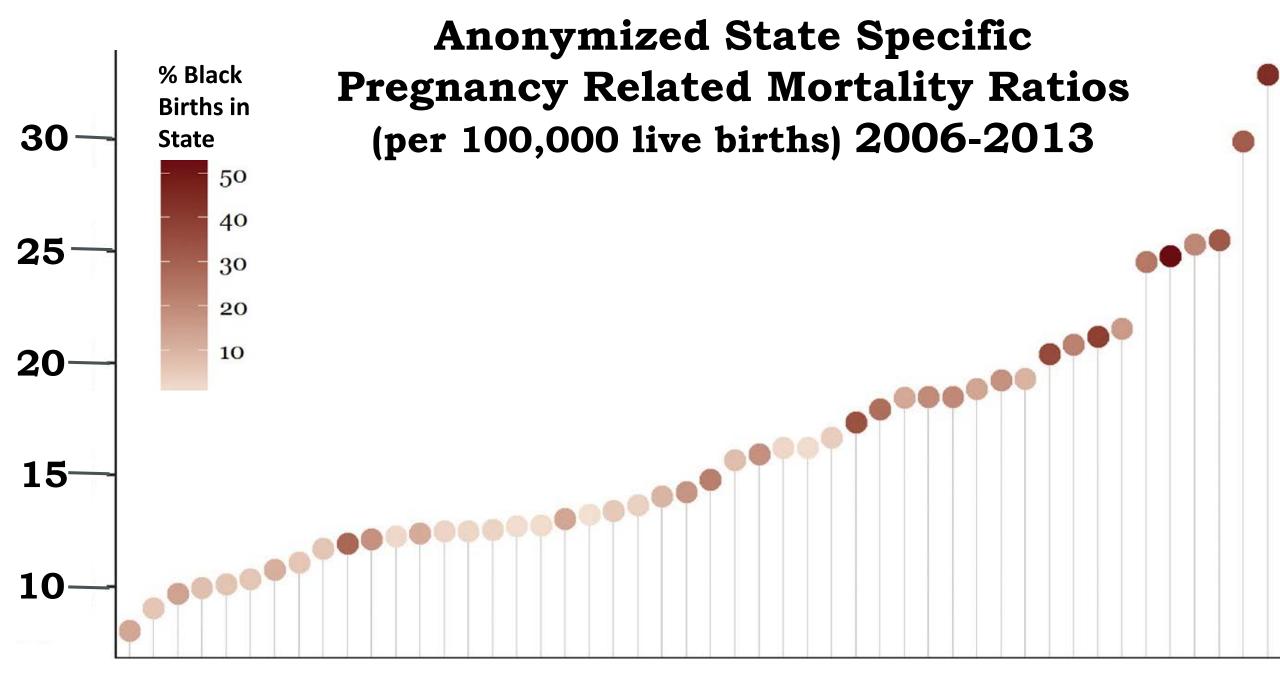
Percentages of women who gave birth in the period 2005-13, by health insurance type and month before or after delivery



#### Medicaid Eligibility for Parent vs Pregnant Women in Non-Expansion States Medicaid eligibility thresholds, 2019



Source: Ranji et al. Expanding Postpartum Medicaid Coverage. Kaiser Family Foundation, May 2019



Source: Kramer M.et.al. Am J OBGYN.2019.609

#### Four Policy Recommendations

- 1. Use Maternal Mortality Review Committees to explore pregnancy associated deaths for causes and possible bases for prevention;
- 2. Use linked datasets to examine women's health through the lifecourse and identify critical moments (e.g. pregnancy?) where intervention might matter;
- 3. Fund a systematic process for listening to women tell us about their lives and experiences in pregnancy and beyond to craft sustainable solutions that are meaningful to them.
- 4. Craft policies that keep women of all ages within the health and social system to prevent problems that lead to pregnancy associated deaths.



#### DC NATIONAL BALLY

A PRE-MOTHER'S DAY MOVEMENT TO MAKE SURE ALL MOMS GET THE CARE THE

Saturday Mon the National Mall,

May 3, 2020

NATIONAL MATERNAL HEALTH WEEK

MAY 5th-12th, 2019



forMoms

#### 1:00 - 3:30 PM

Our country's most inspiring moms (and their families)... sounding off...

on a rock concert stage...

in the heart of the nation's capital.

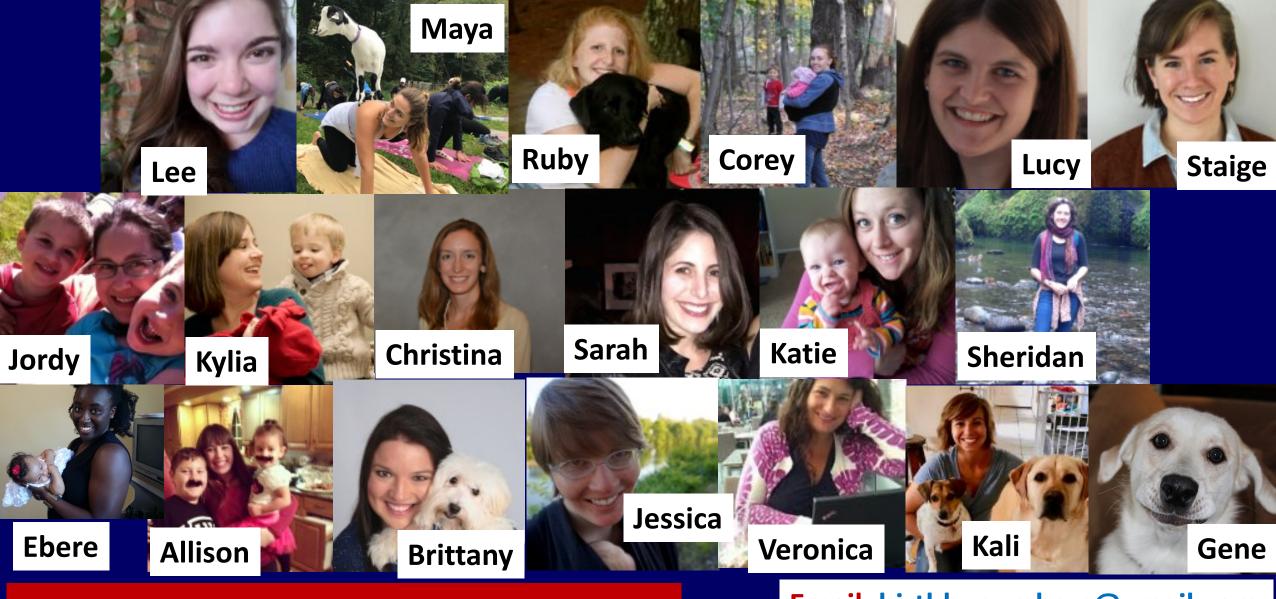


Learn more at www.MarchforMoms.org

#### **#BeyondMothersDay**

- Promote State & Federal Legislative Efforts to Improve Maternal Health
- Drive Media Attention on State of Maternal Health
- Seek City, State and National Proclamations
- Organize Visits in DC on Capitol Hill May 10th
- Rally on National DC Mall on May 11th
- Livestream the Rally on Facebook Live
- Curate and Promote Daily Themes Related to Maternal Health

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