# The Challenge of Maternal Mortality & Its Meaning for Normal Birth

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Normal Labour and Birth Research Conference Ann Arbor, Michigan June 27, 2018

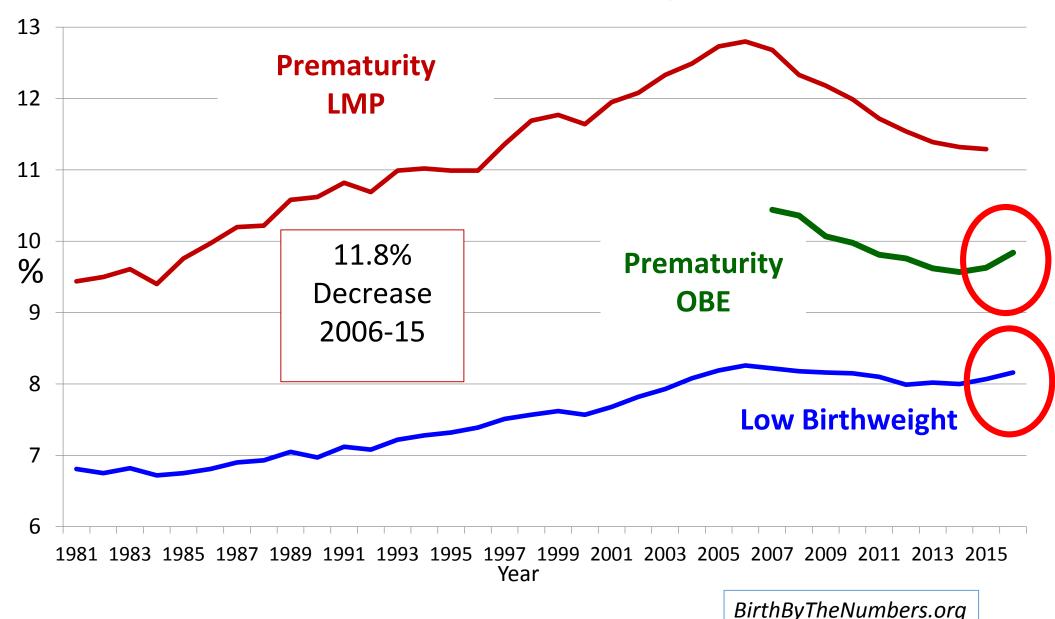
### Context

Key process measure

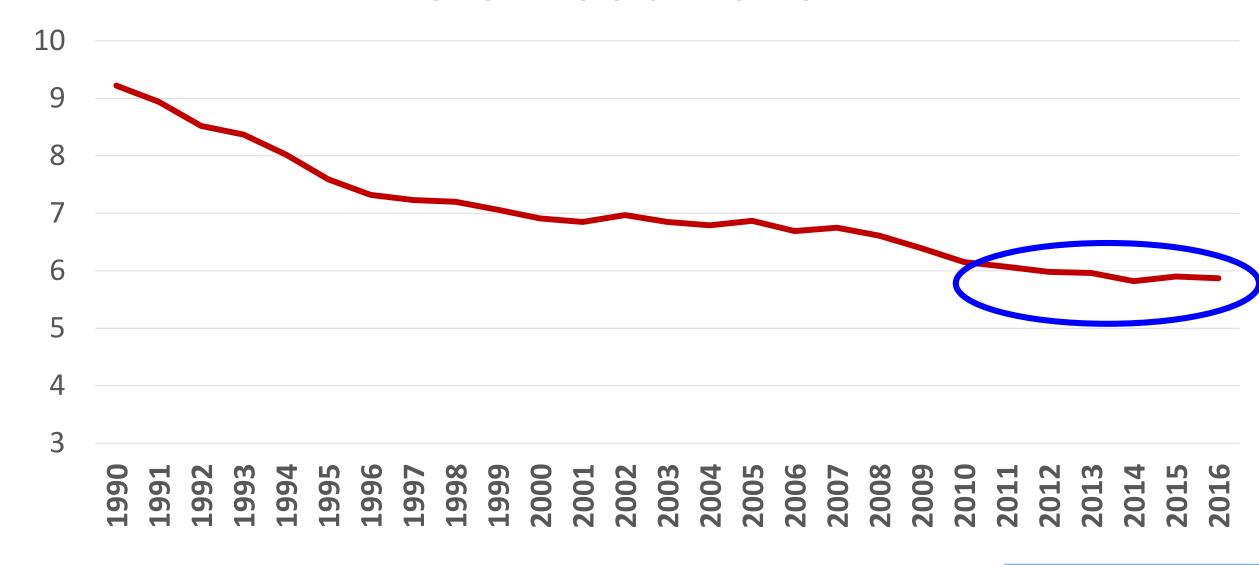
Status of key health outcomes

Changes in process that lead to improved outcomes are more easily defensible, but that's not the case in the U.S.

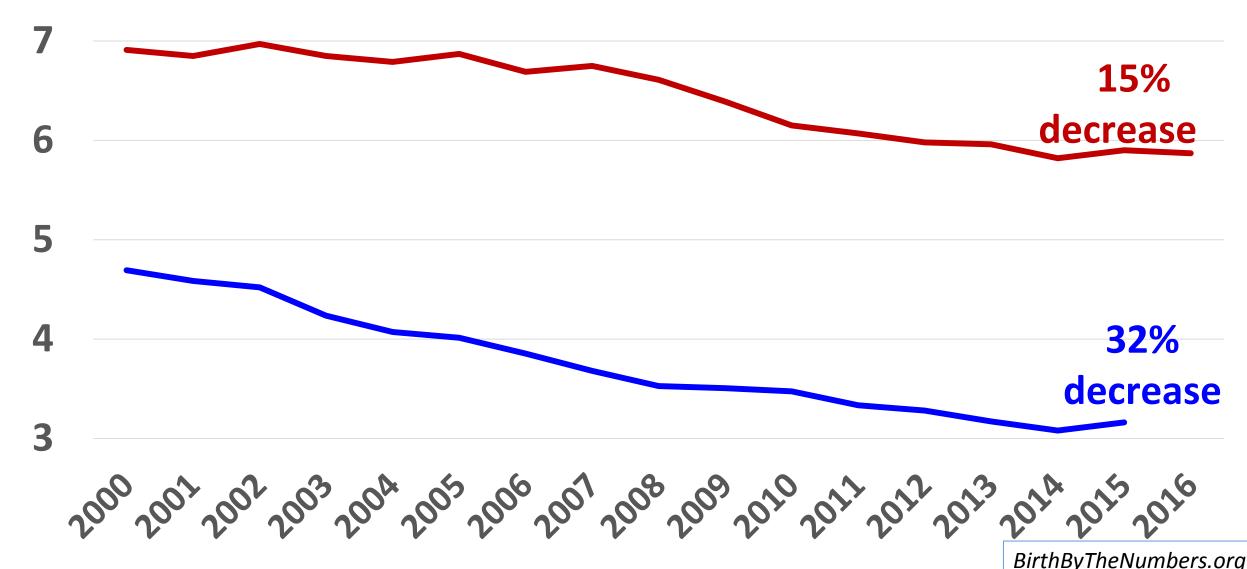
#### Prematurity and Low Birthweight, U.S., 1981-2016



# Infant Mortality (per 1,000 births), U.S. 1990-2016



# Infant Mortality (per 1,000 births), U.S. & OECD 2000-2016

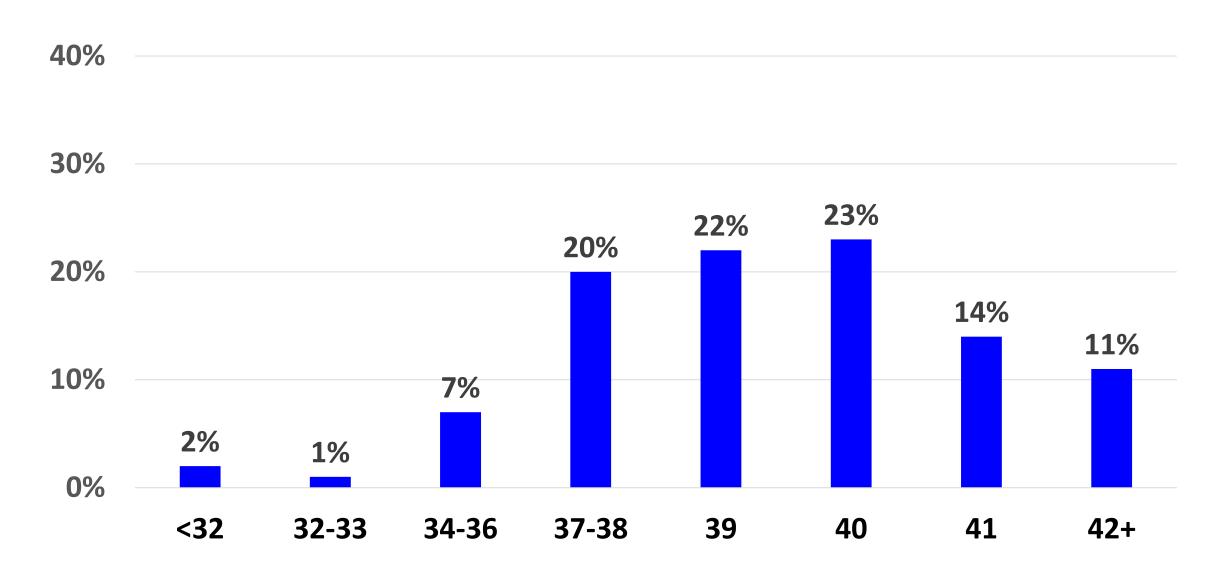


\* Countries with 100,000+ births): Australia, Belgium, Canada, Czech Republic, France, Germany, Greece, Israel, Italy, Japan, Netherlands, S. Korea, Spain, Sweden, UK

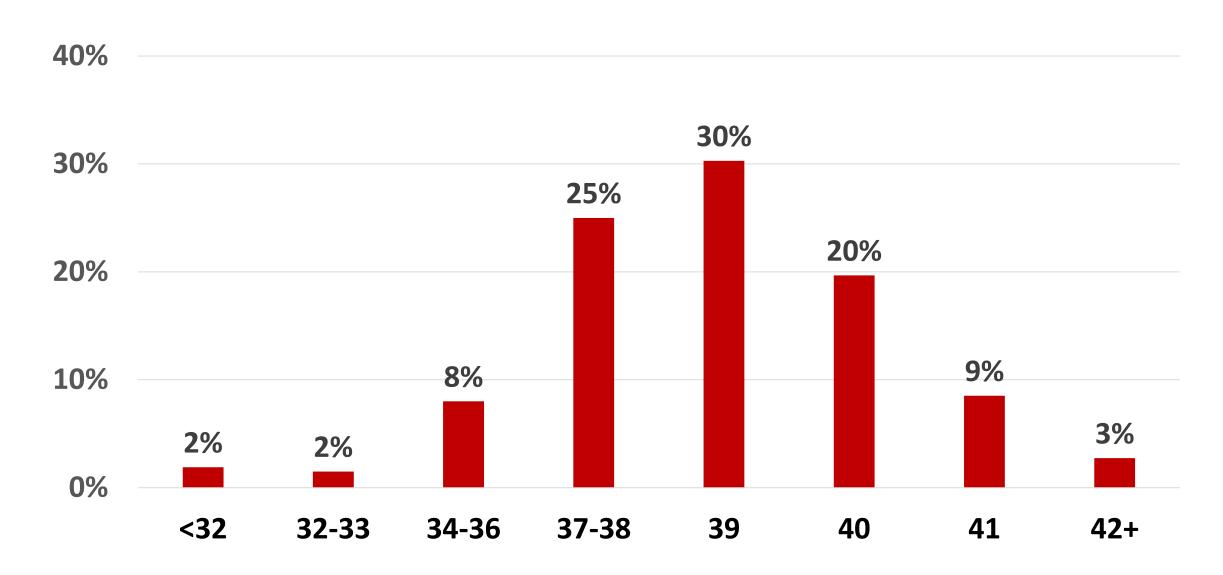
# How can we best capture the change in process in the U.S.?

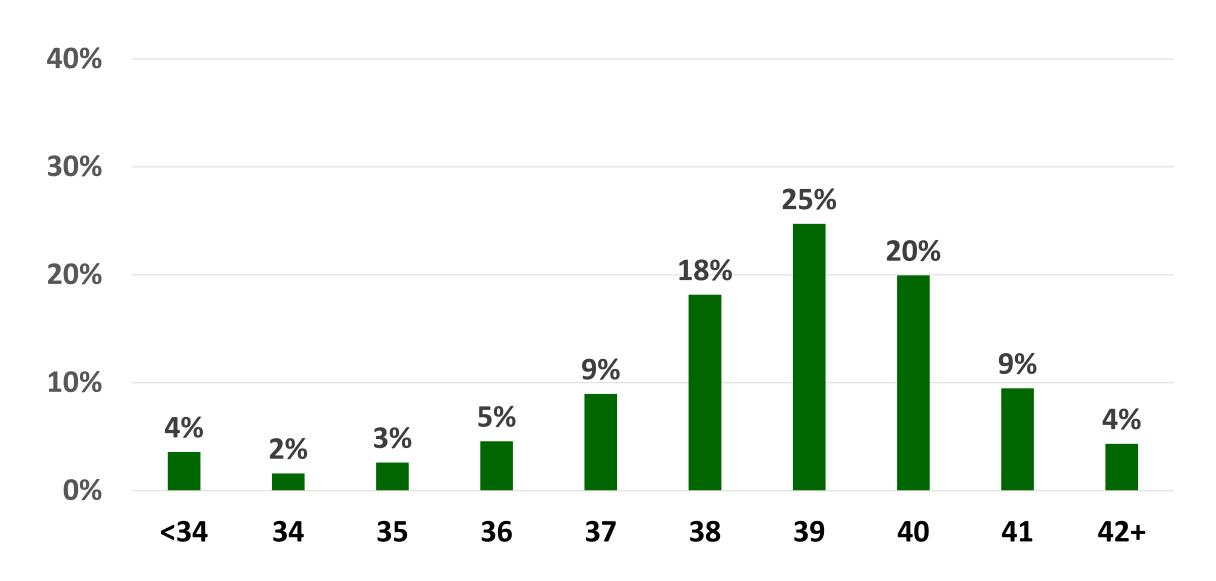
# **Gestational Age**

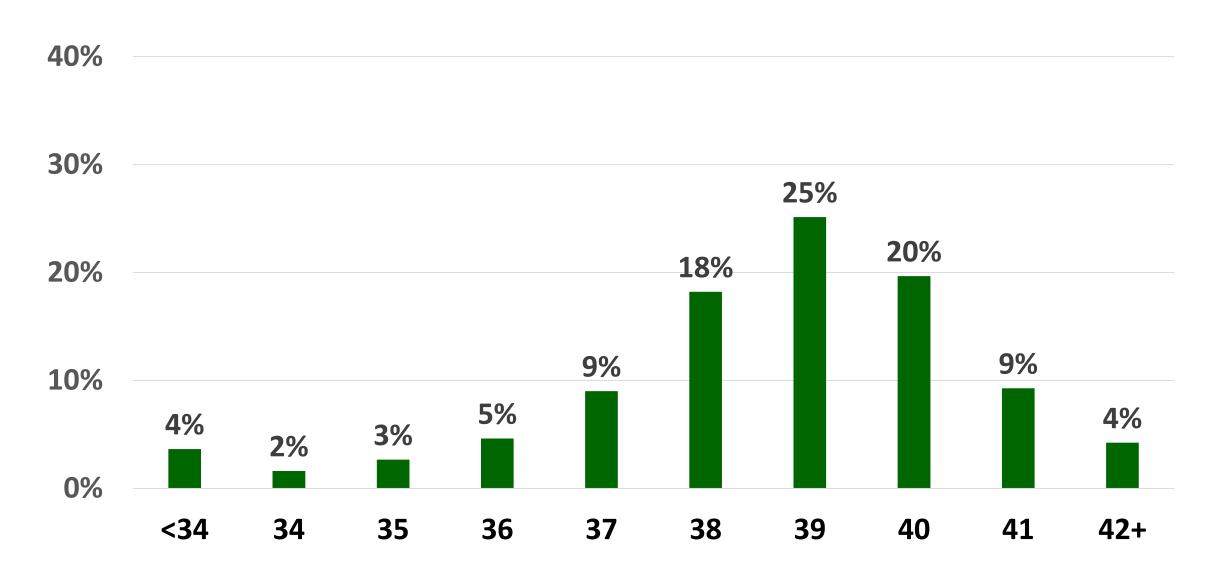
#### Gestational Age, U. S., All Births, 1990

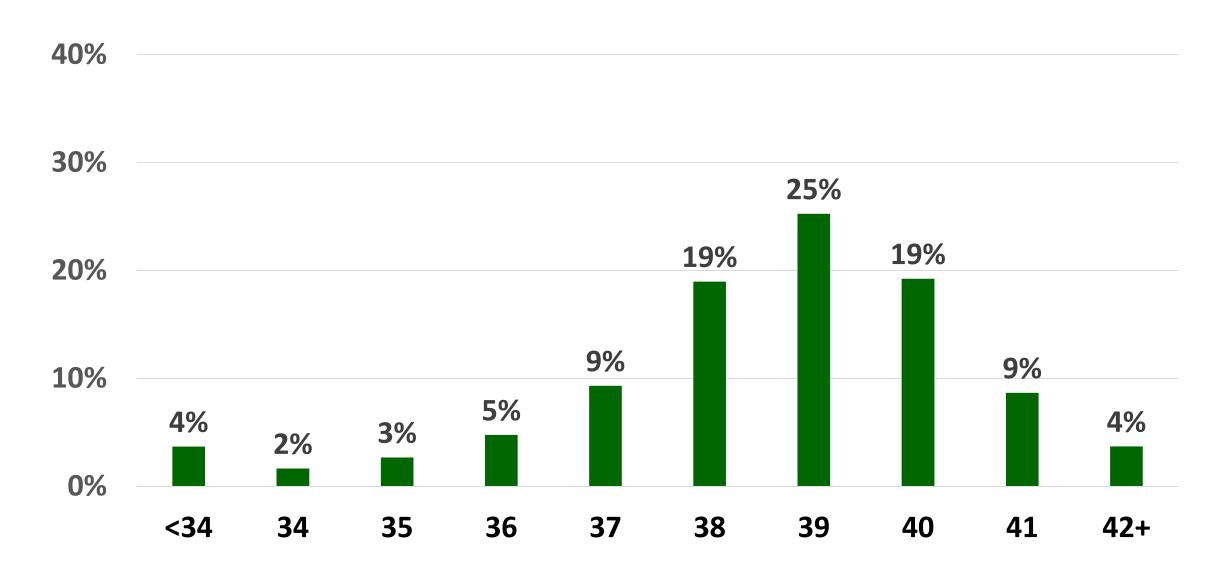


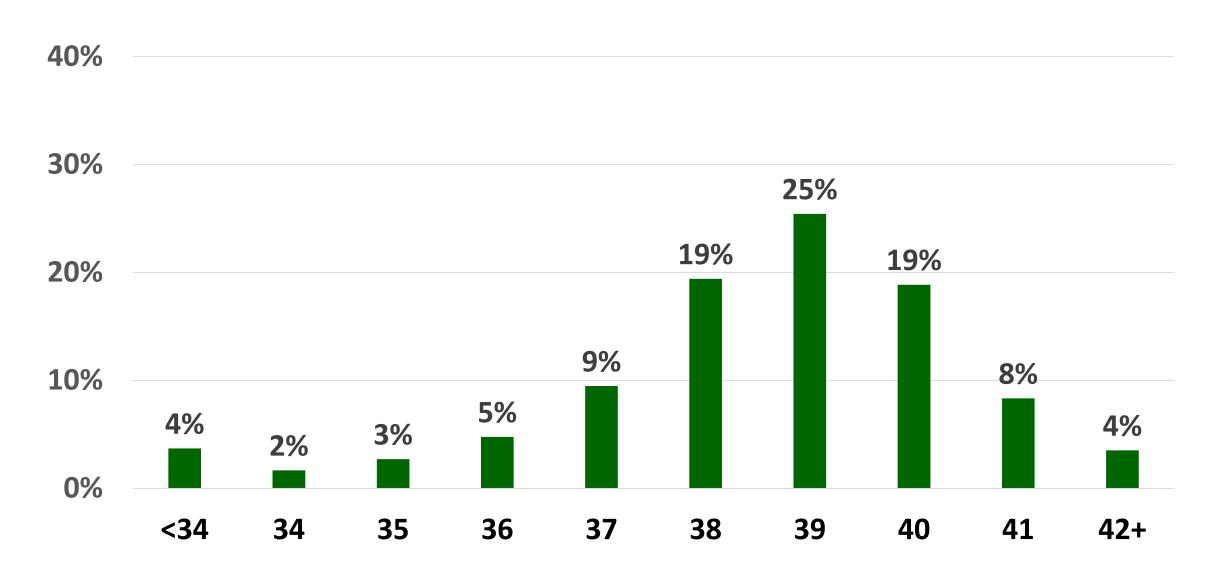
### Gestational Age, U. S., All Births, 2016

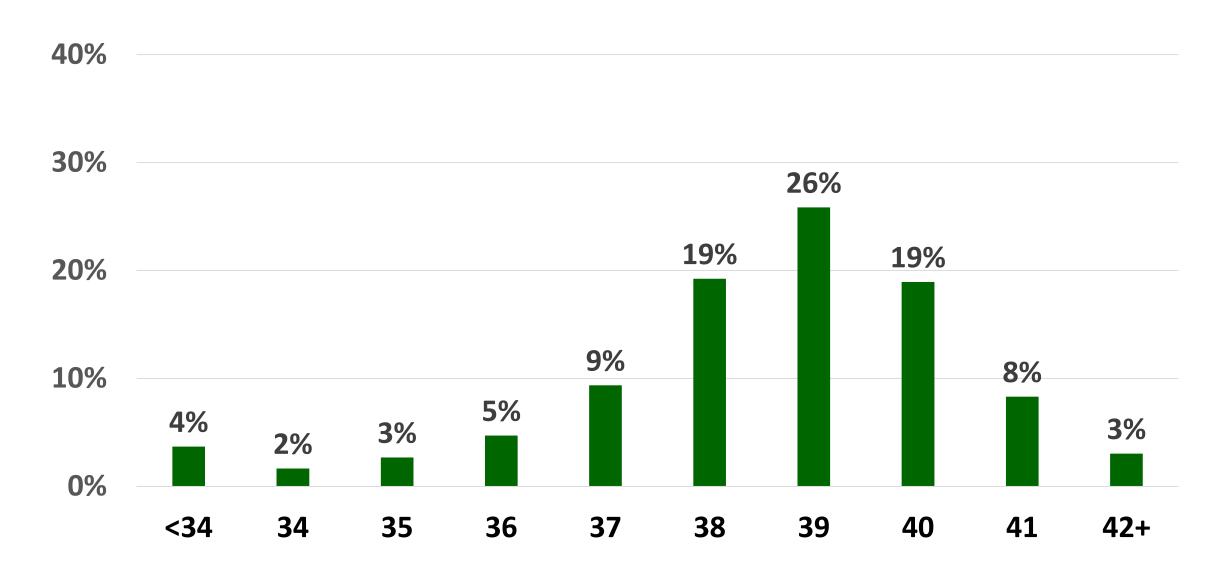


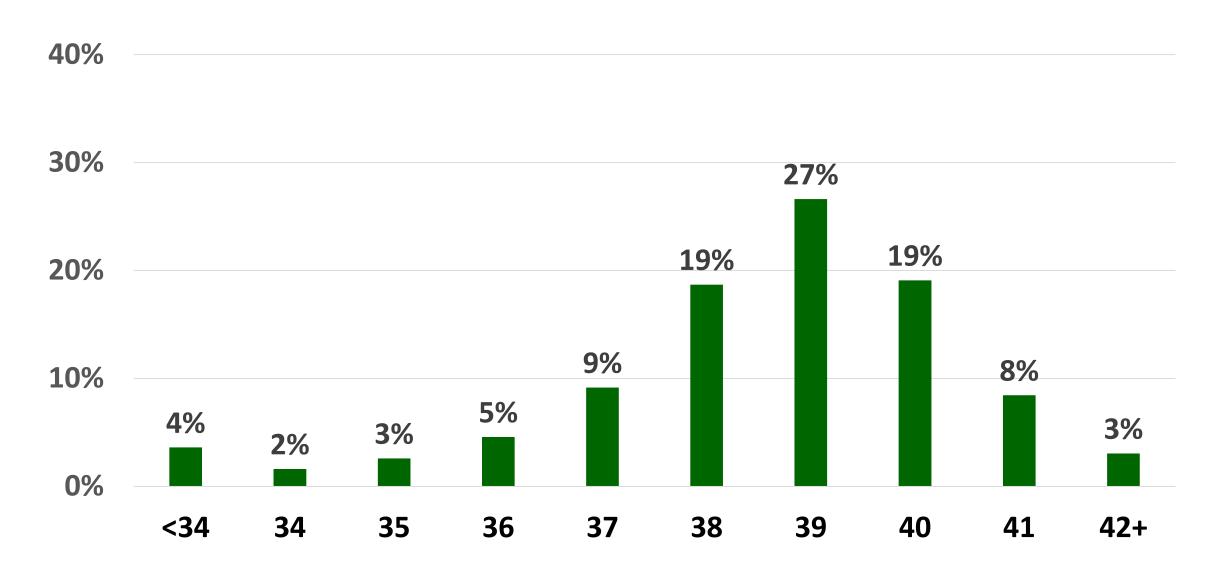


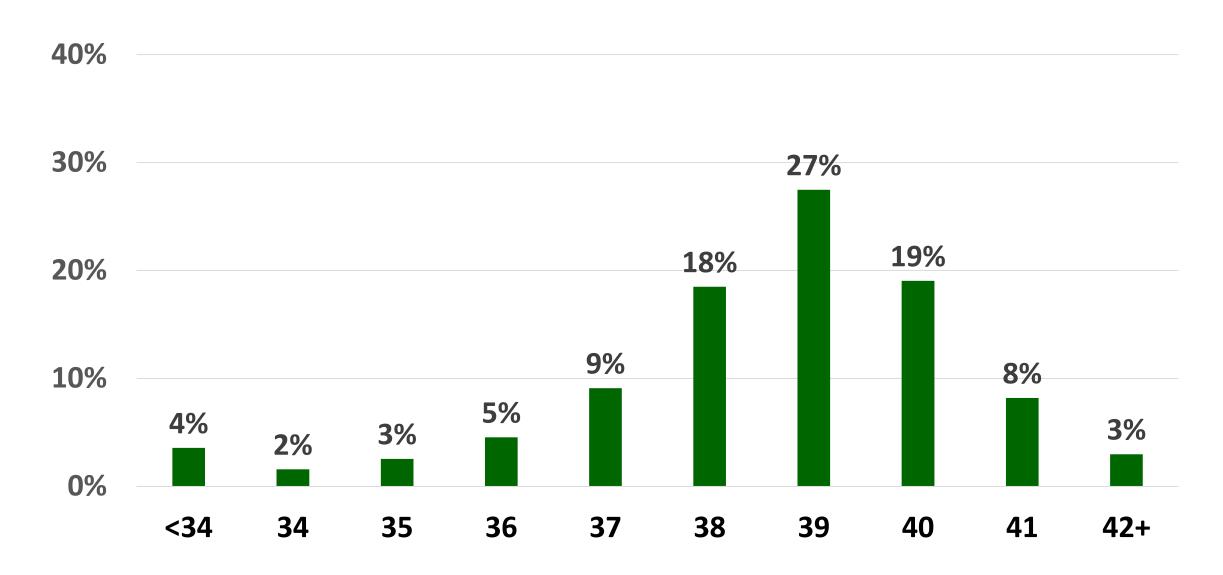


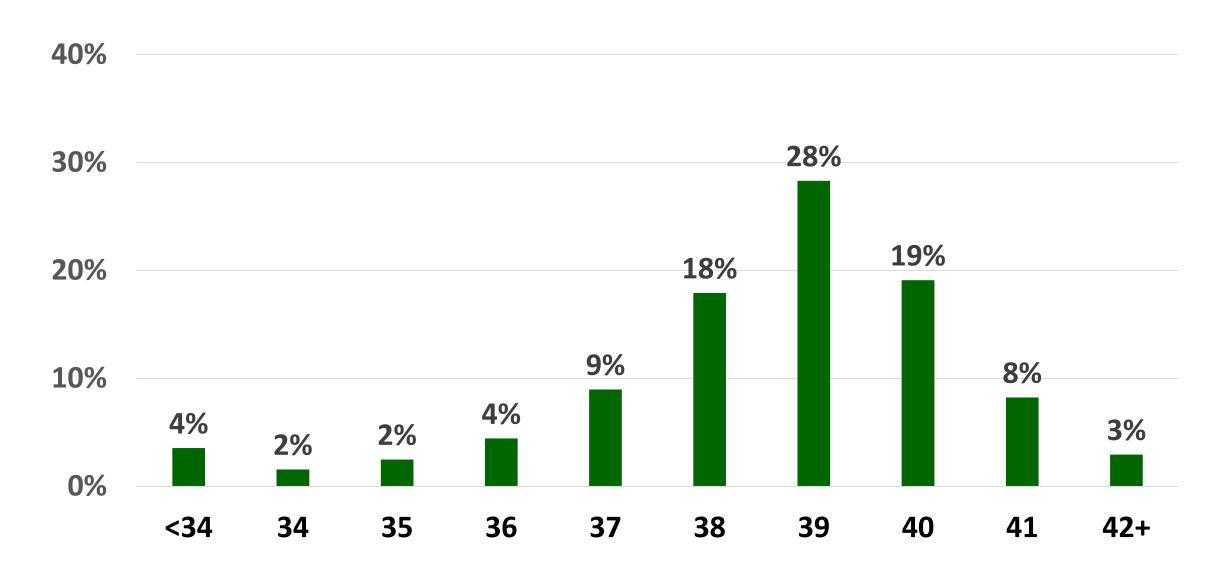


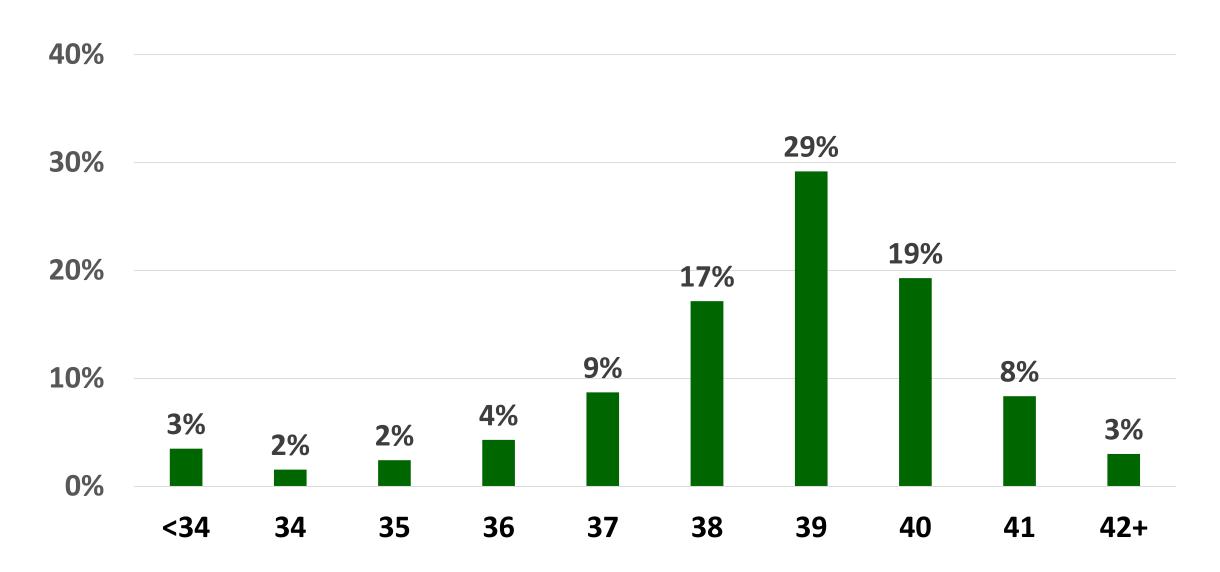


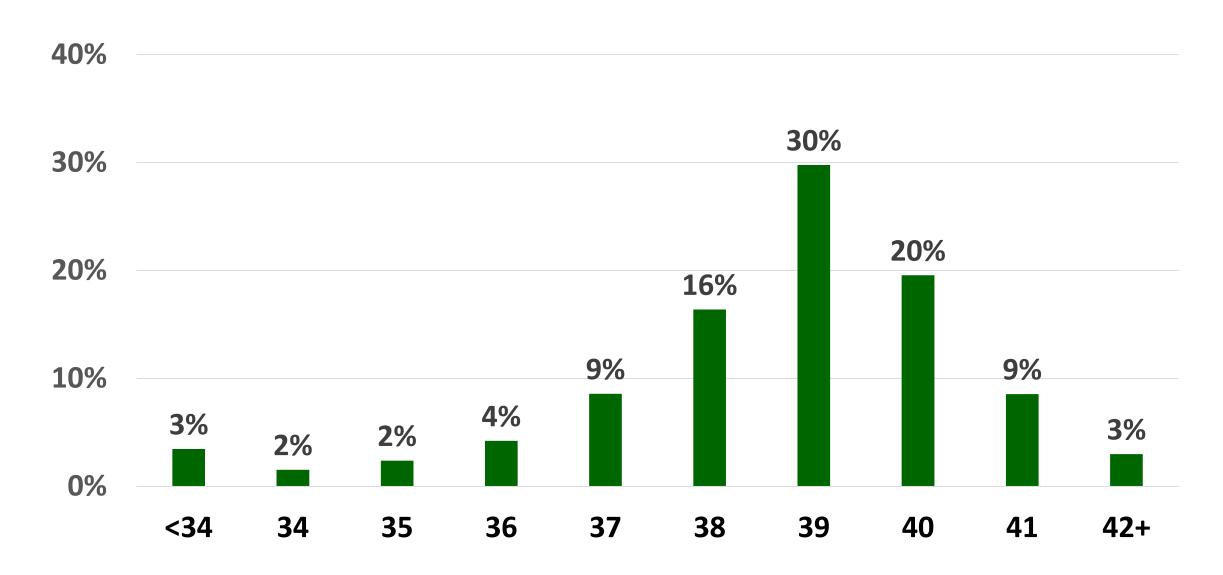


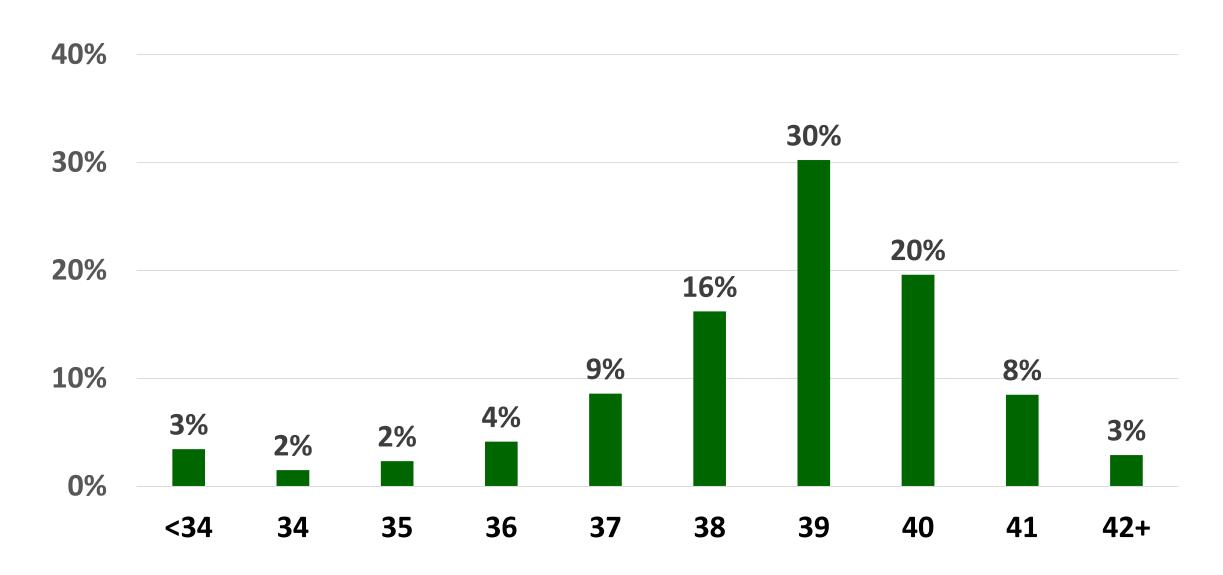


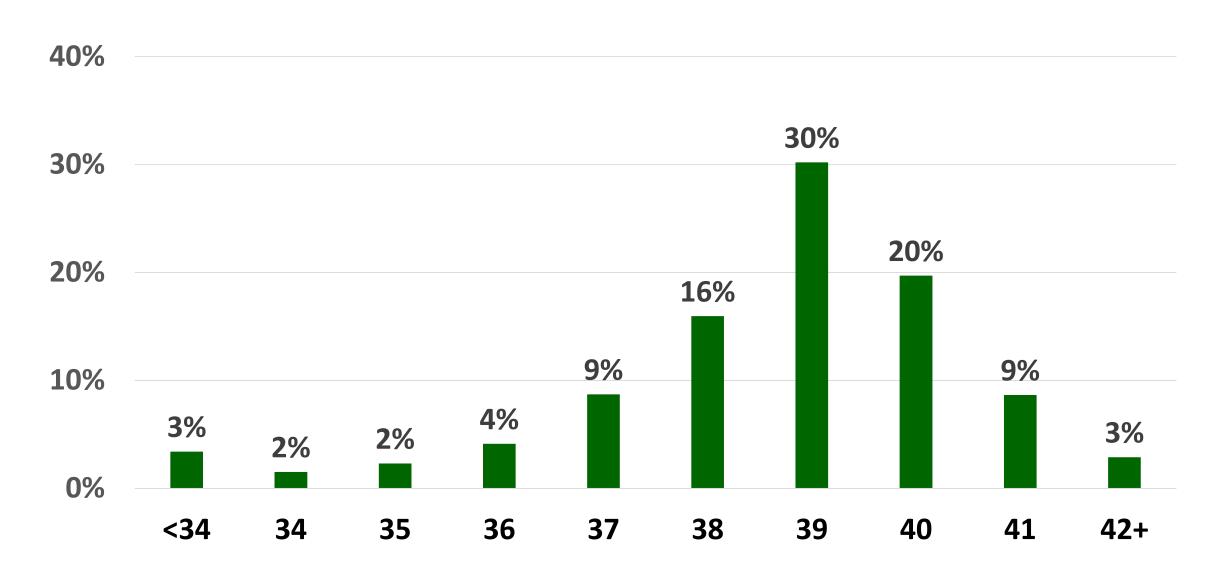


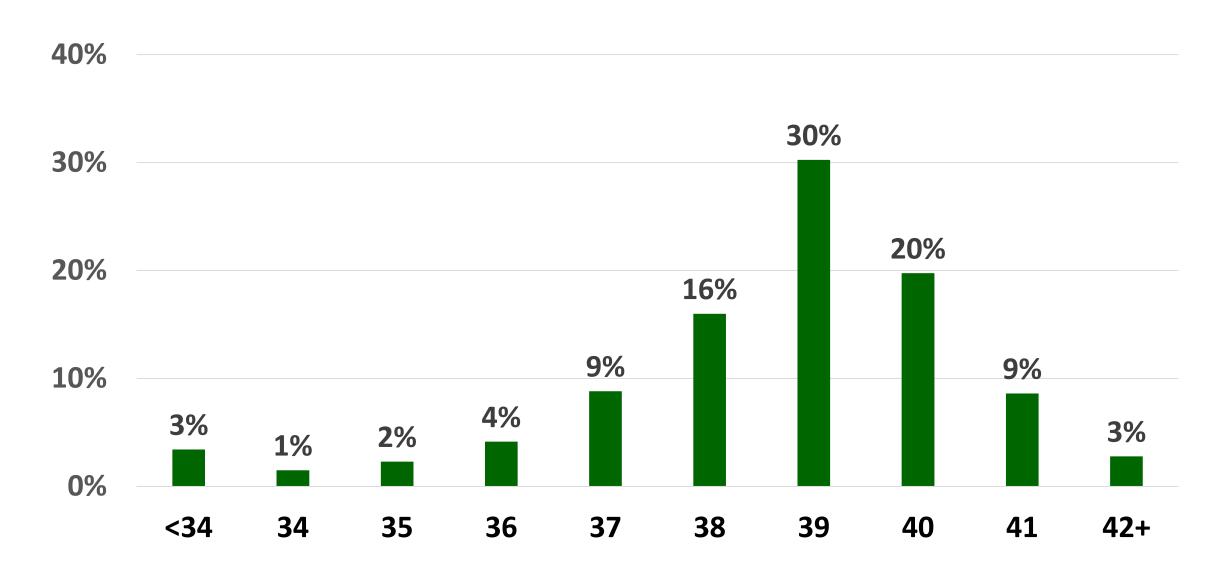


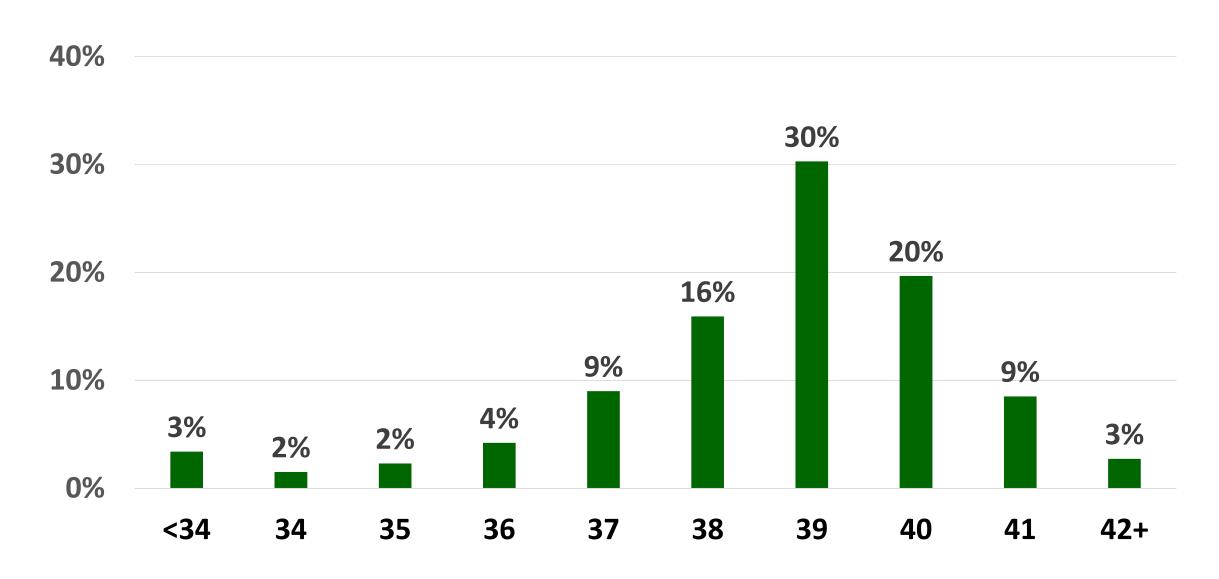


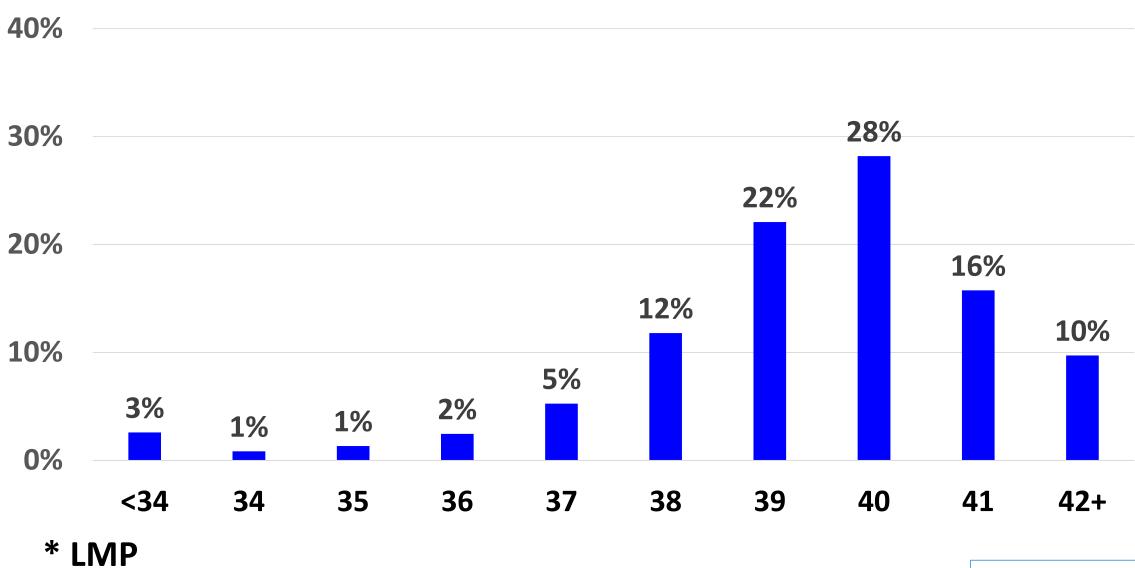


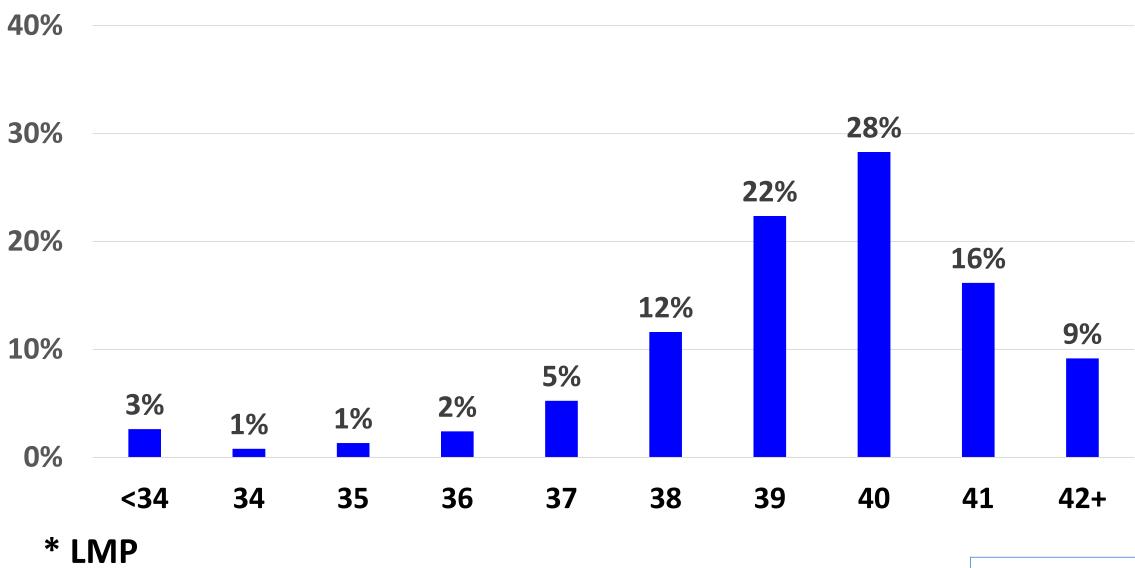


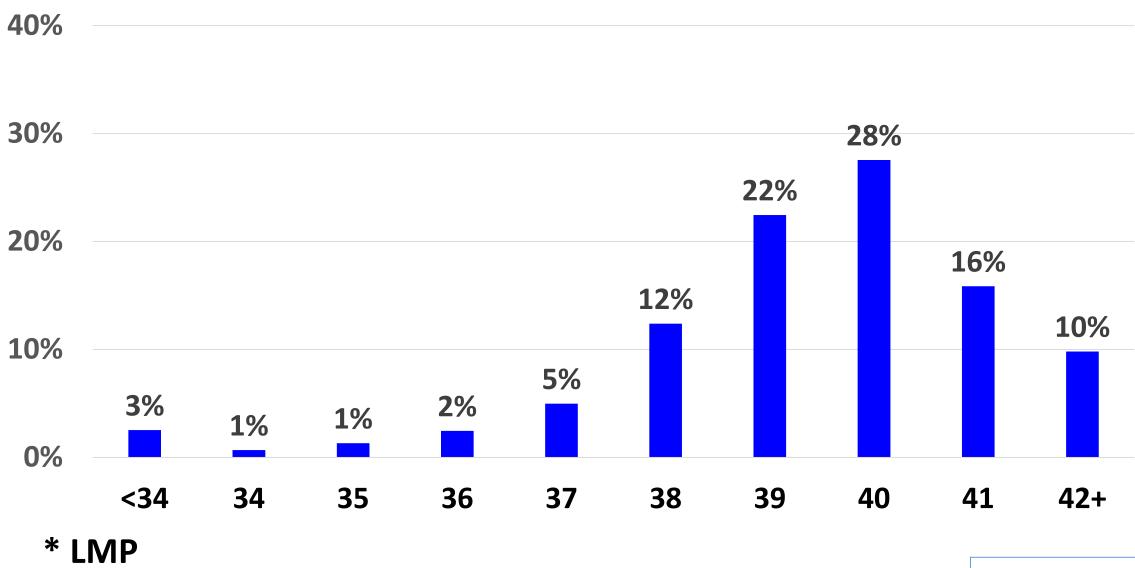


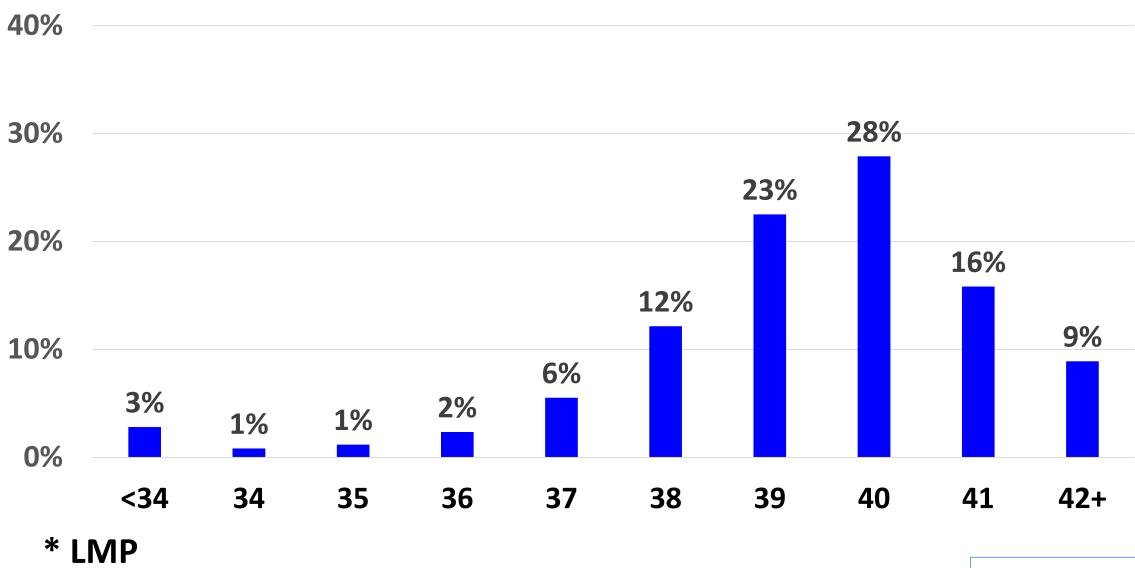


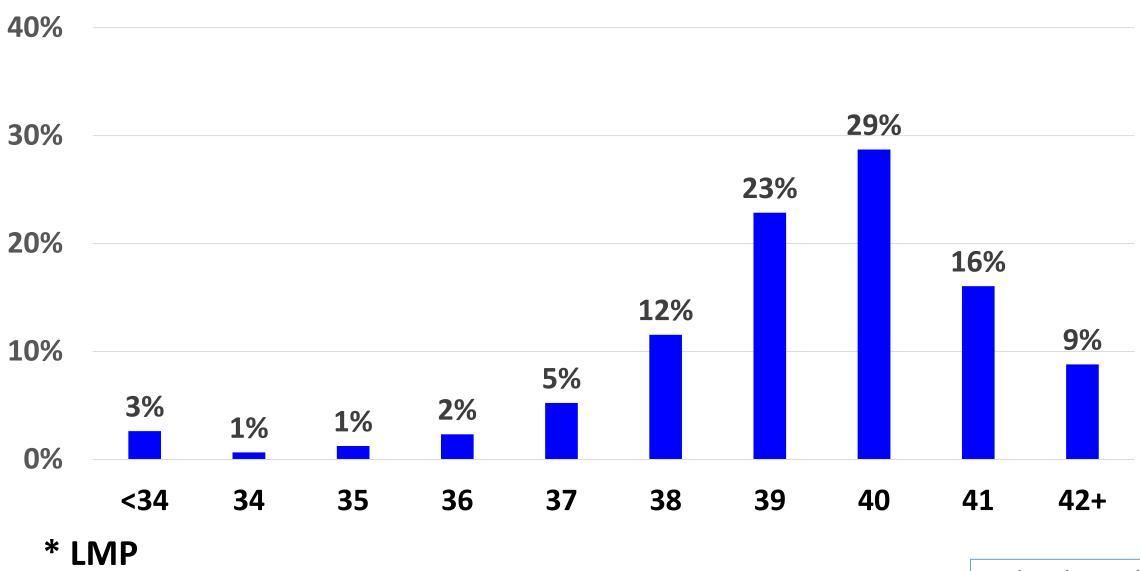


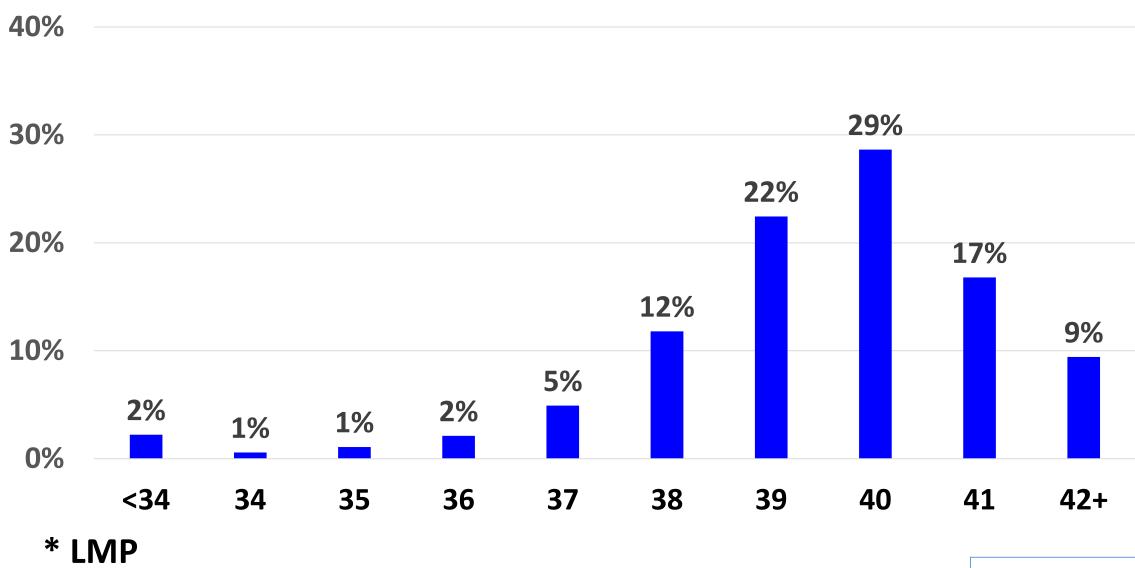


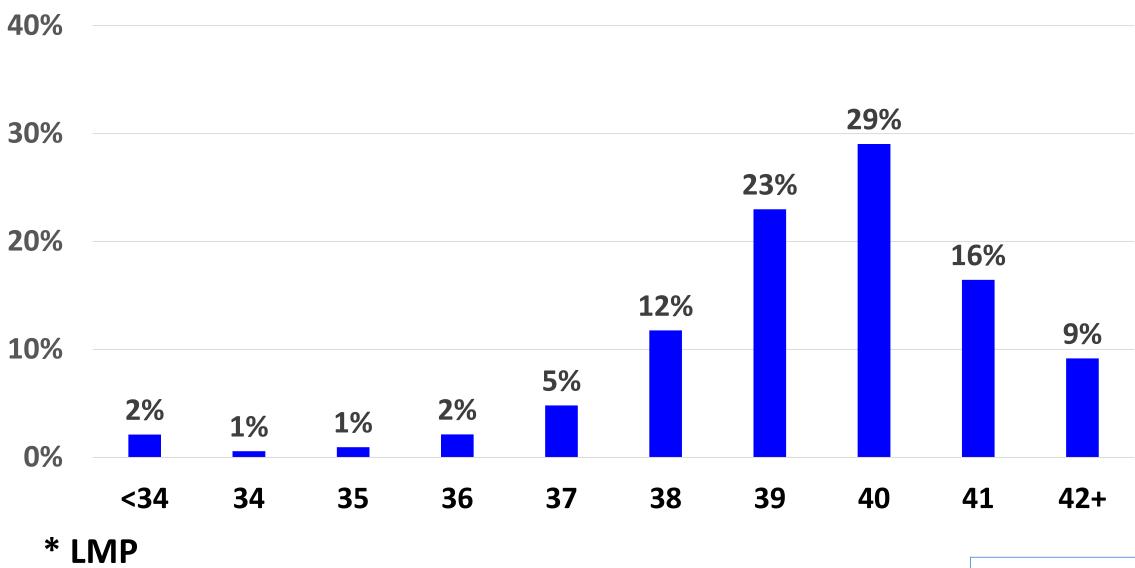


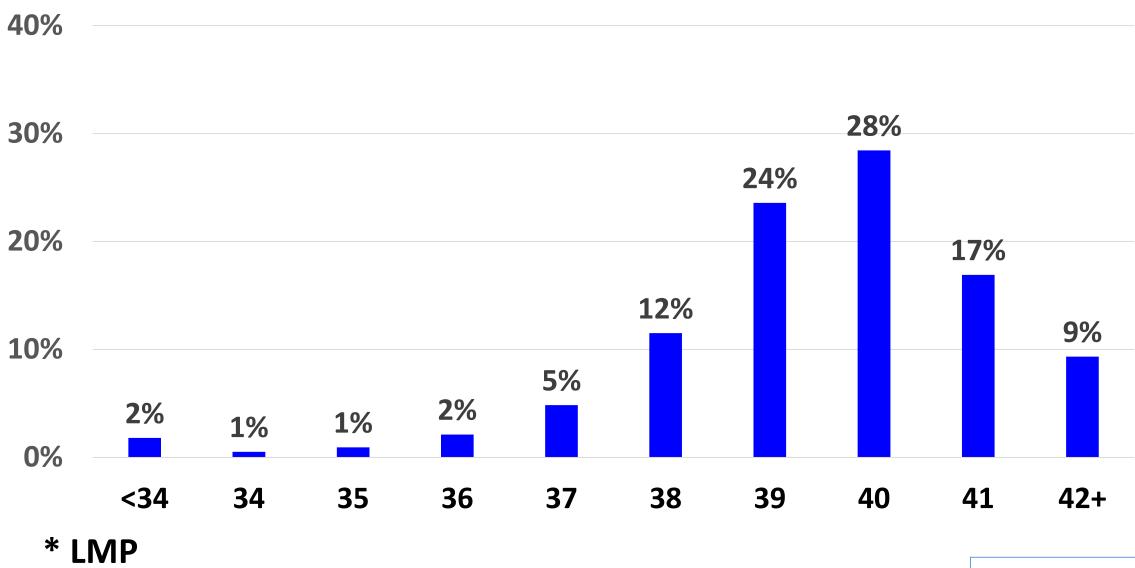


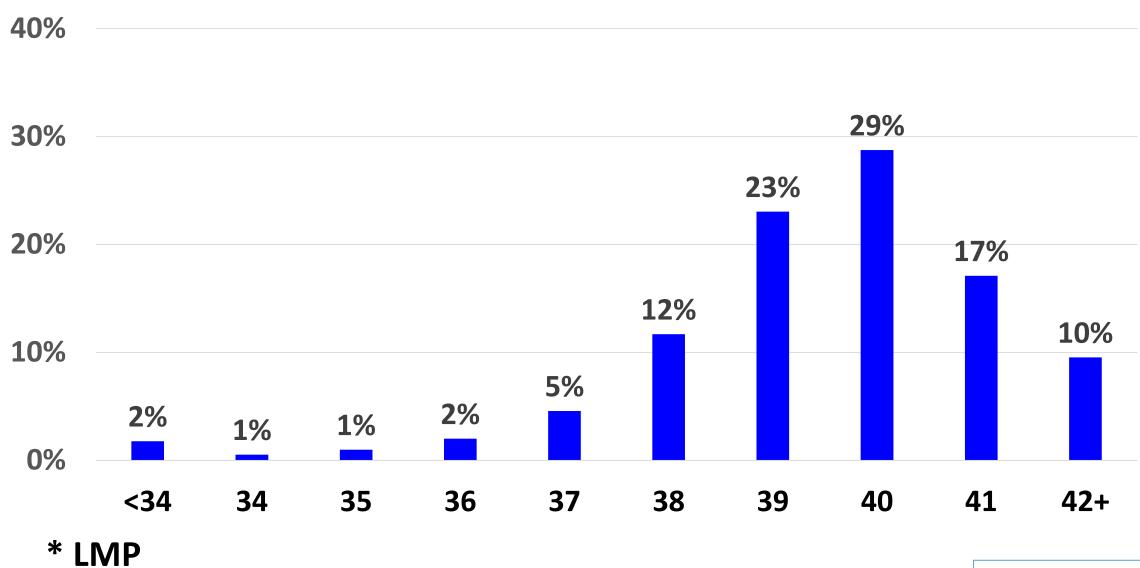


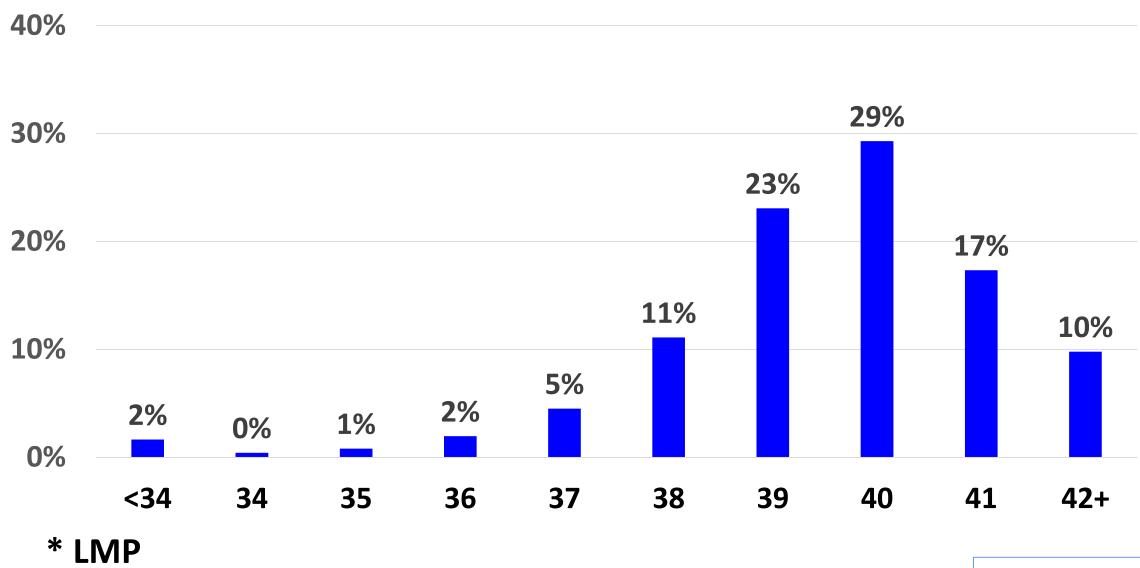


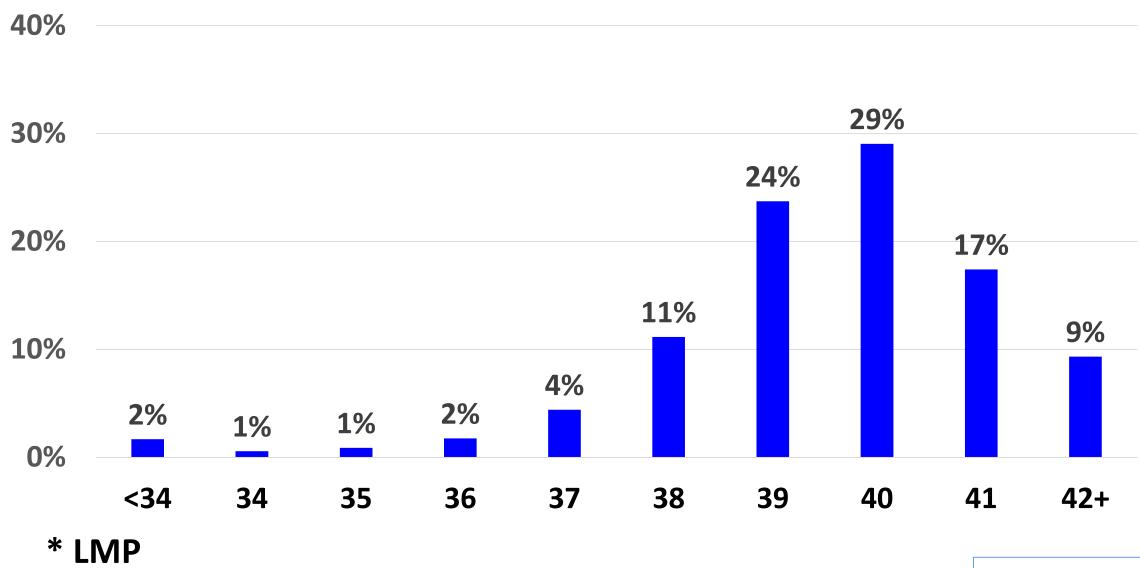


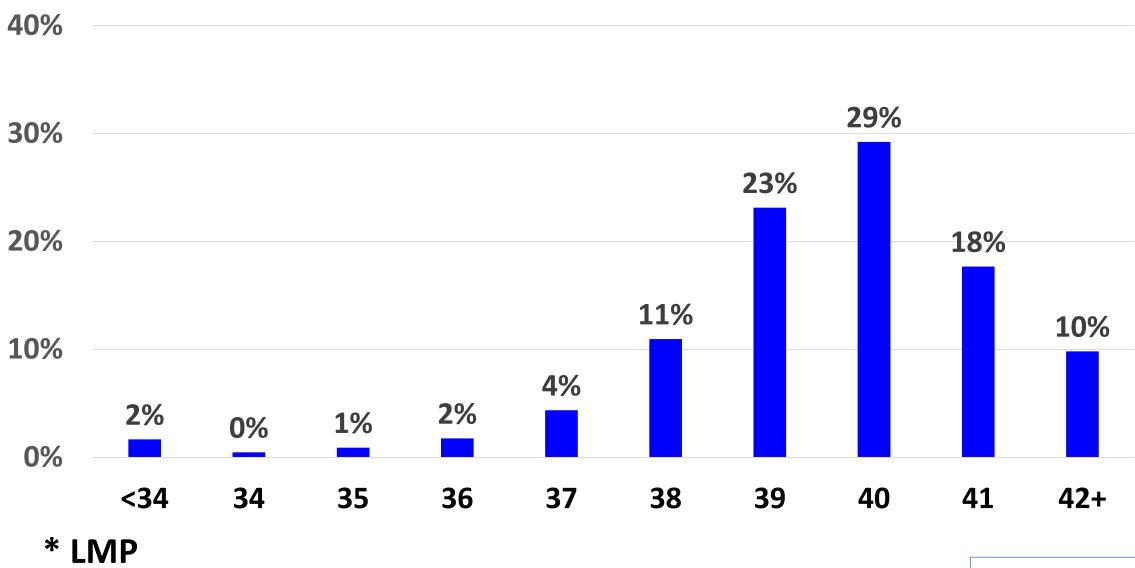


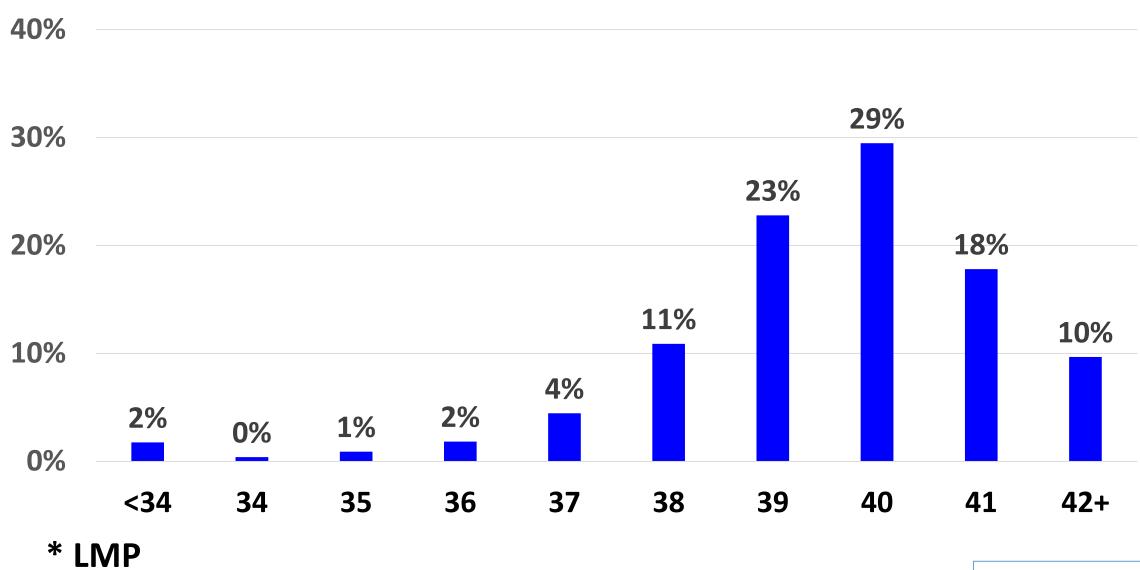


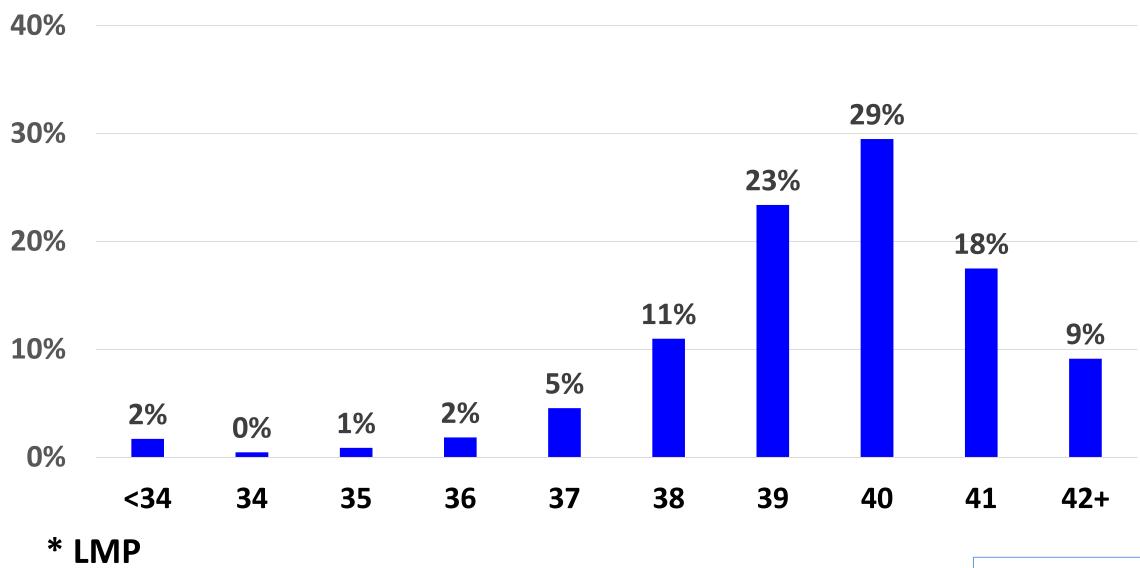




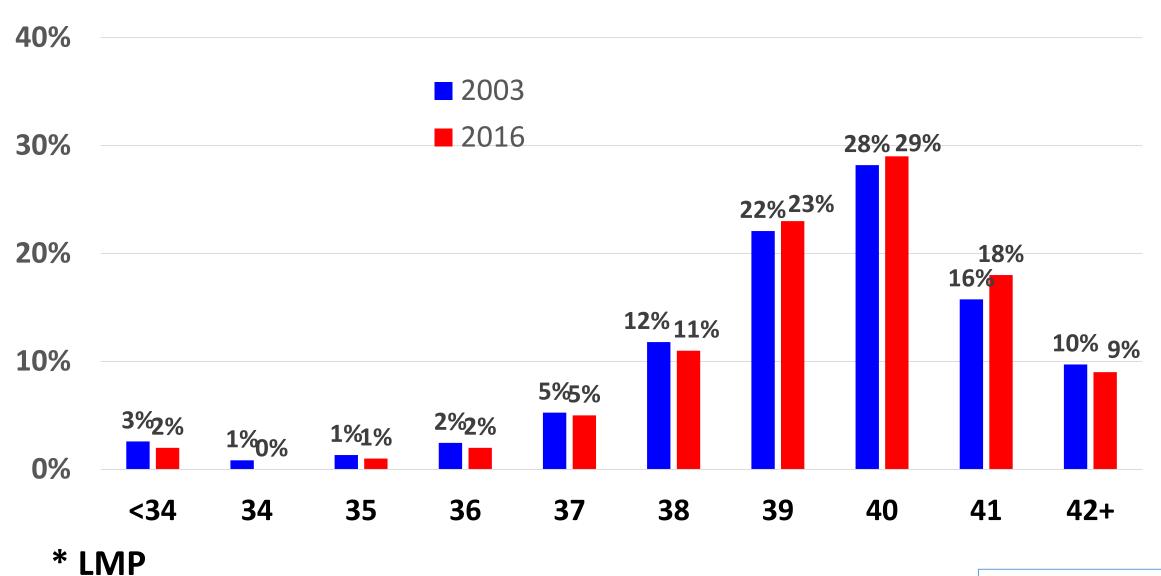








#### Gestational Age\*, U. S., Home Births, 2003 & 2016



# Politically we're at a point where people are divided and repeatedly talking past each other.

Sense of two worlds with each having their own reality.

Is there a parallel in childbirth?

Much of the clinical world sees the solution to the problem of maternal mortality requiring more resources and greater levels of specialized care and medical intervention.

Many here at this conference see the overuse of intervention as the <u>problem</u> and not the solution.

It's not an internal battle, the media is heavily engaged in the issue....

### Pro Publica Series& NYT Mag.

Focus On Infants During Childbirth Leaves U.S. Moms In Danger

Nothing Protects Black Women From Dying in Pregnancy and Childbirth

How Many American Women Die

From Causes Related to Pregnancy NEW YORK TIMES MAGAZINE or Childbirth? No One Knows.

APRIL 19, 2018

How can maternal mortality become politicized?

# Recent Increases in the U.S. Maternal Mortality Rate

Disentangling Trends From Measurement Issues

Marian F. MacDorman, PhD, Eugene Declercq, PhD, Howard Cabral, PhD, and Christine Morton, PhD

RESULTS: The estimated maternal mortality rate (per 100,000 live births) for 48 states and Washington, DC (excluding California and Texas, analyzed separately) increased by 26.6%, from 18.8 in 2000 to 23.8 in 2014. California showed a declining trend, whereas Texas had a sudden increase in 2011–2012. Analysis of the measurement change suggests that U.S. rates in the early 2000s were higher than previously reported.

#### **Politicizing Maternal Mortality**

"While the authors would not say there was a direct relationship between the cuts and the rise in maternal deaths, we think...."

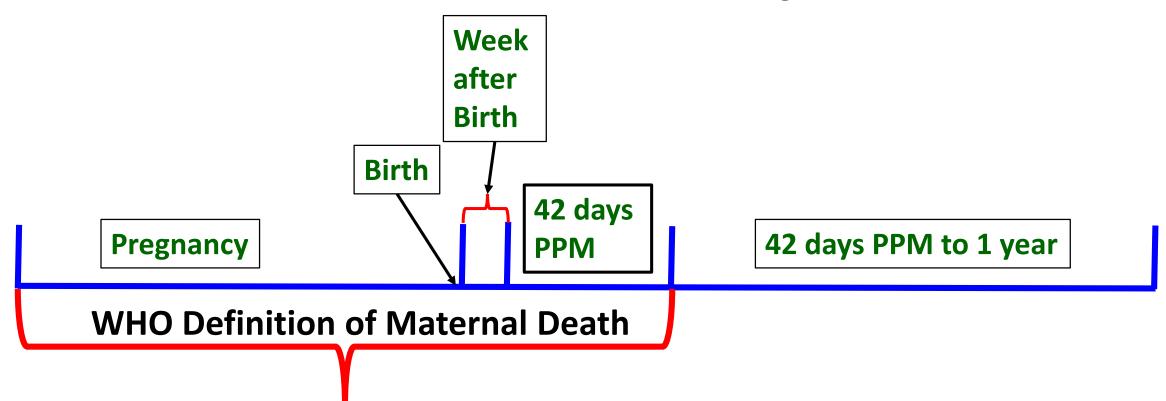
### Can we at least find agreement on the status of maternal mortality in the U.S at this time?

Sort of, but that may not be the point. First, the sort of....

#### **Definitions (in the U.S.)**

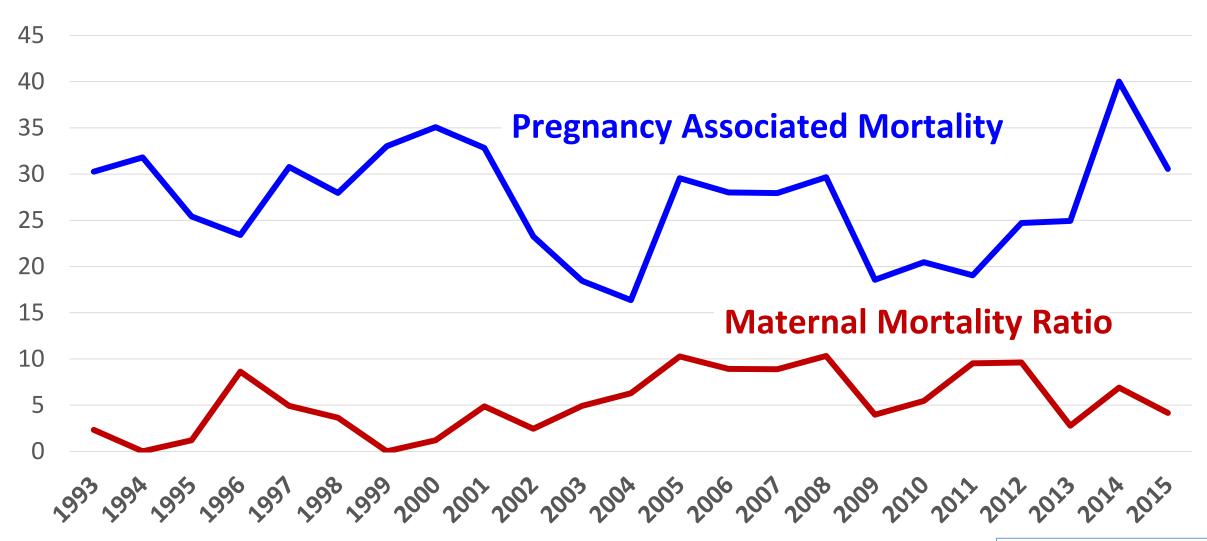
- Pregnancy Associated Death The death of a women while pregnant or within one year of termination of pregnancy, irrespective of cause. (WHO calls these "pregnancy related")
- **Pregnancy Related Death** the death of a woman during pregnancy or *within one year* of the end of pregnancy from a pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiologic effects of pregnancy.
- Maternal Mortality Ratio the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management but not from accidental or incidental causes. Typically reported as a ratio per 100,000 births.

#### **Timeline of Maternal Mortality Definition**



PPM – postpartum –period after the birth

# Massachusetts Maternal Deaths, (per 100,000), 1992-2015



Source: Mass DPH

			R uncertainty % UI)	Number of maternal	Lifetime risk of maternal death:°	
MDG region (in bold)	MMR <sup>a</sup>	Lower estimate	Upper estimate	deaths <sup>b</sup>	1 in	
World	216	207	249	303 000	180	
Developed regions <sup>d</sup>	12	11	14	1 700	4 900	
<b>Developing regions</b>	239	229	275	302 000	150	
Northern Africa <sup>e</sup>	70	56	92	3 100	450	
Sub-Saharan Africa <sup>f</sup>	546	511	652	201 000	36	
Eastern Asia <sup>9</sup>	27	23	33	4 800	2 300	
Eastern Asia excluding China	43	24	86	378	1 500	
Southern Asiah	176	153	216	66 000	210	
Southern Asia						
excluding India	180	147	249	21 000	190	
South-eastern Asiai	110	95	142	13 000	380	
Western Asia <sup>j</sup>	91	73	125	4 700	360	
Caucasus and Central Asia <sup>k</sup>	33	27	45	610	1 100	
Latin America and						
the Caribbean	67	64	77	7 300	670	
Latin America <sup>l</sup>	60	57	66	6 600	760	
Caribbean <sup>m</sup>	175	130	265	1 300	250	
Oceania <sup>n</sup>	187	95	381	500	150	

**MMR Estimates** (per 100,000), **Number of Deaths & Estimated Lifetime Risk** 

# Trends in

398

14

36

United

Republic of

United States

of America

Uzbekistan

Uruguay

Tanzania

Decrease is less a reflection of rovement and more a function of

2.4

18.4

8.0

0.9

2.2

13.0

0.7

0.7

1.2

45

3 800

3 300

1 000

26.3

0.9

1.2

4.0

Materna 1990 to			np he	
Estimates by WH and the United Na	UNFPA, World Bank Group llation Division	m	a	<u>t</u> (
	Range of MMR			

281

12

11

20

570

16

19

65

1990 to Estimates by WH and the United Na	O, UNICEF,	UNFPA, World	10 LV		difficulty ternal mo			
		Range o		Number of	Lifetime risk of maternal	% of AIDS- related indirect	Range uncertaint	of PM y (UI 80
Country and		Lower	Upper	maternal	death:d	maternal	Lower	Upp

		Range o	of MMR y (UI 80%)	Number of	Lifetime risk of maternal	% of AIDS- related indirect		_	of PM ty (UI 80%)
Country and territory	MMRb	Lower estimate	Upper estimate	maternal deaths <sup>c</sup>	death: <sup>d</sup>	maternal deaths	PM	Lower estimate	Upper estimate
United									

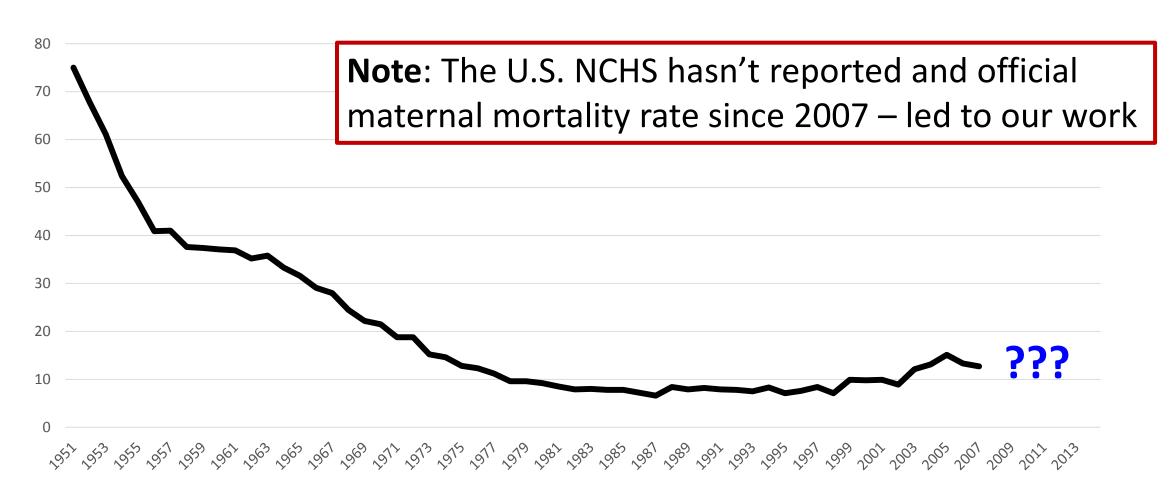
		Range o	of MMR y (UI 80%)	MR 80%) Number of maternal indirect				Range uncertaint	of PM ty (UI 80%
Country and territory	MMRb	Lower estimate	Upper estimate	maternal deaths <sup>c</sup>	death:d	maternal deaths <sup>e</sup>	PM	Lower estimate	Upper estimate
United Kingdom	9	8	11	74	5 800	_	0.8	0.6	0.9

8 200

550

240

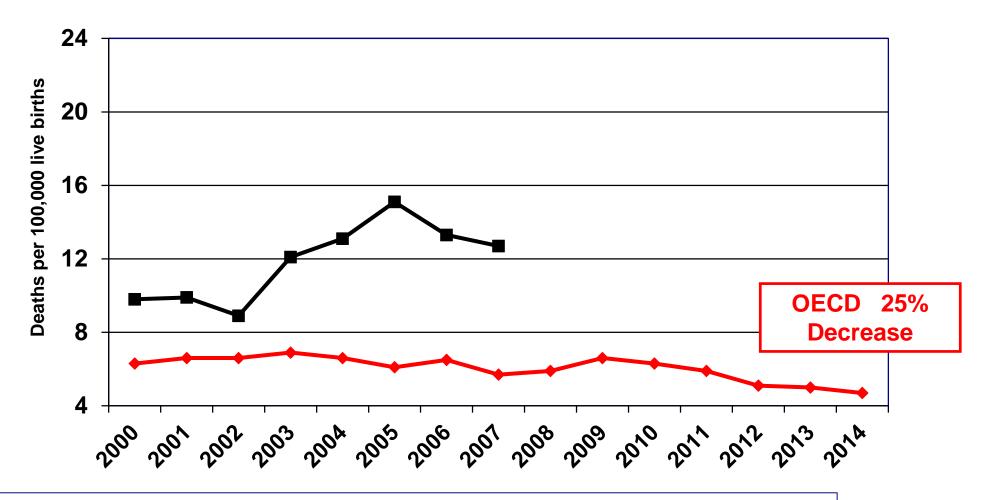
## U.S. Maternal Mortality (per 100,000 live births), 1951-2007



Source: NCHS. Deaths: Final Data. Annual Reports.

## After 2007 no official maternal mortality rate was available to use for monitoring

Maternal Mortality Ratios (per 100K births), 2000-2014, U.S. & Comparable Countries \*

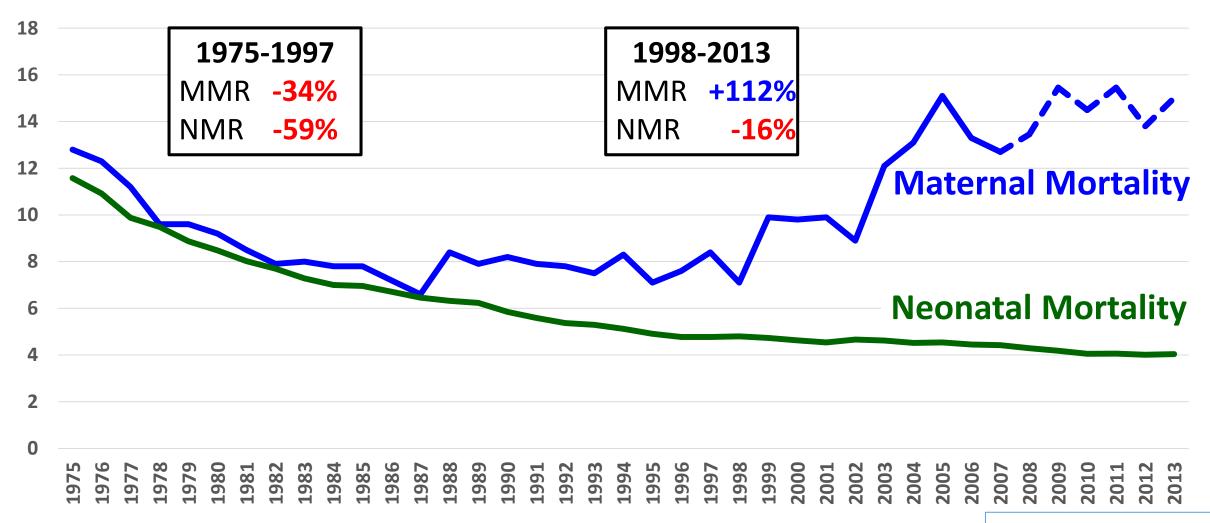


<sup>\*</sup> Countries with 300,000+ births (2014): Australia, Canada, France, Germany, Italy, Japan, S. Korea, Spain, United Kingdom

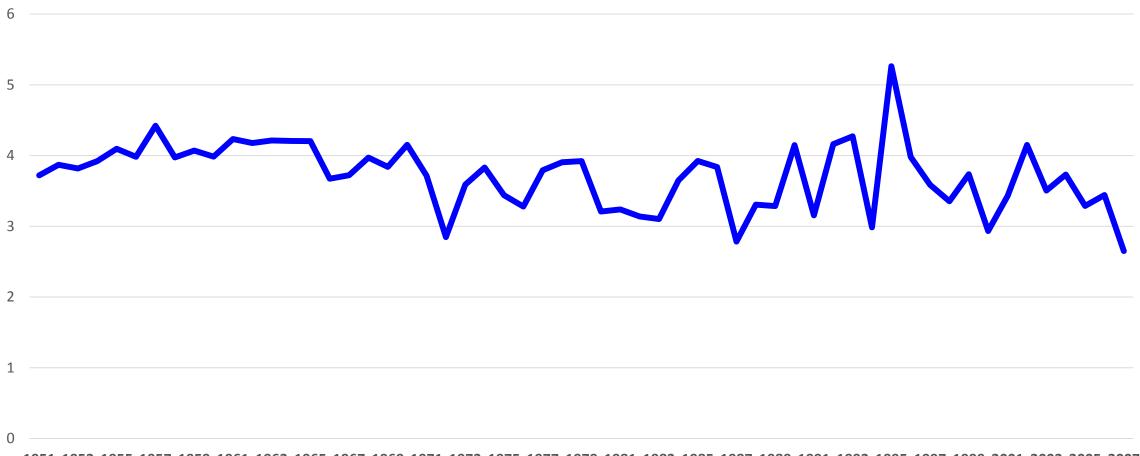
Sources: OECD Health Data 2018; NCHS. 2009. Deaths, Final Data, 2007.

#### Two More Problems with U.S. Maternal Mortality

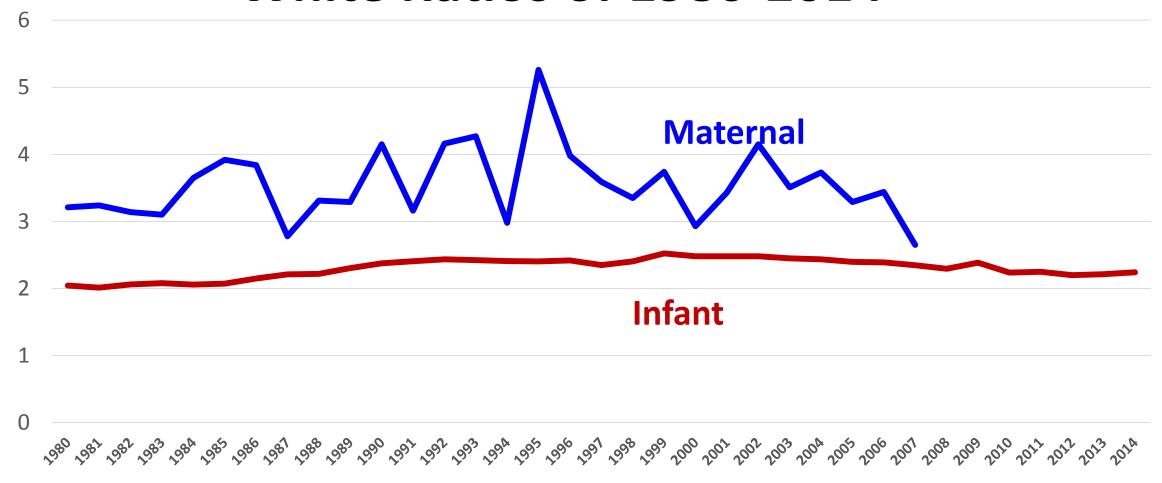
U.S. Maternal Mortality (per 100,000 live births) and Neonatal Mortality (per 1,000), 1975-2013



# U.S. Maternal Mortality Ratio of Black to White Rates 1951-2007



# U.S. Infant & Maternal Mortality Black to White Ratios of 1980-2014



# So has there been any way to monitor maternal death since 2007?

CDC and Pregnancy Related Mortality

#### **Pregnancy Mortality Surveillance System**



SEARCH Q

CDC A-Z INDEX Y

#### Reproductive Health

About Us  Data and Statistics  Emergency Preparedness  Maternal and Child Health Epidemiology Program  Pregnancy Risk Assessment Monitoring System  Infertility  Assisted Reproductive Technology (ART)	+ + + +
Emergency Preparedness  Maternal and Child Health Epidemiology Program  Pregnancy Risk Assessment Monitoring System  Infertility  Assisted Reproductive	+
Maternal and Child Health Epidemiology Program  Pregnancy Risk Assessment Monitoring System  Infertility  Assisted Reproductive	
Epidemiology Program  Pregnancy Risk Assessment Monitoring System  Infertility  Assisted Reproductive	+
Monitoring System Infertility Assisted Reproductive	
Assisted Reproductive	
	+
Depression Among Women	+
Maternal and Infant Health	-
Pregnancy Complications	+
Weight Gain During Pregnancy	
Tobacco Use and Pregnancy	+
Pregnancy-Related Deaths	-
Pregnancy Mortality Surveillance System	

Perinatal Quality

Collaboratives
Preterm Birth

CDC > Reproductive Health > Maternal and Infant Health > Pregnancy-Related Deaths

#### Pregnancy Mortality Surveillance System



When did CDC start conducting national surveillance of pregnancy-related deaths?

CDC initiated national surveillance of pregnancy-related deaths in 1986 because more clinical information was needed to fill data gaps about causes of maternal death.

#### How does CDC define pregnancy-related deaths?

For reporting purposes, a pregnancy-related death is defined as the death of a woman while pregnant or within 1 year of pregnancy termination—regardless of the duration or site of the pregnancy—from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes.

#### How are the data collected and coded?

Each year, CDC requests the 52 reporting areas (50 states, New York City, and Washington DC) to voluntarily send copies of death certificates for all women who died during pregnancy or within 1 year of pregnancy, and copies of the matching birth or fetal death certificates, if they have the ability to perform such record links. All of the information obtained is summarized, and medically trained epidemiologists determine the cause and time of death related to the pregnancy. Causes of death are coded by using a system established in 1986 by the American College of Obstetricians and Gynecologists and the Centers for Disease Control and Prevention Maternal Mortality Study Group.

#### How are the data used?

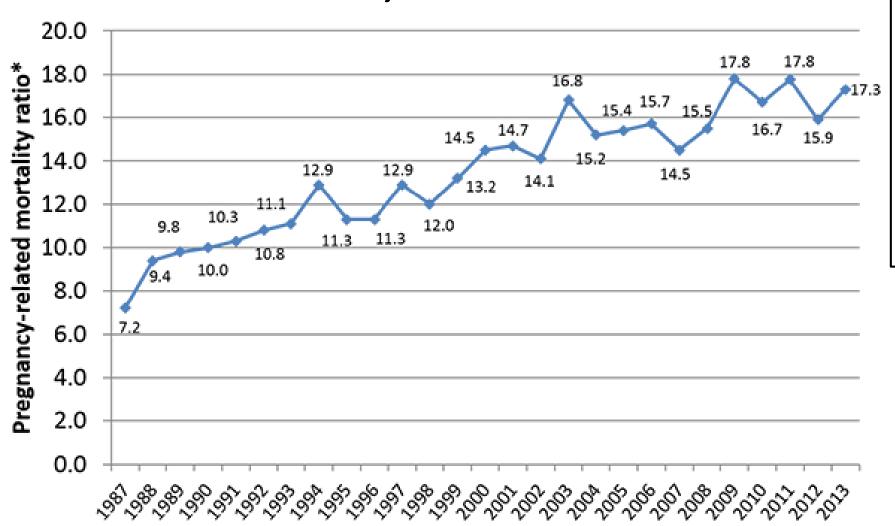
Data are analyzed by CDC scientists. Information about causes of pregnancy-related deaths and risk factors associated with these deaths is released periodically through peer-reviewed literature, CDC's Morbidity and Mortality Weekly Reports, and the CDC Web site. This information helps clinicians and public health professionals to better understand circumstances surrounding pregnancy-related deaths and to take appropriate actions to prevent BirthByTheNumbers.org



#### **Data for CDCs Pregnancy Related Mortality System**

Each year, CDC requests the 52 reporting areas (50 states, New York City, and Washington DC) to voluntarily send copies of death certificates for all women who died during pregnancy or within 1 year of pregnancy, and copies of the matching birth or fetal death certificates, if they have the ability to perform such record links. All of the information obtained is summarized, and medically trained epidemiologists determine the cause and time of death related to the pregnancy. Causes of death are coded by using a system established in 1986 by the American College of Obstetricians and Gynecologists and the Centers for Disease Control and Prevention Maternal Mortality Study Group.

## Pregnancy Related Mortality, U.S., 1987-2013



Rates for 2011-13:

L2.7 white women

43.5 black women

11.0 Hispanic

14.4 other races

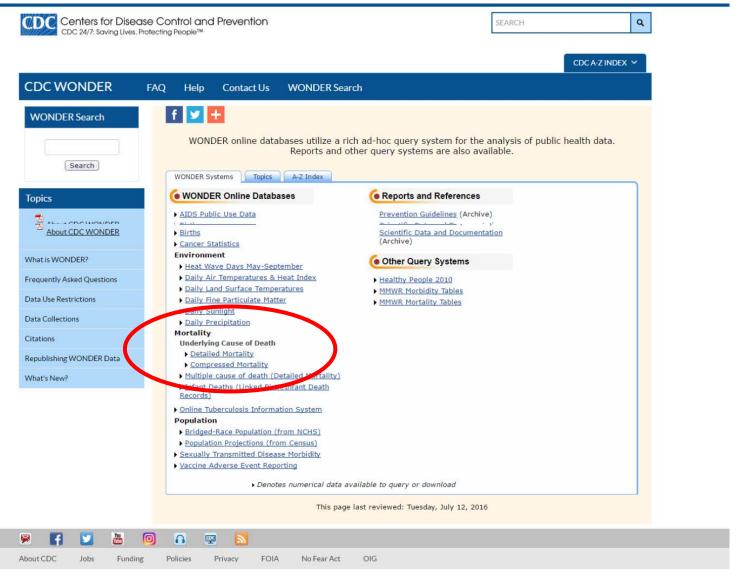
Source: CDC.

Creanga. Pregnancy-Related Mortality in the United States. *Obstet Gynecol 2017*.

**Racial Disparities** 

<sup>\*</sup>Note: Number of pregnancy-related deaths per 100,000 live births per year.

#### Alternative (Official & Public) Source— CDC Wonder



#### **Underlying cause of death**

Total maternal deaths (during pregnancy or within 42 days after the end of pregnancy) (A34, O00-O95, O98-O99)

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Total direct obstetric causes (A34, O00-O92)
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Pregnancy with abortive outcome (O00-O07)

Ectopic pregnancy (O00)

Hypertensive disorders (O10-O16)

Pre-existing hypertension (O10)

Eclampsia and pre-eclampsia (O11,O13-O16)

Obstetric Hemorrhage (O20,O43.2,O44-O46,O67,O71.0-O71.1, O71.3-O71.4,O71.7,O72)

Pregnancy-related infection (O23,O41.1,O75.3,O85,O86,O91)

Puerperal sepsis (O85)

Other obstetric complications (021-022,024-028,030-041.0, 041.8-043.1, 043.8-043.9,047--066,068-070,071.2, 071.5, 071.6,

071.8, 071.9,073,075.0-075.2,075.4-075.9,087-090,092)

Diabetes mellitus in pregnancy (O24)

Liver disorders in pregnancy (O26.6)

#### **Other specified pregnancy-related conditions (026.8)**

Obstetric embolism (O88)

Cardiomyopathy in the puerperium (O90.3)

Anesthesia-related complications (O29,O74,O89)

#### **Total indirect causes** (O98-O99)

Mental disorders and diseases of the nervous system (O99.3)

Diseases of the circulatory system (O99.4)

Diseases of the respiratory system (O99.5)

#### Other specified diseases and conditions (099.8)

**Obstetric death of unspecified cause (095)** 

Late maternal causes (43 days-1 year after the end of pregnancy) (O96-O97)

## Maternal Death ICD-10 Codes

BirthByTheNumbers.org

	LOC	AL FILE NO.						CERTIFICA					E FILE NO.			
ſ		DECEDENT'S LEGAL	L NAME (Inc	lude AKA's it	any) (First, M	fiddle, Last	)		2	SEX	3. SOCIAL SEC	URIT	Y NUMBER			
		4a. AGE-Last Birthday	4b. UNDER	1 YEAR	4c. UNDER	1 DAY	5. DATE	E OF BIRTH (M	lo/Day	ryr) 6. BIRTHE	PLACE (City and	State	or Foreign Cou	ntry)		
		(Years)	Months	Days	Hours 1	Minutes	1									
		7a. RESIDENCE-STATE	E		7b. COUNT	Υ			7c.	CITY OR TOW	N					
									L							
		7d. STREET AND NUM				7e. APT		7f. ZIP COD					NSIDE CITY LIN			
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		11. FATHER'S NAME (	Time Middle		d □ Never M	larried 🗆 U	Inknown		1	MOTUEDIO	NAME PRIOR TO	0.00	CT MADDIACE	(First	Made Lea	
	ř	II. PATREKS NAME (	r iist, middle,	Lasty					"	z. MOTHERS	NAME PRIOR I	OTIN	JI MARKINGE	(i ii si	, iviluule, Lasi	9
5	S ille	13a. INFORMANT'S NA	ME	13b. RE	LATIONSHIP	TO DECE	DENT		1	3c. MAILING A	DDRESS (Street	and	Number, City, S	tate, Z	Zip Code)	
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, or my		18. METHOD OF DISPO				19. PL	ACE OF	DISPOSITION	(Nam	e of cemetery,	crematory, other	place	)	-		
		□ Donation □ Entor □ Other (Specify):			State											
1		20. LOCATION-CITY, T	FOWN, AND	STATE		21. NAM	E AND C	OMPLETE ADD	DRES	S OF FUNERA	L FACILITY					
		22. SIGNATURE OF FU	INERAL SER	VICE LICEN	SEE OR OTH	IER AGEN	Т						23.	LICE	NSE NUMBE	R (Of Licensee)
ſ		ITEMS 24-28 MUS WHO PRONOUNG				SON	24. 1	DATE PRONOI	UNCE	D DEAD (Mo/E	Day/Yr)				25. TIME P	RONOUNCED DE
		26. SIGNATURE OF PE				when appli	icable)		27.	LICENSE NUM	IBER		2	8. DA	TE SIGNED	(Mo/Day/Yr)
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				CAUS	E OF DE	ATH (See	e instru	actions and	1 ex	amples)		$\perp$				Approximate
		32. PART I. Enter the	chain of eve	ntsdisease:	s. injuries, or o	complication	nsthat di	irectly caused ti	he de	ath. DO NOT e	enter terminal eve	ents s	uch as cardiac			interval: Onset to death
		arrest, respiratory lines if necessary.	arrest, or ver	inicular norm	ation williout:	anowing the	enology.	DO NOT ADD	NCE VI	ATC. CITE OIL	ly one cause on a	mie.	Aud auditional			
		IMMEDIATE CAUSE (I disease or condition —	Final													
		resulting in death)				Due to (o	r as a cor	nsequence of):								
		Sequentially list conditi if any, leading to the co	ions, b ause			Due to (o	or as a cor	nsequence of):								
		if any, leading to the co listed on line a. Enter t UNDERLYING CAUSE	the E c													
		(disease or injury that initiated the events res	sulting			Due to (d	or as a co	nsequence of):								
		in death) LAST	d													
		PART II. Enter other sig	nificant condi	tions contrib	uting to death	but not res	ulting in ti	he underlying c	ause	given in PART	1		33. WAS AN A	Yes	□ No	
													COMPLETE TH	TOPS HE CA	Y FINDINGS USE OF DEA	AVAILABLE TO ATH?   Yes   N
	÷.e.	35. DID TOBACCO US TO DEATH?	E CONTRIB		F FEMALE: Not pregnan	nt within nas	stvear				37. MANNER O	F DE	ATH			
ľ	TE	□ Yes□ Probabl	lu		Pregnant at						□ Natural I	□ Ho	micide			
ľ	CE				-			. 40 days of day			□ Accident	□ Pe	nding Investigati	ion		
ľ	To Be Completed By: MEDICAL CERTIFIER	□ No □ Unknow	vn					n 42 days of dea ays to 1 year be			□ Suicide	□ Co	uld not be deten	mined	ı	
ŀ	2 ₩								nore c	Jean I						
		38. DATE OF INJURY	39. TI		Unknown if	o. PLAGE	or insor	past year < r (e.g., pecec	enn s	nome, construc	tion site; restaura	ant; w	ooded area)			RY AT WORK?
		(Mo/Day/Yr) (Spell Mo	ontn)													Yes □ No
		42. LOCATION OF INJU	JRY: State:				City or	Town:								
		Street & Number: 43. DESCRIBE HOW IN	III IBV OCCI	IDDED:						Apartment I	No.:		Zip Code	e:	TATION IN II	JRY, SPECIFY:
		40. DESCRIBE NOW III	BOILT COCC	JIGICED.									□ Driver/Oper	rator	TATION INCO	art, or con 1.
													☐ Passenger ☐ Pedestrian			
		45. CERTIFIER (Check of	only one):										□ Other (Spe	cify)		
		☐ Certifying physicia	n-To the best													
		□ Pronouncing & Cer □ Medical Examiner/0													s) and manne	er stated.
		Signature of certifier														
		46. NAME, ADDRESS,	AND ZIP COI	DE OF PERS	SON COMPLE	ETING CAU	JSE OF D	EATH (Item 32)	)							
		47. TITLE OF CERTIFIE	ER 48. LIC	CENSE NUM	BER	49.	DATE CE	ERTIFIED (Mol	Day/\	(r)		50. F	FOR REGISTRA	AR ON	ILY- DATE FI	ILED (Mo/Day/Yr)
+	_	51. DECEDENT'S EDU	CATION-Che	ck the box				ORIGIN? Che		box	53. DECEDENT	'S R/	ICE (Check one	or mo	ore races to in	ndicate what the
		that best describes the h school completed at the	ighest degree time of death	e or level of				the decedent i heck the "No" b			decedent co	nside	red himself or h	erself	to be)	
		□ 8th grade or less			decede	nt is not Sp	anisn/His	panic/Latino.			☐ Black or Afric ☐ American Ind	lian o	r Alaska Native			
		□ 9th - 12th grade; no d			□ No, not S	Spanish/His	panic/Lat	ino					lled or principal	tribe)		
١,	&	<ul> <li>High school graduate</li> <li>Some college credit.</li> </ul>			□ Yes, Me	xican, Mexi	can Amer	ican, Chicano			Asian Indian Chinese Filipino Japanese					
	REC	Associate degree (e.)		-	□ Yes, Pue	erto Rican					□ Korean □ Vietnamese					
1	Completed By:	Bachelor's degree (e.		BS)	□ Yes, Cub	ban					Other Asian (     Native Hawa     Guamanian c					
1	To Be Comp	<ul> <li>Master's degree (e.g. MEd, MSW, MBA)</li> </ul>	, MA, MS, M	Eng.	Yes, oth		Hispanic/	Latino			<ul> <li>□ Guamanian o</li> <li>□ Samoan</li> <li>□ Other Pacific</li> </ul>					
	2 €				(Specify						Other (Specif					
		<ul> <li>Doctorate (e.g., PhD, Professional degree DVM, LLB, JD)</li> </ul>	(e.g., MD, DE	JS,												
		54. DECEDENT'S USUA	AL OCCUPA	TION (Indica	te type of wor	k done duri	ng most o	of working life. D	00 N	OT USE RETIR	ED).					
		55. KIND OF BUSINESS	S/INDUSTRY	,												
⊢	_															

#### Revised (2003) U.S. Standard **Certificate of Death**

#### PART II (Other significant conditions)

- •Enter all diseases or conditions contributing to death that were not reported in the chain of events in Part I and that did not result in the underlying cause of death. See attached examples.
- •If two or more possible sequences resulted in death, or if two conditions seem to have added together, report in Part I the one that, in your opinion, most directly caused death. Report in Part II the other conditions or diseases.

#### CHANGES TO CAUSE OF DEATH

Should additional medical information or autopsy findings become available that would change the cause of death originally reported, the original death certificate should be amended by the certifying physician by immediately reporting the revised cause of death to the State Vital Records Office.

#### ITEMS 33-34 - AUTOPSY

- •33 Enter "Yes" if either a partial or full autopsy was performed. Otherwise enter "No."
- •34 Enter "Yes" if autopsy findings were available to complete the cause of death; otherwise enter "No". Leave item blank if no autopsy was performed.

#### ITEM 35 - DID TOBACCO USE CONTRIBUTE TO DEATH?

Check "yes" if, in your opinion, the use of tobacco contributed to death. Tobacco use may contribute to deaths due to a wide variety of diseases; for example, tobacco use contributes to many deaths due to emphysema or lung cancer and some heart disease and cancers of the head and neck. Check "no" if, in your clinical judgment, tobacco use did not contribute to this particular death.

ITEM 36 - IF FEMALE, WAS DECEDENT PREGNANT AT TIME OF DEATH OR WITHIN PAST YEAR? This information is important in determining pregnancy-related mortality.

#### ITEM 37 - MANNER OF DEATH

- Always check Manner of Death, which is important: 1) in determining accurate causes of death; 2) in processing insurance claims; and 3) in statistical studies of injuries and death.
- •Indicate "Pending investigation" if the manner of death cannot be determined whether due to an accident, suicide, or homicide within the statutory time limit for filing the death certificate. This should be changed later to one of the other terms.
- Indicaté "Could not be Determined" ONLY when it is impossible to determine the manner of death.

#### To improve case identification:

#### U.S. Standard Pregnancy Question, 2003 (sort of)

Checkbox format:
IF FEMALE:
□Not pregnant within past year
☐Pregnant at time of death
□Not pregnant, but pregnant within 42 days of death
□Not pregnant, but pregnant 43 days to 1 year before death
☐Unknown if pregnant within the past year

Meant to solve 2
problems:
(1) Most states had
no such question;
and
(2) Different
questions used in
different states

Table III. Separate questions rel	ated to pregnancy on state certificates in 2003		
Alabama	Was there a pregnancy in last 42 days? (Specify Yes, No, or Unknown)		_
California	If female, pregnant in last year? ☐ Yes ☐ No ☐ Unknown		
Florida	If female, was there a pregnancy in the past 3 months? —— Yes —— No If female aged 10-54:		
Idaho		ast year	
Illinois	, , , ,		
	Was decedent pregnant or 90 days postpartum? (Yes or no)		
	If female, was there a pregnancy in the past 12 months? (Specify yes or no)	Timo	noriode used:
•	If female, was there a pregnancy in the past 12 months? ☐ Yes ☐ No	1111111	periods used:
Louisiana	If deceased was female 10–49, was she pregnant in the last 90 days? □ Yes □ No □ Unknown		40.1
	If female:		<b>42 days</b> ;
Mandand	Was decedent pregnant in the past 12 months? ☐ Yes ☐ No ☐ Unknown		
Maryland			6 weeks;
	Was female pregnant: At death? yes no unknown		o weeks,
Minnesota	In last 12 months? yes no unknown		
Mississippi			3 months;
Missouri	If deceased was female 10–49, was she pregnant in the last 90 days? ☐ Yes ☐ No ☐ Unknown		,
Wild Court of the	If female:		90 days;
	□ not pregnant within past year □ not pregnant but pregnant with 42 days of death		ouays,
	□ not pregnant but pregnant 43 days to 1 year before death □ pregnant at time of death □ unknown if pregnant within past year		12 mos;
Nebraska	If female, was there a pregnancy in the past 3 months? □ Yes □ No		
New Jersey	If female, was she pregnant at death, or any time 90 days prior to death? ☐ Yes ☐ No		'last year"
New Mexico	Was decedent pregnant within last 6 weeks? ☐ Yes ☐ No		iast year
	If female:		
New York City	□ not pregnant within 1 year of death □ pregnant at time of death □ not pregnant at death, but pregnant within 42 □ not pregnant at death, but pregnant 43 days to 1 year before death □ unknown if pregnant within 1 year of death Also have date of outcome, so could compute intervals if needed.	days of deat	1
Now York State	If female:  ☐ not pregnant within last year ☐ pregnant at time of death ☐ not pregnant, but pregnant within 42 days of death ☐ not pregnant, but pregnant 43 days to 1 year before death ☐ unknown if pregnant within past year  Also have date of delivery, so could compute intervals if needed.		Hoyert . Maternal Mortality ated Concepts. NCHS. Vital
	Was deceased pregnant within 18 months of death? □ Yes □ No	Health S	tat 3(33). 2007. p.12.
	Was deceased pregnant within 16 months of death □ Yes □ No □ Unknown		( - /
IGAGS	was decedent pregnant at time of death □ fes □ No □ Onknown within last 12 months □ Yes □ No □ Unknown		
Virginia	If female, was there a pregnancy in past 3 months? ☐ Yes ☐ No ☐ Unknown		BirthByTheNumbers.org

	New Adopters*	Total
2003	4	4
2004	7	11
2005	7	18
2006	4	22
2007	2	24
2008	7	31
2009	0	31
2010	4	35
2011	2	37
2012	4	41
2013	1	42
2014	5	47
2015	2	49
2016	1	50
2017	1	51

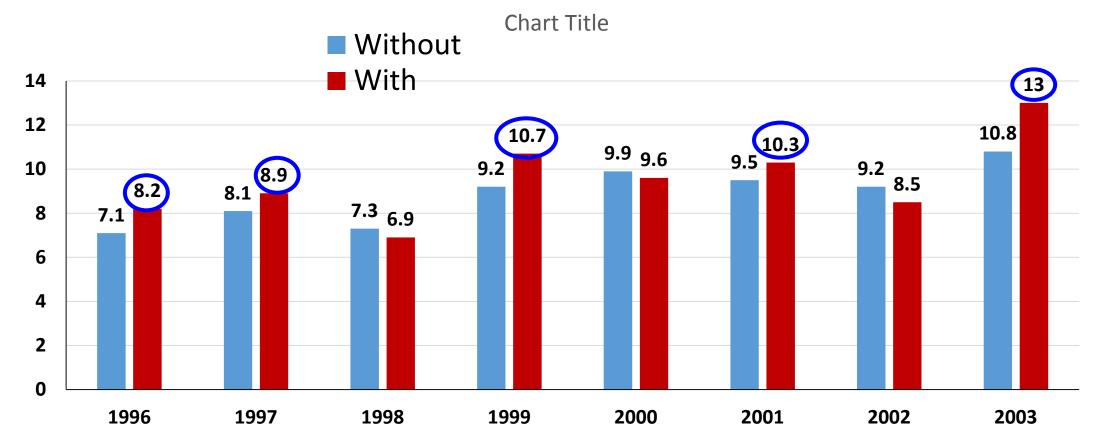
# Delays in Adoption of the U.S. Standard Pregnancy Question among States

New England					
New Hampshire	4/2004				
Connecticut	2005				
Rhode Island	2006				
Vermont	7/2008				
Maine	2010				
Massachusetts	9/2014				

\* Note: Some states adopted change in the middle of the calendar year.

BirthByTheNumbers.org

## Maternal Mortality Rates (per 100,000) in States with & without a checkbox, 1996-2003



So adopting the checkbox will solve the problem of under ascertainment & we can report a more accurate national rate after 2003?

### **Our Analysis**

We did an analysis that examined data by state, modeled for whether or not they were using the new item, and came up with national estimates.

Not enough cases to do single state analyses, but could look at some of the larger states.

# Recent Increases in the U.S. Maternal Mortality Rate

Disentangling Trends From Measurement Issues

Marian F. MacDorman, PhD, Eugene Declercq, PhD, Howard Cabral, PhD, and Christine Morton, PhD

RESULTS: The estimated maternal mortality rate (per 100,000 live births) for 48 states and Washington, DC (excluding California and Texas, analyzed separately) increased by 26.6%, from 18.8 in 2000 to 23.8 in 2014. California showed a declining trend, whereas Texas had a sudden increase in 2011–2012. Analysis of the measurement change suggests that U.S. rates in the early 2000s were higher than previously reported.

#### 2<sup>nd</sup> Article in Series

Original Research

Trends in Maternal Mortality by Sociodemographic Characteristics and Cause of Death in 27 States and the District of Columbia

Marian F. MacDorman, PhD, Eugene Declercy, PhD, and Marie E. Thoma, PhD

Obstet Gynecol 2017;129:811-8

#### **Over Ascertainment??**

 Research into the cause of death category finds much of the increase is coming from less specific codes.

- Other specified pregnancy-related conditions (O26.8)
- Other obstetric complications (021–022, 024– 041.0, 041.8–043.1, 043.8–043.9,047–066, 068–070, 071.2, 071.5,071.6, 071.8, 071.9, 073–075.2,075.4–075.9, 087–090, 092)
- Other specified diseases and conditions (O99.8)
- Obstetric death of unspecified cause (O95)

# Assessing the impact of ill-defined causes on maternal deaths and mortality rates by cause of death, 27 states and DC, 2008-2009 to 2013-2014

					Percent
	2008-	-9	2013-	14	change
Underlying cause of death	Number		Number		2008-9 to
(ICD-10 category)	of deaths	Rate~	of deaths	Rate~	2013-14
Total maternal (A34, O00-O05, O98-O99)	780	20.6	907	25.4	23.3
III-defined causes (O26.8, O95, O99.8)	266	7.0	371	10.4	47.9
Total maternal minus ill-defined causes					
(Remainder)	514	13.5	536	15.0	10.6
Total direct obstetric (A34, O00-O92)	527	13.9	595	16.6	19.7
Other specified pregnancy-related conditions					
(O26.8)	130	3.4	212	5.9	73.0
Total direct obstetric minus O26.8 (Remainder)	397	10.5	383	10.7	2.3
Total indirect causes (O98-O99)	202	5.3	294	8.2	54.4
Other specified diseases and conditions (O99.8)	85	2.2	141	3.9	75.9
Total indirect causes minus O99.8 (Remainder)	117	3.1	153	4.3	38.7

# REPORT FROM MATERNAL MORTALITY REVIEW COMMITTEES: A VIEW INTO THEIR CRITICAL ROLE



BUILDING U.S. CAPACITY TO REVIEW AND PREVENT MATERNAL DEATHS

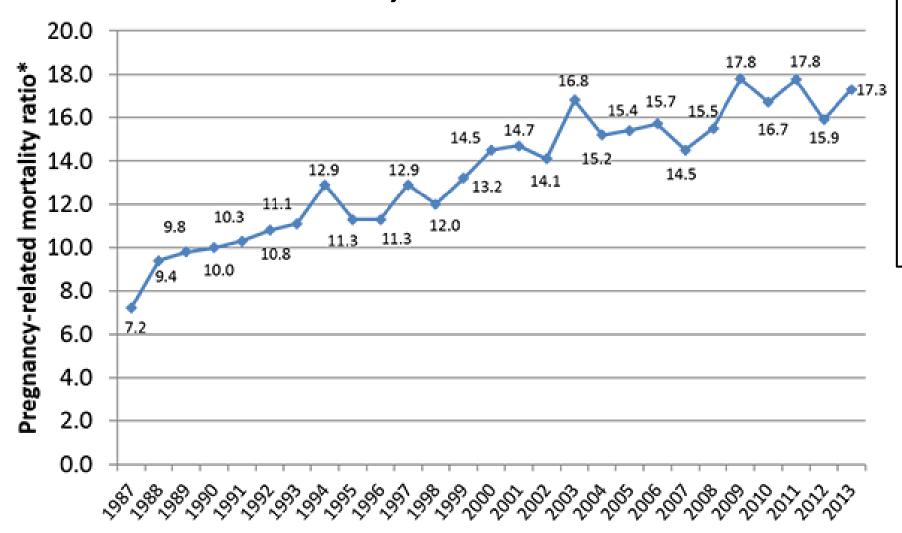


#### Impact of the Checkbox – Better <u>and</u> Worse Ascertainment

Ascertainment
• The Four Committee data includes a total of 650 potentially pregnancyrelated deaths. Among these, 97 [15%] were determined to have no evidence of pregnancy within the year prior to the woman's death (neither pregnancy-related nor —associated; false positive pregnancyassociated deaths), and so were excluded from further analysis. The predominant reason for these 97 false positives were errors on the death certificate from the pregnancy checkbox. While the checkbox contributed to errors, the Four Committee data show that the checkbox also improved identification of pregnancy-related deaths. Without the pregnancy checkbox, approximately 50% of pregnancy-related deaths that occurred during pregnancy and 11% of pregnancy-related deaths that occurred within 42 days of the end of pregnancy, and 8% of pregnancy-related deaths that occurred within 43 days to 1 year of the end of pregnancy would have been missed.

Given the multiple measurement problems, let's return to the most reliable measure of maternal deaths in the U.S.

## Pregnancy Related Mortality, U.S., 1987-2013



Rates for 2011-13:

12.7 white women

43.5 black women

11.0 Hispanic

14.4 other races

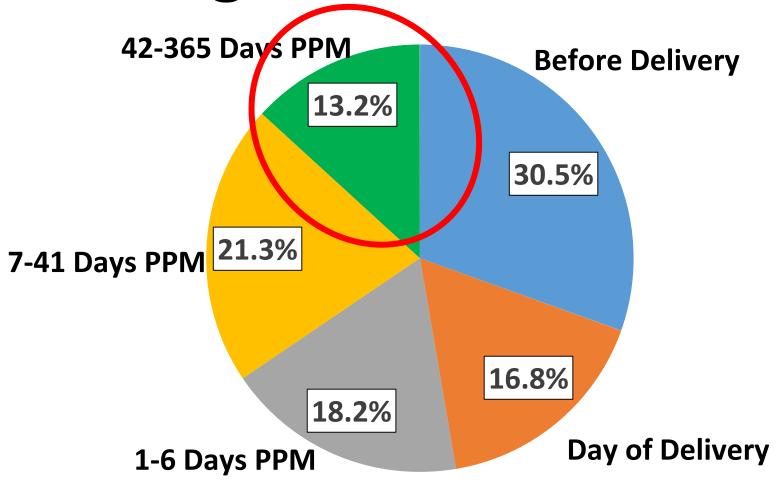
#### Source: CDC.

Creanga. Pregnancy-Related Mortality in the United States. *Obstet Gynecol 2017*.

**Racial Disparities** 

<sup>\*</sup>Note: Number of pregnancy-related deaths per 100,000 live births per year.

### **Timing of Maternal Deaths**



Source: Creanga A et al. Pregnancy Related Mortality in the U.S., 2011-2013. Obstet & Gynec 2017.

### Using a more conservative estimate

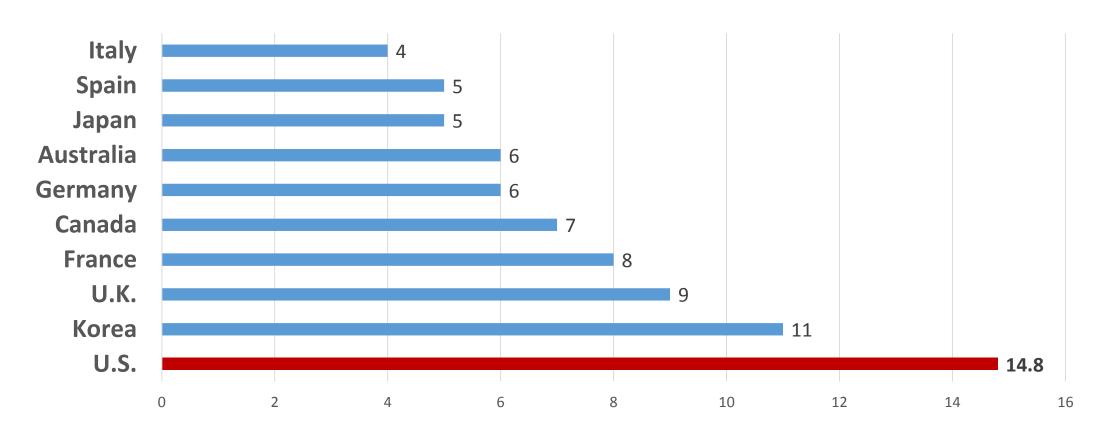
Adjusting the CDC Pregnancy Related Mortality data to reflect a maternal mortality rate

Estimated for 2011-2013 (per 100,000 live births):

•All women	14.8
<ul> <li>Non-Hispanic white women</li> </ul>	11.3
<ul> <li>Non-Hispanic black women</li> </ul>	36.2
<ul><li>Hispanic women</li></ul>	10.0
<ul> <li>Black-white disparity</li> </ul>	<b>3.2</b>

So with this data how does the U.S. fare when compared to wealthy countries with 300,000+ births?

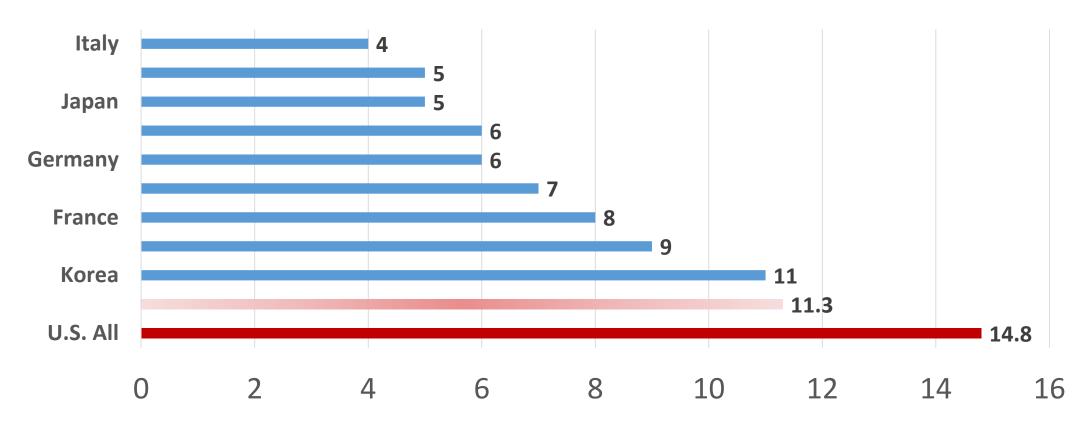
# U.S. MMR\* Compared to Countries with 300,000+ births, 2014, using WHO Estimates



\* Maternal Mortality per 100,000 births

Source: Maternal Mortality: 1990 to 2015 Estimates by WHO, UNICEF, UNFPA, World Bank Group & UN Population Division. Geneva: 2015.

# U.S. MMR\* Compared to Countries with 300,000+ births, 2014, using WHO Estimates



<sup>\*</sup> Maternal Mortality Ratio per 100,000 births

Source: Maternal Mortality: 1990 to 2015 Estimates by WHO, UNICEF, UNFPA, World Bank Group & UN Population Division. Geneva: 2015.

With extensive media coverage and policy concern rising, what's been the response to this poor showing?

#### HOSPITALS: IMPROVE QUALITY OF CARE AND REDUCE RISK











#### Legislation at National & State Levels 115TH CONGRESS H. R. 1318 115TH CONGRESS S. 1112 1st Session 1st Session

To support States in their work to save and sustain the health of mothers during pregnancy, childbirth, and in the postpartum period, to eliminate disparities in maternal health outcomes for pregnancy-related and pregnancy-associated deaths, to identify solutions to improve health care

**Deaths Act** quality and health outcomes for mothers, and for other purposes.

New state law requires deeper look at maternal deaths TRIBUNE-REVIEW (Pennsylvania) | Thursday, May 10, 2018, 5:03 p.m.

Rep. Kelly (Ill.) sponsors legislation to advance maternal health By Provided News on May 17, 2018 - 12:47pm

Lawmakers (MO) want to solve mysterious maternal deaths by Kimberly Leonard May 22, 2018 12:01 AM



**Preventing Maternal** 

### State Maternal Mortality Reviews

# UNDERSTANDING MATERNAL DEATHS IN COLORADO:



Ohio Department of Health: Bureau of Maternal and Child Health (BMCH)

Ohio Pregnancy-Associated Mortality Review (PAMR)

2015



#### Pregnancy-Associated Mortality Review

Florida Department of Health, Bureau of Family Health Services

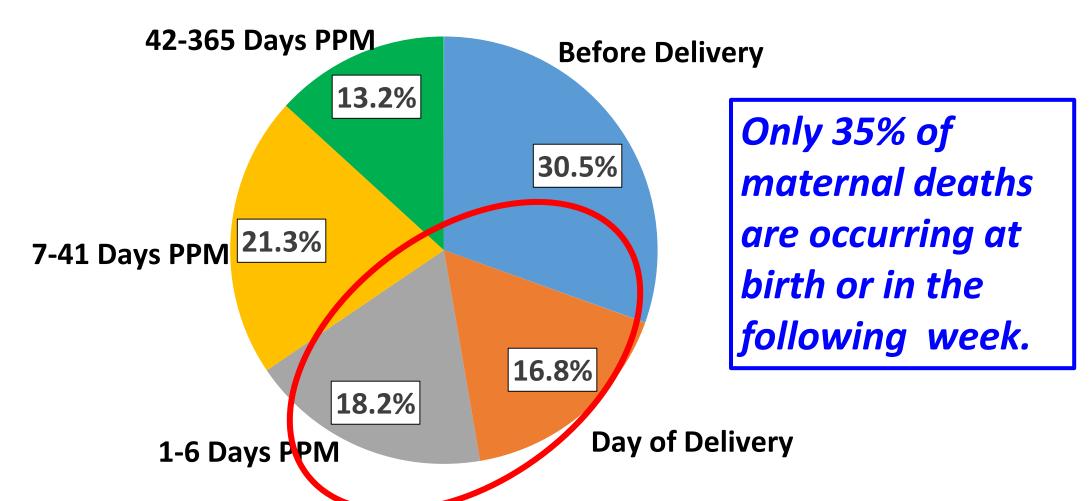
Pregnancy-Related Deaths Due to Infection 2005-2014

# So, we've identified a problem in the U.S. and we're taken steps to resolve it. The system's working right?

Sort of.....with a focus on two areas: (1)
Better measurement; and (2) addressing
the clinical problems associated with
maternal deaths.

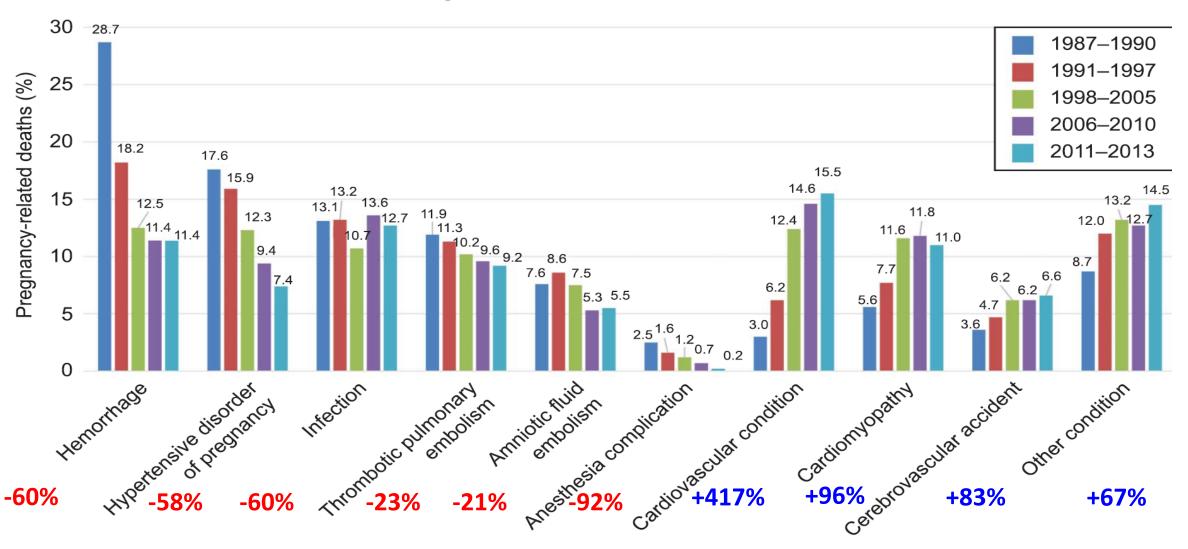
Far less attention is paid to the public health components.

### **Timing of Maternal Deaths**



Source: Creanga A et al. Pregnancy Related Mortality in the U.S., 2011-2013. Obstet & Gynec 2017 & MMRIA (2017).

# Cause-specific proportionate pregnancy-related mortality: United States, 1987–2013.



Source: Creanga. Pregnancy-Related Mortality in the United States. *Obstet Gynecol* 2017.

Implication of these distributions is that any attempt to resolve the problem of maternal death that doesn't encompass both clinical and public health approaches is destined to miss a significant portion of women at risk. Also influenced by participation in the Mass. MMRC.

Which got me thinking.....

"Looking where there's light"



#### "One searches where there is light"

Johann Wolfgang von Goethe 1749–1832

Source: Barry. *The Great Influenza*. 2004 p. 71

#### From Listening to Mothers 1

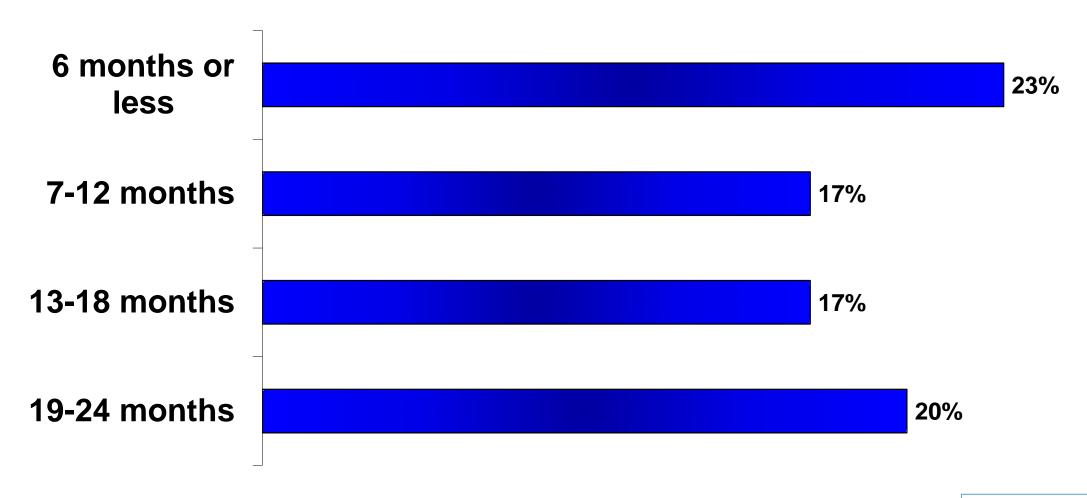
 Women surveyed in May & June, 2002 about their childbirth experiences. Included if they gave birth within 2 years prior to survey

#### **Postpartum Depression**

• 19% of mothers scored 13+ on the Edinburgh Postnatal Depression Scale, meaning they were probably experiencing some degree of depression in the week preceding the survey.

# What happened when this overall finding was stratified by time since birth?

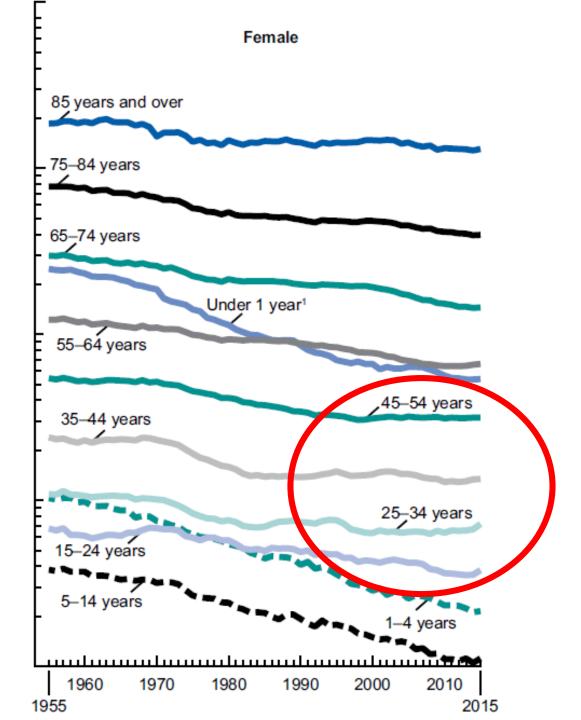
# Proportion of Women Scoring 13 + on Edinburgh Postnatal Depression Scale



How much of what we term <u>postpartum depression</u> is chronic depression we happen to be measuring at that point in time?

#### What does this have to do with maternal mortality?

How much of what we're measuring as "the unacceptable level of maternal mortality" is actually capturing a general problem in the health of women of reproductive age and we have chosen to shine a light on it for the period of conception to 1 year postpartum?



# Death rates, by age, females: United States, 1955–2015

Number of female deaths, 15-49 in 2015 76,872.

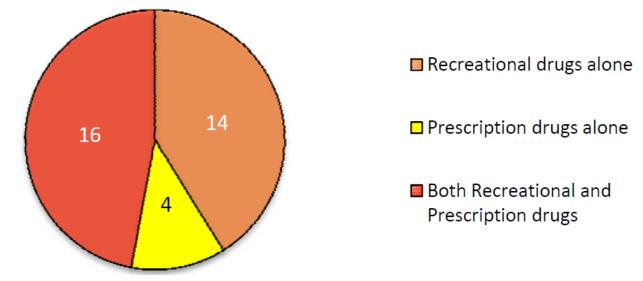
Maternal deaths = ~1% of all those.

Source: NCHS. Deaths, Final Data for 2015

# This is a less discussed reason why the work of MMRCs is so important:

MMRCs documentation of pregnancy associated deaths provides our most systematic insights into the death of women of reproductive age

The importance of studying pregnancy associated deaths

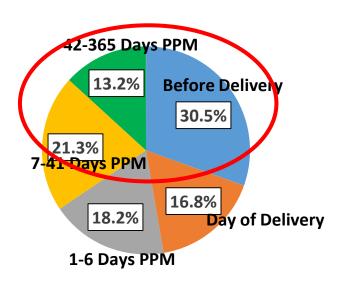


Pregnancy Status	Not pregnancy-related		Pregnancy-related	
	Number	Percent	Number	Percent
During pregnancy	15	12.5	7	33.3
1-42 days postpartum (within 6 weeks)	15	12.5	9	42.9
43-365 days postpartum (7-52 weeks)	90	75.0	5	23.8
Total	120	100.0	21	100.0

So, is there one thing that could be done that would begin to address the larger issue of women's health?

State policies can play a role....with apologies to our colleagues from Canada and Europe

# Variation in Medicaid Eligibility by Pregnancy Status



	Medicaid Eligibility for women if:			
	Pregnant	Adult in Family		
Massachusetts	214%	138%		
Alabama	146%	18%		
California	213%	138%		
Florida	196%	33%		
Iowa	380%	138%		
New York	223%	138%		
Texas	203%	18%		
Michigan	200%	138%		

For a family of 3, the poverty level is \$20,160. 18% of that \$3,629.

# Three Points to Keep in Mind about the problem of Maternal Mortality

- Clinical care does matter— need continued efforts to improve care establishment of state or regional *Perinatal Quality Collaboratives* to address clinical care issues and reduce preventable deaths (IL study found 32.4% potentially preventable)
- Policy Issue as well as medical one state policies that fail to cover women when they're not pregnant are a major problem that is reflected in maternal deaths.
- Focus on women's public health since maternal deaths involve more than childbirth, focus on women's health not just because she might someday have a child, but because women's health in itself is important. Can result in women being healthier when they become pregnant and better cared for after they have a baby.



Email: birthbynumbers@gmail.com

**FACEBOOK:** www.facebook.com/BirthByTheNumbers